





### Arizona State Office of Rural Health Webinar Series



### Webinar Tips & Notes

- Mute your phone &/or computer microphone
- Time is reserved at the end for Q&A
- Please fill out the post-webinar survey
- Webinar is being recorded
- Recording will be posted on the SWTRC <a href="http://www.southwesttrc.org">http://www.southwesttrc.org</a>

### AZ State Office of Rural Health Monthly Webinar Series

Focused on providing technical assistance to rural stakeholders to disseminate research findings, policy updates, best-practices and other rural health issues to statewide rural partners and stakeholders throughout the state.







#### Today's presenters



Daniel Derksen, M.D.

Professor & Chair Community, Environment & Policy Department Walter H. Pearce Endowed Chair & Director Arizona Center for Rural Health Mel and Enid Zuckerman College of Public Health The University of Arizona Health Sciences



**Dean Wright** 

Prescription Monitoring Program Director Arizona State Board of Pharmacy





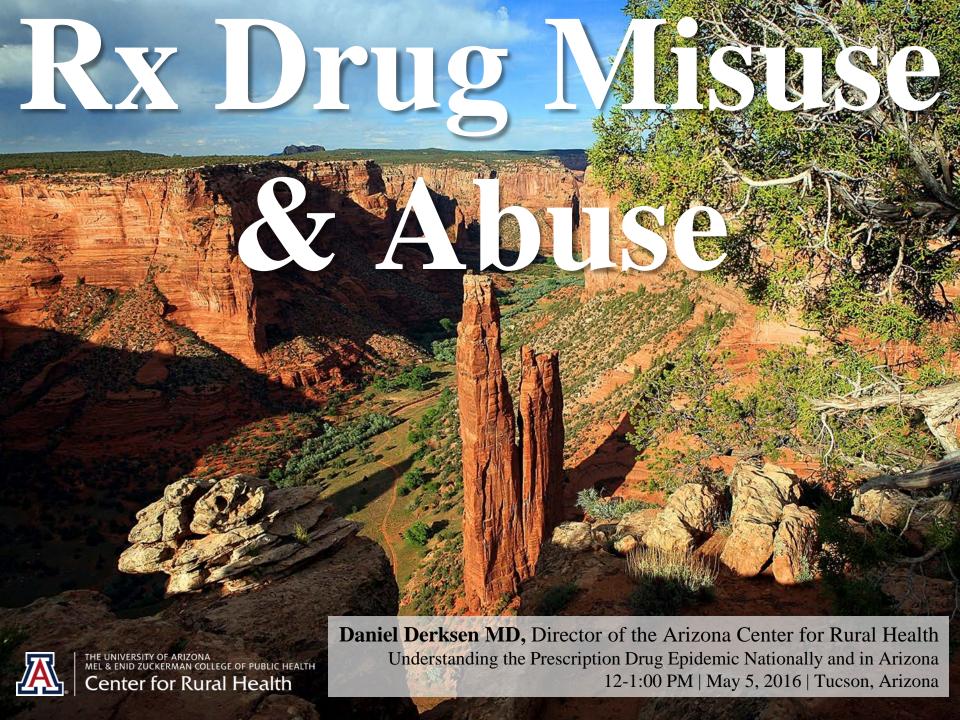
The Prescription Drug Epidemic:
Using the Controlled
Substances Prescription Monitoring
Program (CSPMP)
to Reduce Morbidity, Mortality,
Misuse and Abuse



