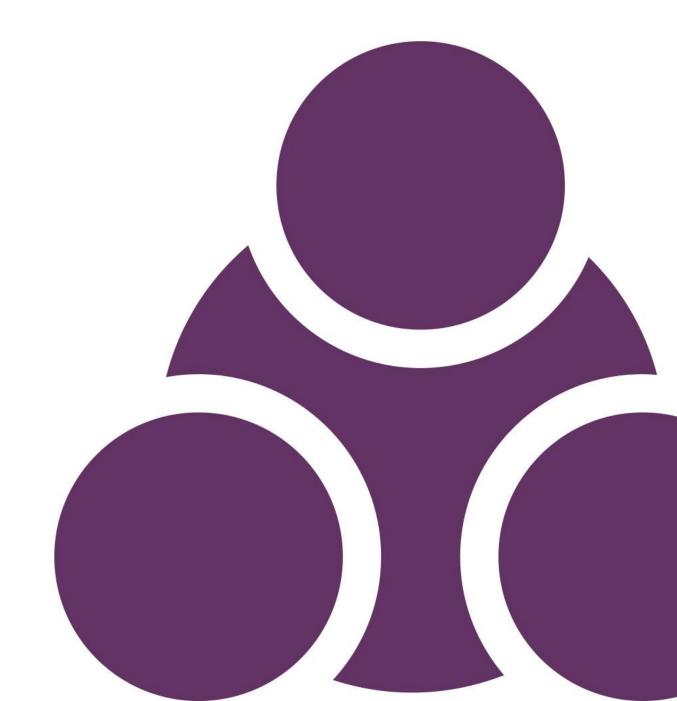


### What is Autism?



Presented by Kelsey Schimmel, M.Ed., BCBA









### **Overview**

Who is SARRC?

2

What is Autism?

3 ABA Strategies







# Who is SARRC?

### **SARRC Services**

#### Children: Ages 0-6

- Community School
- JumpStart
- Parent
   Consultation (12
   Week and 1
   Week)
- Comprehensive Services
- Family Orientation
- Milestones
- Infant Start
- Second Gear

#### Children: Ages 7-13

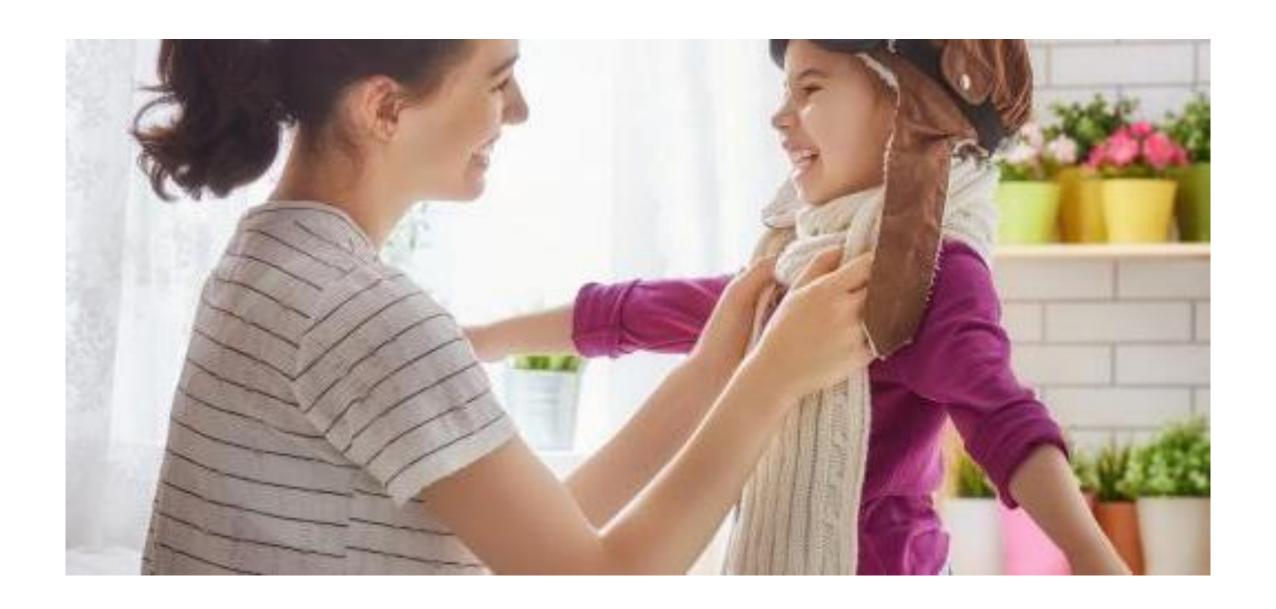
- Comprehensive Services
- Family Orientation
- Second Gear
- SibShops

#### Teens: Ages 13-18

- CommunityWorks
- Family
   Orientation
- Comprehensive Services
- SibShops

#### Adults: Ages 18 and up

- First Place Transition Academy
- Vocational Assessments
- Employment Services
- Comprehensive Services



### **Overview**



Who is SARRC?



