

## THE AZ CENTER FOR RURAL HEALTH WEBINAR SERIES

*A webinar series focused on providing technical assistance to rural stakeholders to disseminate research findings, policy updates, best-practices and other rural health issues to statewide rural partners and stakeholders throughout the state.*

**Webinar:**  
**Thursday, September 17, 2020**  
**12:00 pm Arizona Time**

# *Be Connected – The Upstream Approach*



Be Connected uses an upstream approach to suicide prevention in the military/veteran community. By meeting the veteran where they are with the resources that they need, we can help before the moment of crisis, preventing suicide.

### **Learning objectives:**

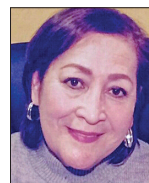
1. Attendees will gain an understanding of what Be Connected is.
2. Attendees will gain the understanding of how Be Connected can be used as well as the confidence to use it.
3. Attendees will gain an understanding of the Be Connected Partnership and the statewide ecosystem.



**Courtney Smythe** joined the US Navy in 2004, serving almost 13 years, before transitioning out in 2017, moving home to Arizona, and attending ASU for her BS in Parks and Recreation Management. After graduating in August 2019, she joined the Be Connected team where she is able to use her experiences from her time in the service and her knowledge gained while pursuing her undergrad, to build relationships with community members at the local, state and federal level, encouraging efforts and facilitating resource connections for the military/veteran community.



**Ariel Tarango** is a Health Educator and Community Outreach Specialist for the Arizona Center for Rural Health. Since 2015, she has worked to help educate Arizona communities about access to care, opioid overdose recognition, and naloxone administration.



**Maria Losoya** is a health educator and community outreach specialist for the AzCRH. Since 2015 she has worked to help and educate Southern Arizona rural communities about access to care. Marketplace health insurance and Medicaid-AHCCCS, opioid overdose recognition and naloxone administration.

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**To register: <http://www.telemedicine.arizona.edu>**

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