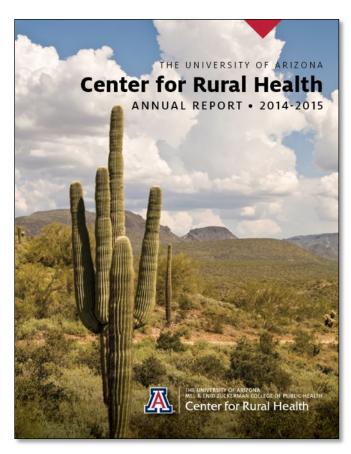
THE UNIVERSITY OF ARIZONA
MEL & ENID ZUCKERMAN COLLEGE OF PUBLIC HEALTH

Center for Rural Health





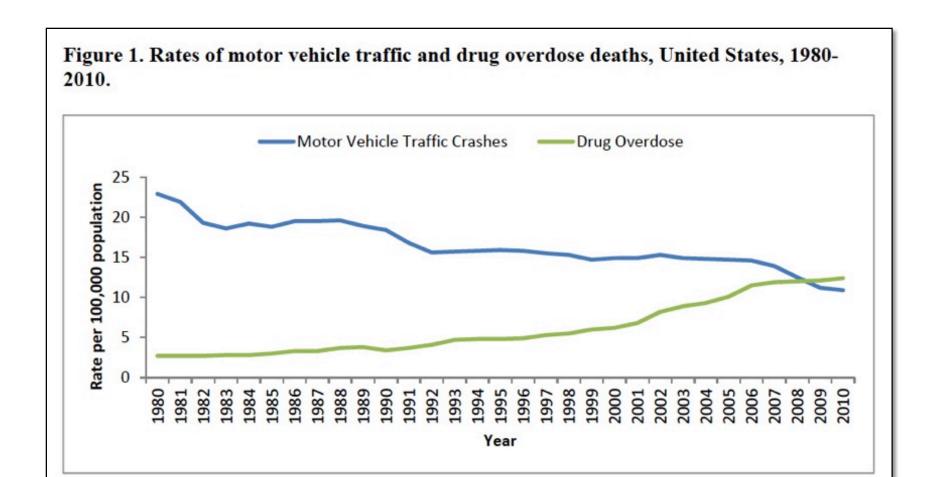
### **Arizona Center for Rural Health**



http://crh.arizona.edu

Est. 1981, CRH serves AZ through its mission "to improve the health & wellness of rural populations" by housing the:

- 1. State Office of Rural Health
- 2. Rural Hospital Flexibility Program
- 3. Small Hospital Improvement Program
- 4. Western Region Public Health Training Center
- 5. AzCRH Navigator Consortium



Warner M, Chen LH, Makuc DM, Anderson RN, Miniño AM. <u>Drug poisoning deaths in the United States</u>, 1980–2008. <u>National Center for Health Statistics</u>. Data brief, no 81. Hyattsville, MD: National Center for Health Statistics. November 2011.

# Among those who died from prescription opioid overdose between 1999 and 2013: Most were ages...

25 to 54



-http://www.cdc.gov/drugoverdose/data/overdose.html

### The New York Times



### Addressing the Nonmedical Use & Misuse of Prescription Drugs

For every 1 death there are...

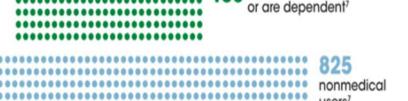
### 1999 to 2010 opioid deaths quadrupled

Collateral damage devastates individuals, their families & society

http://www.cdc.gov/HomeandRecreationalSafety/pdf/HHS\_Prescription\_Drug\_Abuse\_Report\_09.2013.pdf



people who abuse





## Rx Misuse & Abuse in Arizona Almost one death per day is due to Rx opioid overdoses

- •272 AZ deaths from prescription opioid pain relievers
- •Pain reliever deaths > heroin + cocaine deaths
- •180 Heroin overdoses
- •From 2008-2014:
  - -Newborns with narcotics in their system rose 235%
  - -Babies born with fetal alcohol syndrome increased 50%



ADHS Hospital Discharge Data 2014, AZ Department of Child Safety



### **Prescription Drug Misuse & Abuse Initiative**





































### **Initiative Strategies**

**Strategy 1** - Reduce illicit acquisition and diversion of prescription drugs

**Strategy 3** - Enhance Rx drug practice and policies in law enforcement

**Strategy 5** - Enhance assessment and referral to substance abuse treatment

Strategy 2 - Promote responsible prescribing and dispensing policies and practices

**Strategy 4** - Increase public awareness and patient education about Rx drug misuse and abuse

http://azcjc.gov/ACJC.Web/Rx/toolkit.aspx

April 1, 2015

Certificates

Courses

Q & A

About

Contact

Sign Out

Content Partner

Safe and Effective Opioid Prescribing While Managing Acute and Chronic Pain







▶ Resources ▶ Tutorials ▶ Tools

#### Safe and Effective Opioid Prescribing While Managing Acute and Chronic Pain

This course includes a minimum of 11 assessment questions that you must answer correctly in order to receive credit for participation. You are allowed unlimited re-attempts.

This course addresses the use and abuse of opioids in treating chronic pain in adults. You will practice your skills and learn new information by managing the following patients:

#### Francisco Cruz, a 32-year-old teacher with acute back pain.

He has been self medicating with acetominophen and a hrdrocodone-acetominophen combination product.



Marc Foster, a 37-year-old disability recipient with long-standing osteoarthritis and chronic pain.

He is being followed by a rheumatologist and has been referred to you for opioid management.



She has had several inconclusive imaging studies and is on partial disability at work. She has tried a number of medications and is seeking something to improve her lower back pain.



Before beginning, you may wish to review the course references, as well as various resources, tutorials, and tools, such as screening/assessment forms and patient handouts. These items are accessible on any course page by clicking the links in the blue navigation bar at the top of the course screen.

Your Course Status

Begin the Course



### Reaching Rural **Prescribers**

#### Safe and Effective Opioid Prescribing While **Managing Acute and Chronic Pain**

An online program offering 2 Free CME Credits to help Arizona DEA prescribers incorporate into practice the 2014 Arizona Opioid Prescribing Guidelines.

