



FREE
WEBINAR

Wednesday
December 5,
2018
at 12 pm PT

FIRES, MUDSLIDES, EARTHQUAKES, SHOOTINGS: PROMOTING PERSONAL AND COMMUNITY RESILIENCY AFTER MASS TRAUMA

- Formulate ideas to promote connectedness and hope within your community.
- Describe evidence-based approaches to the promotion of resiliency for trauma-exposed individuals.
- Identify 5 essential elements of short-term mass trauma intervention.

Register at:

1.0

CECH for
CHES

The University of Arizona Mel and Enid Zuckerman College of Public Health is a Designated Multiple Event Provider of Continuing Education Contact Hours (CECH) for Certified Health Education Specialists (CHES) through the National Commission for Health Education Credentialing, Inc.

1.0

CNE for RNs
(pending)

The University of Arizona College of Nursing Continuing Professional Education Unit is an approved provider of continuing nursing education by the Continuing Nursing Education Group, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Patricia Haynes, PhD

Dr. Haynes, an associate professor at the Mel and Enid Zuckerman College of Public Health at the University of Arizona, is a licensed clinical psychologist and behavioral sleep medicine specialist with an expertise in cognitive behavioral therapies for PTSD, depression, and insomnia. She has substantial experience training mental health providers in the areas of sleep and stress recovery. She has a well-established partnership with the Tucson Fire Department, providing services to fire service members and assisting in the establishment of behavioral health policies and programs designed to foster firefighter mental health and stress resiliency.



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