What is Autism?

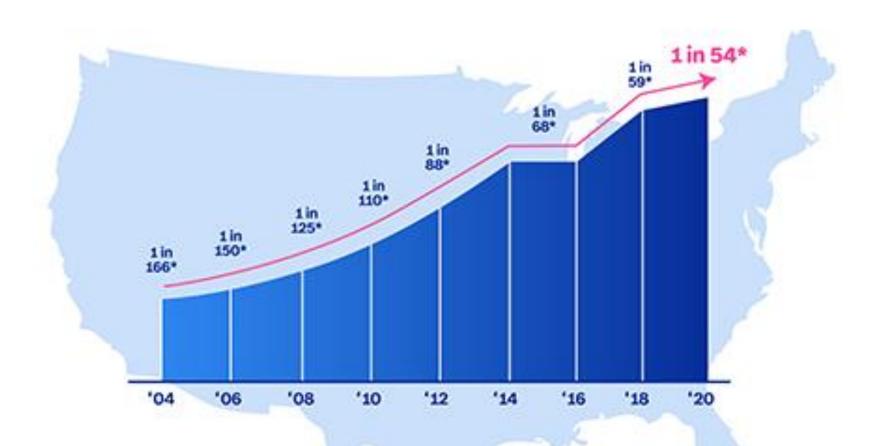
3 ABA Strategies



### **Prevalence**



### **Estimated Autism Prevalence 2020**





Social Communication

Restricted/ Repetitive Patterns of Behavior

### **Social Communication**

Lack of social-emotional reciprocity

• Deficits in non-verbal communicative behaviors used for social interaction

Difficulty developing and maintaining relationship



### Restricted, Repetitive Patterns of Behavior

- Stereotyped or repetitive speech, motor movements, or use of objects
- Excessive adherence to routines, ritualized patterns of vocal or non-vocal behavior, or excessive resistance to change
- Highly restricted, fixated interests that are abnormal in intensity or focus
- Hyper-or-hypo reactivity to sensory input or unusual interest in sensory aspects of environment





Significant Impairment Near Average or Average

Gifted

### **Communication**

No Functional Communication

Functional Communication

Near Typical Communication

### **Social**

No Desire, Limited Skills Some Interest,
Some Skills

Strong Desire, Limited Skills

### Overview



Who is SARRC?

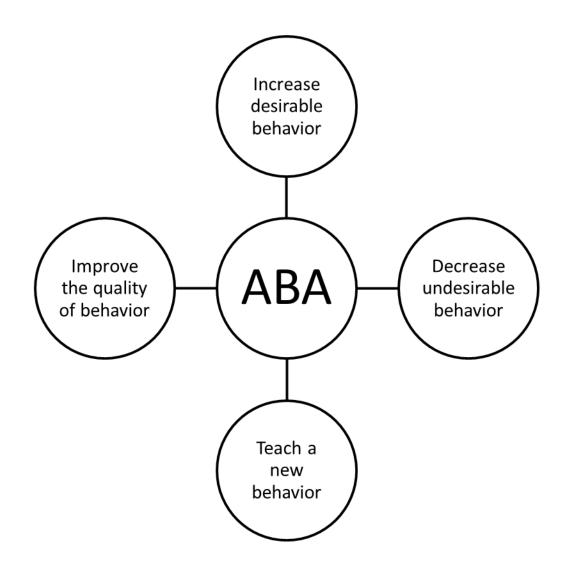


What is Autism?