#### www.VLH.com/AZPrescribing

Developed by AZ Prescription Drug Misuse & Abuse Initiative, AZ Department of Health Services, UA College of Public Health, AZ Center for Rural Health, UA College of Medicine

### Virtual Lecture Hall



### Prescribing Guidelines



### ARIZONA OPIOID PRESCRIBING GUIDELINES

A voluntary, consensus set of guidelines that promote best practices for prescribing opioids for acute and chronic pain

#### **NOVEMBER 2014**





Morbidity and Mortality Weekly Report

March 18, 2016

### CDC Guideline for Prescribing Opioids for Chronic Pain — United States, 2016



1.AZ: <a href="http://www.azdhs.gov/documents/audiences/clinicians/clinical-guidelines-recommendations/prescribing-guidelines/az-opiod-prescribing-guidelines.pdf">http://www.azdhs.gov/documents/audiences/clinicians/clinical-guidelines-recommendations/prescribing-guidelines/az-opiod-prescribing-guidelines.pdf</a>
2.CDC: (<a href="http://stacks.cdc.gov/view/cdc/38025">http://stacks.cdc.gov/view/cdc/38025</a>) and (<a href="http://www.cdc.gov/drugoverdose/prescribing/resources.html">http://www.cdc.gov/drugoverdose/prescribing/resources.html</a>)

#### **ASTHO Prescription Drug Misuse and Abuse** Strategic Map: 2013 - 2015

Achieve Measurable **Reductions in Controlled Prescription** Drug Misuse, Abuse & Overdose Using a Comprehensive Approach

### Association of State and **Territorial Health Offices**

Expand and Strengthen Prevention **Strategies** 

Promote and Implement Primary Prevention Strategies

Provide Education/ Tools for Consumers Families & Health Care Professionals

Expand Use of Best Practices by Health Care Professionals

Engage & Empower Individuals and Communities in Effective Strategies

> Implement Evidence-Based Community Interventions

Implement Overdose Prevention and Intervention Strategies

Improve Monitoring and Surveillance

Increase the Use of Clinical Monitoring Tools for Patient Care

> Optimize Effectiveness of **PDMPs**

Develop, Implement, Link and Evaluate Other Data Sources

Prioritize and Enhance Surveillance for High Risk Populations

Use Monitoring and Surveillance to Improve Public Health and Clinical Practice

Expand and Strengthen Control and **Enforcement** 

Provide Prescriber/ Dispenser Education and Training on Control & Enforcement

Improve Collaboration Between Public Health and Law Enforcement

Strengthen and Standardize Licensure Board Oversight of Practitioners

> Implement Framework for Regulation of "Pill Mills"

Expand Utilization of Treatment Alternatives to Incarceration

Implement Insurance Policies/Practices that Improve Clinical Care and Reduce Abuse

Improve Access to and Use of Effective Treatment and Recovery Support

D

Approach and Manage Addiction as a Treatable Chronic Illness

Make a Powerful Business Case for Treatment and Recovery Support

Address Legal Barriers to Seeking and Receiving Care

Secure Paver Funding for the Full Spectrum of Evidence-Based Care

Provide SBIRT Training and Funding for Health Care Practitioners

Expand & Strengthen Effective Infrastructure and Interdisciplinary Workforce

ASTHO: Preventing Prescription Drug Misuse, Abuse

& Overdose. At: http://www.astho.org/Rx/2014-Presidents-Challenge-Fact-Sheet/

Expand and Strengthen Key Partnerships and Collaborative Infrastructure

Secure/Align Resources and Infrastructure to Implement Comprehensive Approaches

Use Data, Evaluation and Research to Inform Interventions and Continuous Improvement

### Resources

- Arizona Prescription Drug Misuse & Abuse Toolkit
  - -www.azcjc.gov
- Prescribing Guidelines
  - -www.azdhs.gov
- Drug Drop Box Locations
  - -www.dumpthedrugsAZ.org
- •Substance Abuse Providers/Resources
  - -http://substanceabuse.az.gov/
- •Online Rx CME (FREE for AZ Prescribers)
  - -https://www.vlh.com/azprescribing/





### It's Okay to Have High Hopes



Dean Wright, RPh
CSPMP Director
Arizona State Board of Pharmacy

### **Faculty Disclosure Declaration:**

I have no actual or potential conflict of interest in relation to this program or presentation.

