Regional Center for Border Health, Inc./San Luis Walk In Clinic, (RHC) Integrated Primary Care-Behavioral Health Services
School-based Mental Health Education Best Practice that Serve Rural Community Youth

Thursday October 28, 2021
Serving Yuma, La Paz and Mohave Counties

Patient-Centered Medical Home

“A Medical Home is defined as primary care that is accessible, continuous, comprehensive, family centered, coordinated, compassionate and culturally effective”.

• Reaching Rural Distressed Communities and Increasing Access to Affordable Healthcare
School Based Services

✓ School Initiatives;

MOU with Somerton School District # 11 to coordinate BHS by:

1) Increase in obtaining school assessments, IEP’s
2) Requesting teachers to complete Vanderbilt ADHD observation forms
3) SLWIC BHS’s Case managers attend IEP’s
4) School staff to attend CFT meetings
5) Ensuring we send completed psychological evaluations to school
6) Other; After School Activities (Nutrition Classes for Kids, exercise classes)
Trends in Diagnosis and or Behaviors Reported

1. Autism and ADHD
2. Speech Delay
3. School Violence
4. Bullying
5. High Dropout Rates
6. Suicide
7. Substance abuse
Barriers in Providing with School-based Services

❖ We have not been providing individual or group counseling on school grounds during COVID-19 Pandemic.
❖ RCBH/SLWIC-BHS Staff responds if there is a crisis in the school.

Other Barriers:
• Uninsured Parents worry about financial constraints (high cost of Rx)
• Stigmas related to mental health problems
• Shortages of Licensed Mental Health Providers
• Transportation (uninsured population)
Needed Community and School-Based Intervention Programs

• Integrated programs of education and prevention in the school

• Establish MOUs with the schools to provide telehealth visits at SLWIC including behavioral health services as needed or identified by the school.
Other Activities & Services to Schools and Families
Include:

- We offer free monthly educational workshops to the community
- RCBH has been conducting presentations of services we offer to migrant program, PTO meetings, teachers Inservice trainings
- RCBH has an Autism center with an environment conducive to treatment.
- RCBH has two ABA therapists

- We offer two ABA parenting skills groups, one in English and one in Spanish. The groups feature; diagnosis process, autism spectrum disorder, attention deficit/hyperactivity disorder, managing behavior issues and teaching new skills.
- Youth mental health first aid training to the community. (counselors, law enforcement and teachers)
Q & A

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