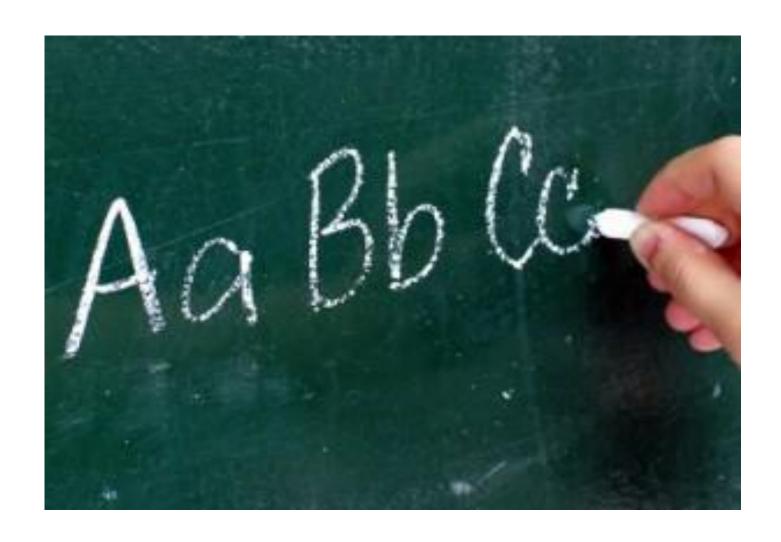
3

**ABA Strategies** 

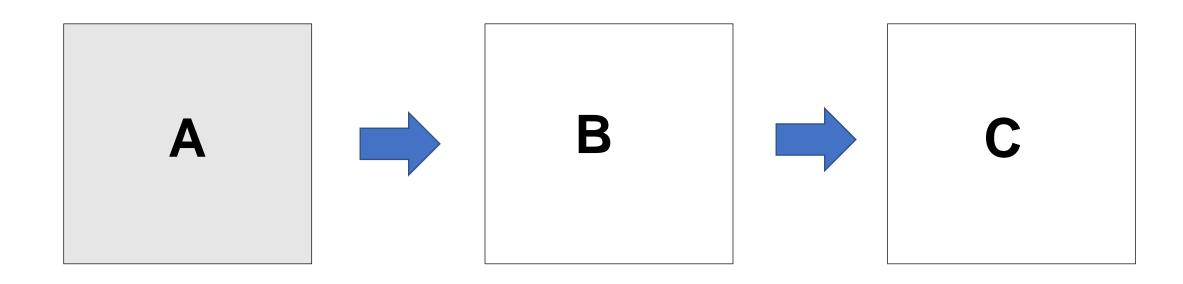
# **Applied Behavior Analysis**



# **Three-Term Contingency**

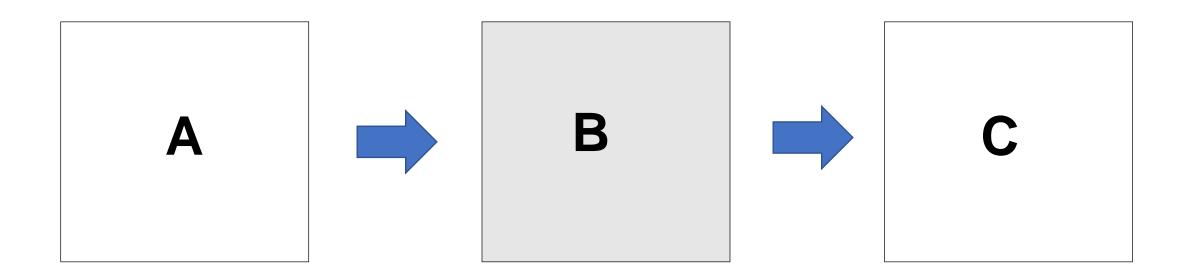


# Three-Term Contingency Antecedent





# Three-Term Contingency **Behavior**



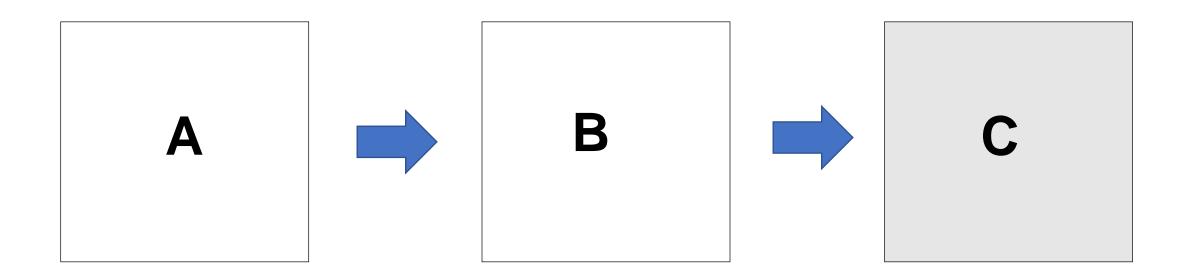
**A** Antecedent



# **B** Behavior



# Three-Term Contingency Consequence



# Three-Term Contingency Putting it all together

**A** Antecedent

**B** Behavior











**A** Antecedent



**B** Behavior



Consequence



### **Three-Term Contingency**



### **Antecedent-Based Strategies**

• Identify motivation-build rapport

• Give choices and clear instructions

Model expectations

# Motivation



# **Building Rapport**



## **Choices**



VS.