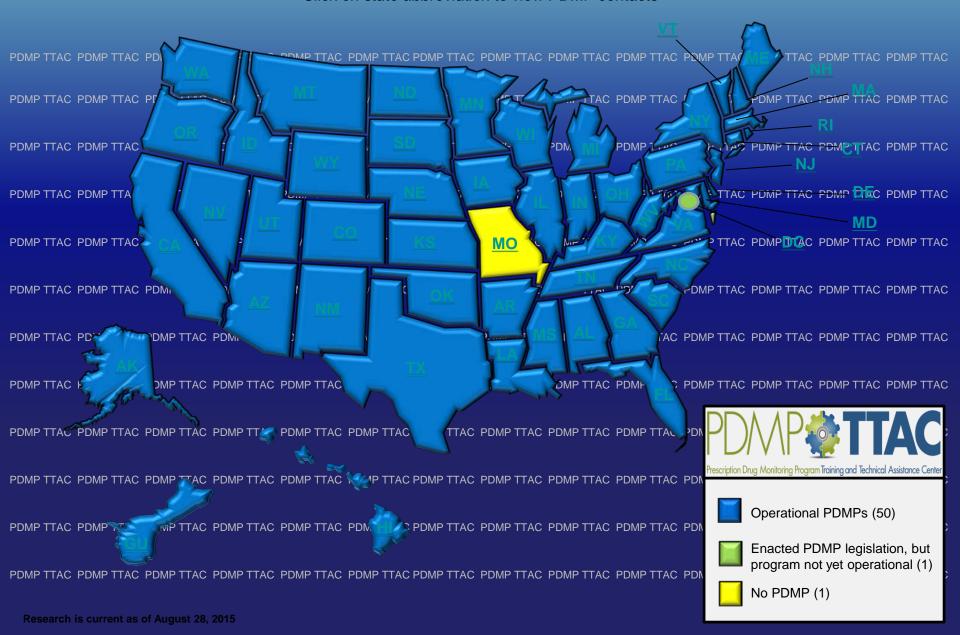
### **Learning Objectives:**

- General information about the AZ Controlled Substance Prescription Monitoring Program (AZ CSPMP)
- Explain how to gain access to the AZ CSPMP

- Arizona's Forty-eighth Legislature passed H.B. 2136 establishing a Controlled Substances Prescription Monitoring Program (CSPMP). The bill was signed by the Governor on July 2, 2007 and become effective on September 19, 2007.
- The new statutes, A.R.S. Title 36, Chapter 28 are available on the Board's website <a href="https://www.azpharmacy.gov">www.azpharmacy.gov</a> under the "Prescription Monitoring Program" link; then the Resource tab for Statutes. Our proposed rules are also available under the same link.

#### **Status of Prescription Drug Monitoring Programs (PDMPs)**

\* Click on state abbreviation to view PDMP contacts \*



- A.R.S. § 36-2602 requires the ASBP to establish a controlled substances prescription monitoring program that:
- Includes a computerized central database tracking system track the prescribing, dispensing, and consumption of Schedule II, III, and IV controlled substances in Arizona,
- Assists law enforcement in identifying illegal activity related to the prescribing, dispensing, and consumption of Schedule II, III, and IV controlled substances,
- Provides information to patients, medical practitioners, and pharmacists to help avoid the inappropriate use of Schedule II, III, and IV controlled substances, and
- Is designed to minimize inconvenience to patients, prescribing medical practitioners and pharmacies while effectuating the collection and storage of information.

#### Purpose of the monitoring program:

- Improve the State's ability to identify controlled substance abusers or misusers and refer them for treatment
- Identify and stop diversion of prescription controlled substance drugs

#### Primary function of the Arizona State Board of Pharmacy:

 Provide a central repository of all prescriptions dispensed for Schedule II, III, and IV controlled substances in Arizona

#### A.R.S. § 36-2604 Use and release of confidential information

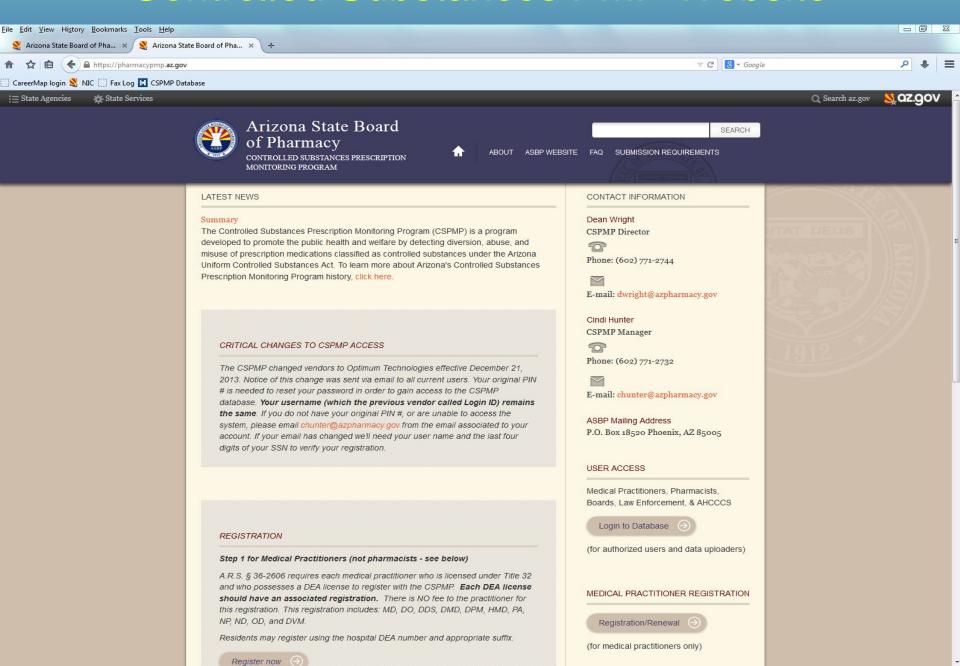
- C. The board may release data collected by the program to the following:
- 1. A person who is authorized to prescribe or dispense a controlled substance to assist that person to provide medical or pharmaceutical care to a patient or to evaluate a patient..
- 2. An individual who requests the individual's own prescription monitoring information pursuant to section 12-2293.
- 3. A professional licensing board established pursuant to title 32, chapter 7, 11, 13, 14, 15, 16, 17, 18, 21, 25 or 29. Except as required pursuant to subsection B of this section, the board shall provide this information only if the requesting board states in writing that the information is necessary for an open investigation or complaint.
- 4. A local, state or federal law enforcement or criminal justice agency. Except as required pursuant to subsection B of this section, the board shall provide this information only if the requesting agency states in writing that the information is necessary for an open investigation or complaint.
- 5. The Arizona health care cost containment system administration regarding persons who are receiving services pursuant to chapter 29 of this title. Except as required pursuant to subsection B of this section, the board shall provide this information only if the administration states in writing that the information is necessary for an open investigation or complaint.
- 6. A person serving a lawful order of a court of competent jurisdiction.

### Arizona State Board of Pharmacy Controlled Substances Prescription Monitoring Program

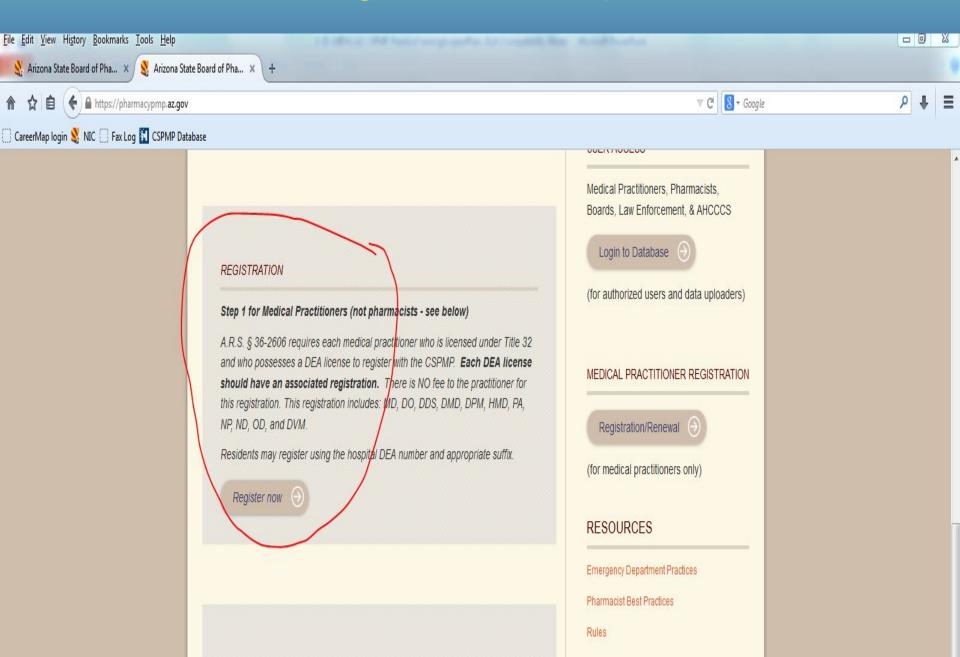
- October 2008: Arizona began collecting data from resident and nonresident pharmacies. The first reports were due on or before Friday October 17, 2008 for the week ending October 11, 2008. Pharmacies were required to report their controlled substance data retroactively to April 1, 2008.
- October 2009: Began collecting data for dispensing practitioners.
- There are about 1691 resident and nonresident pharmacies reporting data and about 3800 dispensing practitioners reporting data.