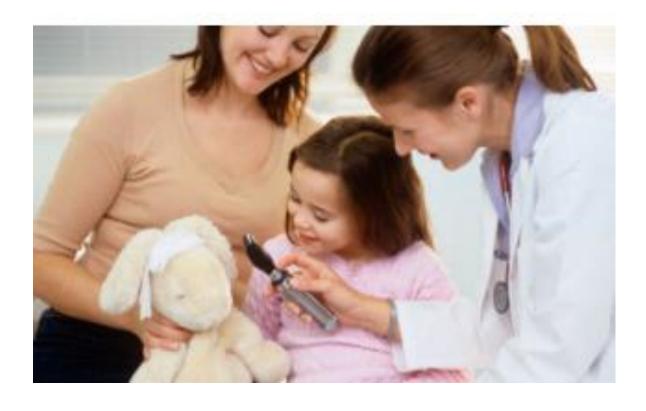


### **Clear Instructions**



# Model





### **Positive Reinforcement**



### **Overview**



Who is SARRC?



Autism & Inclusion



Strategies

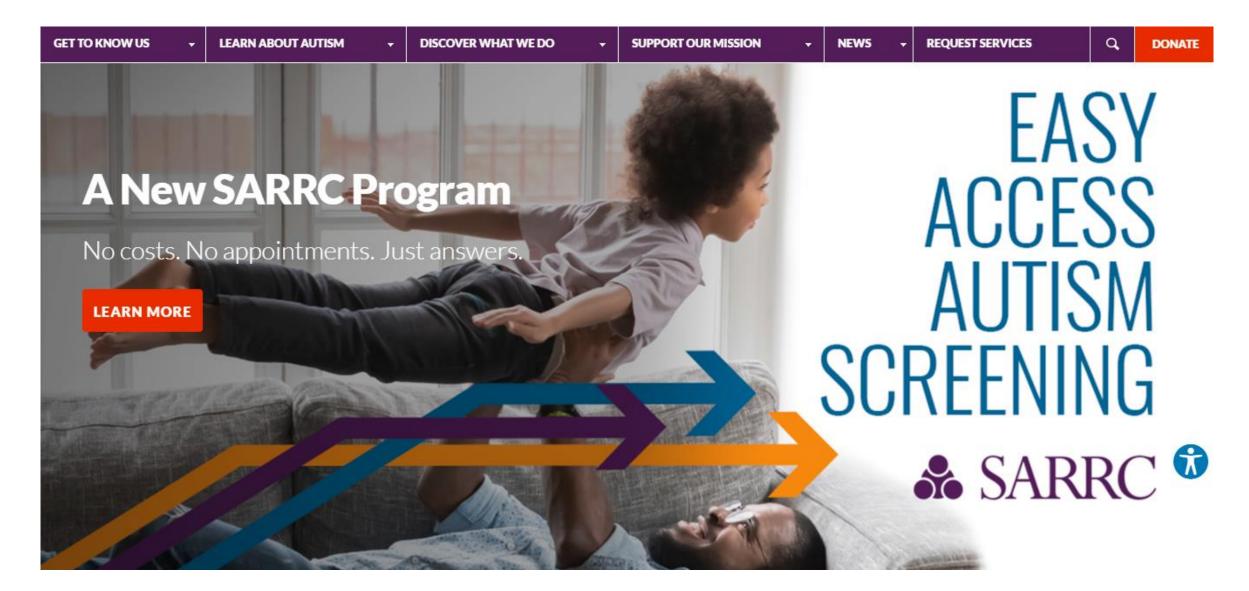


### References

Centers for Disease Control and Prevention. Autism Spectrum Disorder. <a href="https://www.cdc.gov/ncbddd/autism/data.html">https://www.cdc.gov/ncbddd/autism/data.html</a>. January 2021.

Autism Speaks. Autism Statistics and Facts. <a href="https://www.autismspeaks.org/autism-statistics">https://www.autismspeaks.org/autism-statistics</a>. January 2021.

### Autismcenter.org





Our Mission:

To advance research and provide a lifetime of support for individuals with autism and their

families



Kelsey Schimmel
Clinical Consultant
kschimmel@autismcenter.org