### Practitioner/Pharmacist/Delegate Procedures for Requesting Access

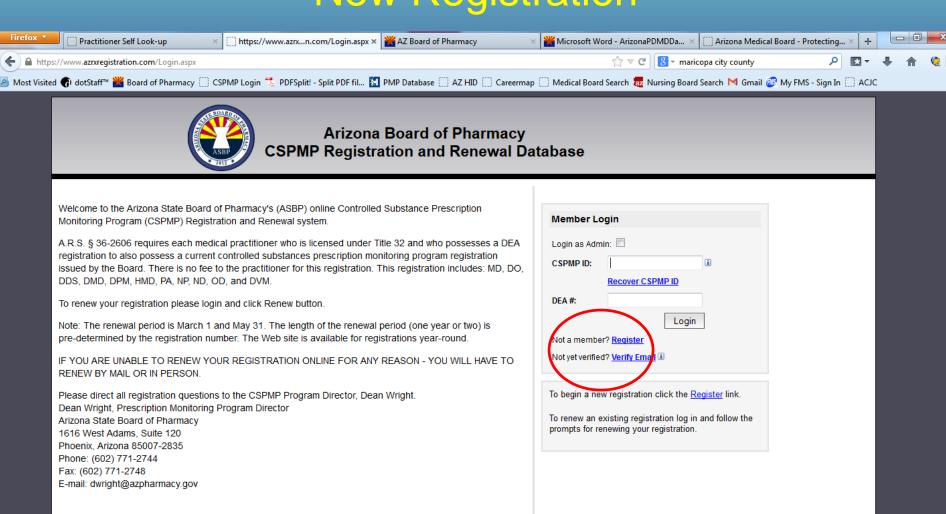
### Controlled Substances PMP Website



### Registration Step 1



### New Registration















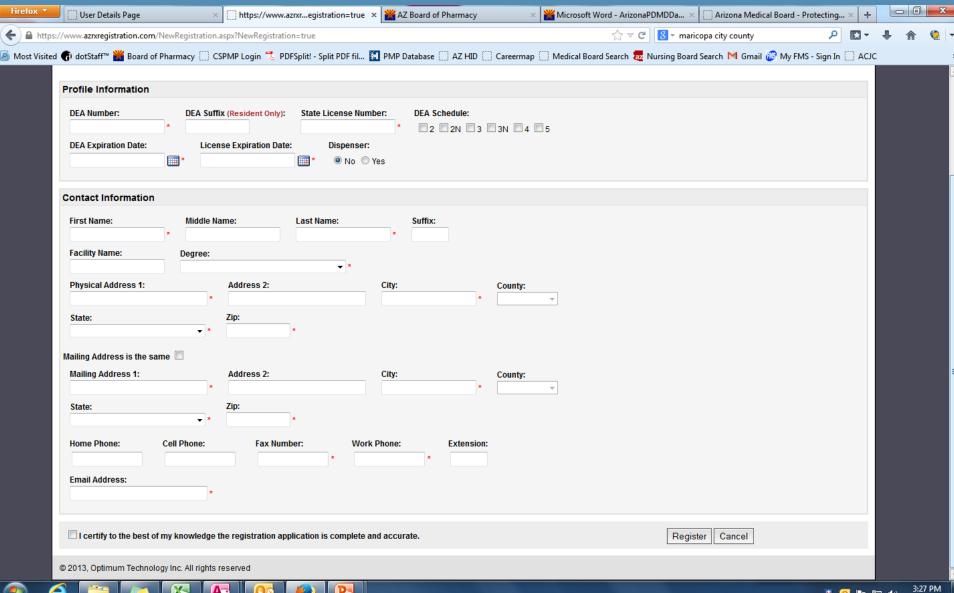




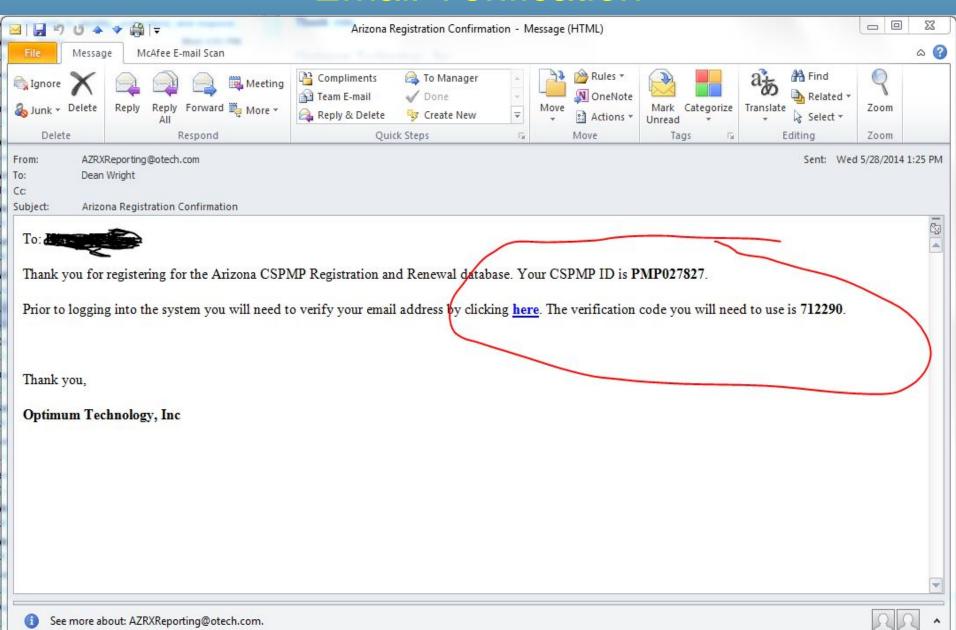




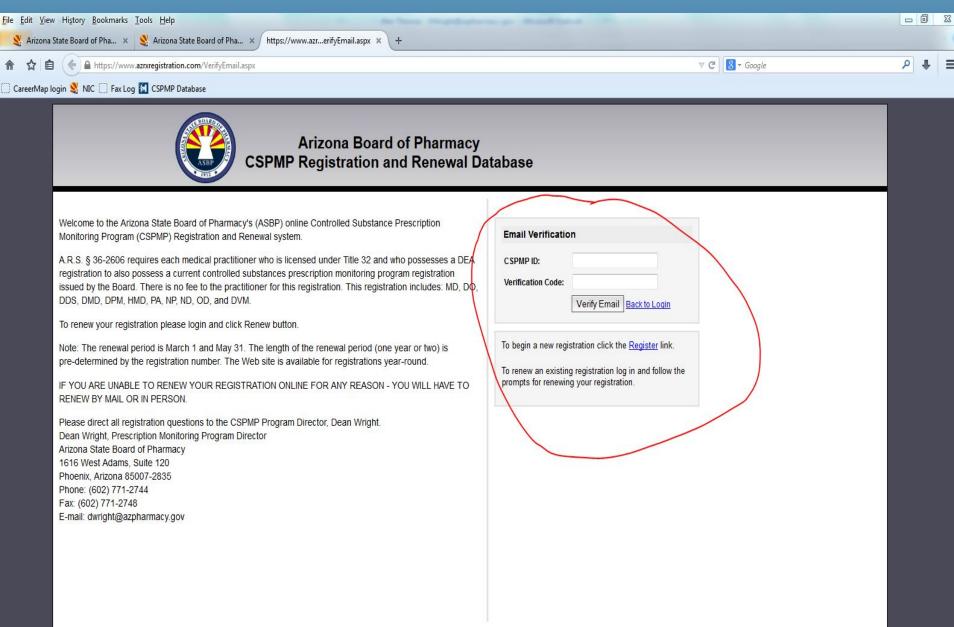
### New Registration Screen



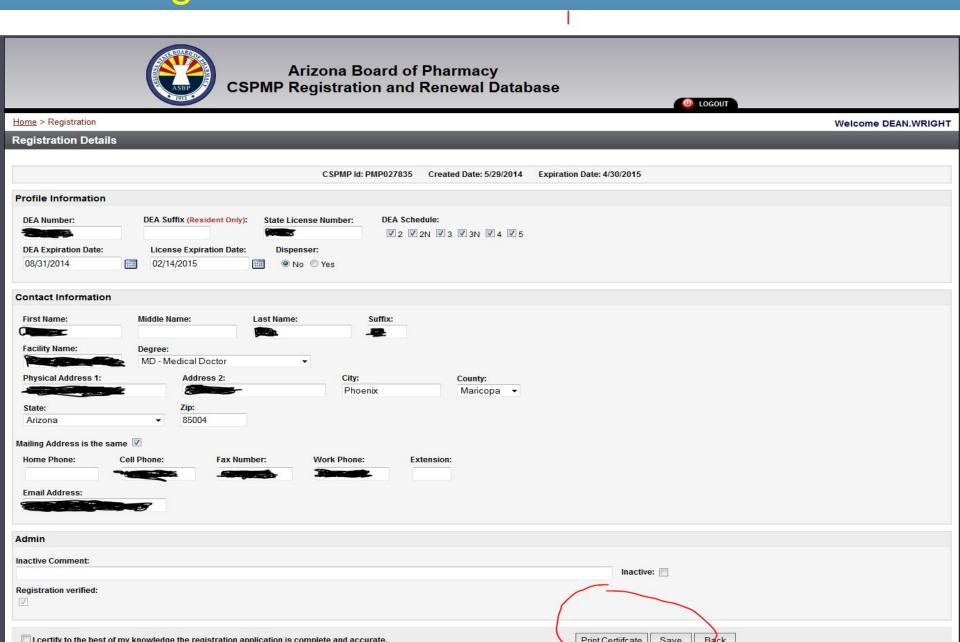
### **Email Verification**



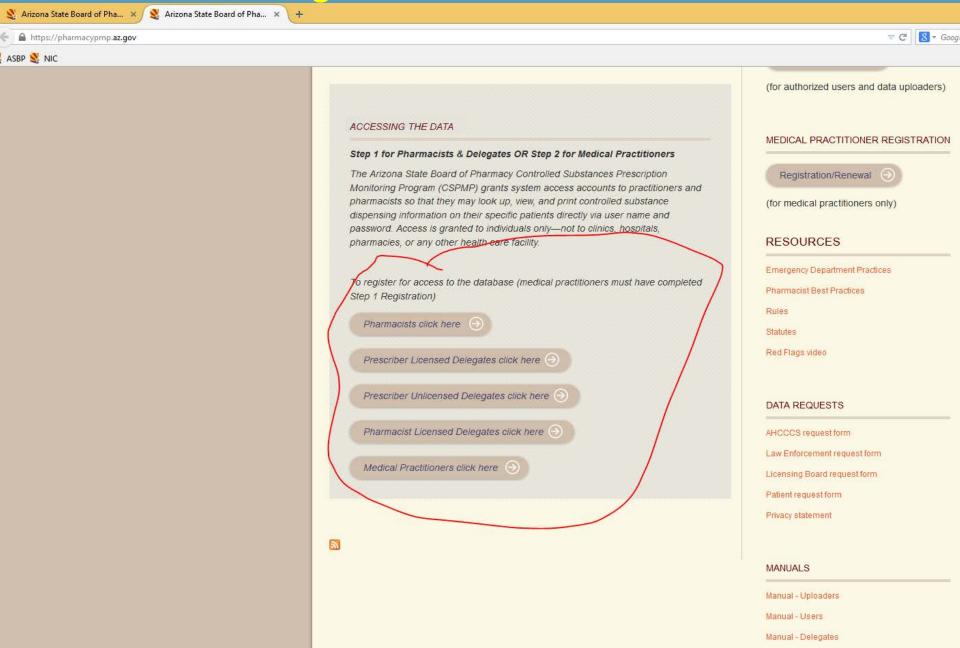
### Enter CSPMP ID and Verification Code



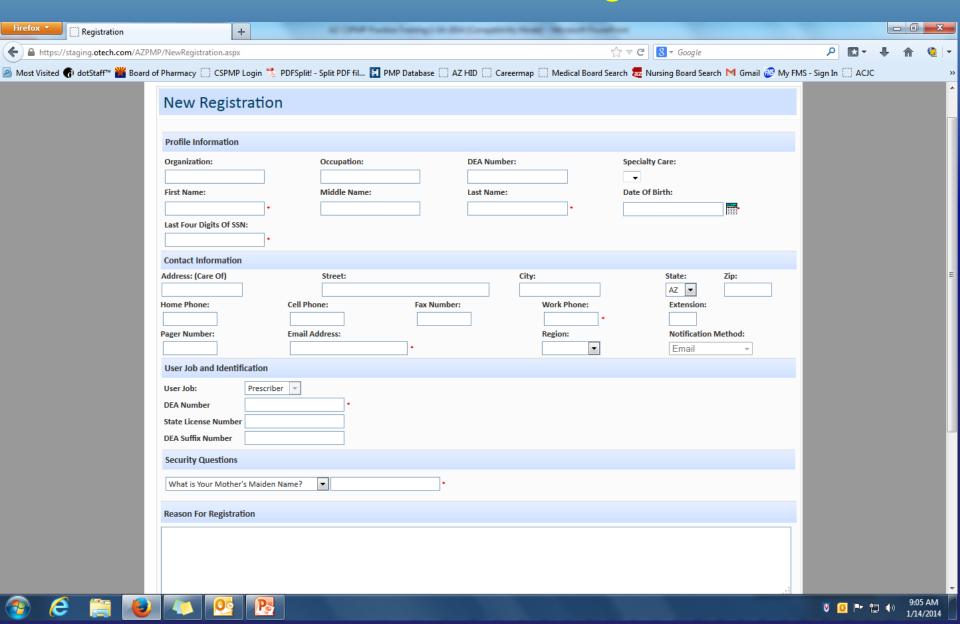
### Login w/ CSPMP ID and DEA number



#### Gaining Access to Patient Data



#### New Access USER registration



# Access Registration (Step 2)

Once completed your Access Registration will be confirmed and a user name and password will be e-mailed to you, usually within 24-48 business hours.

Except, if you have a nonresident license, you need to print your Access Registration and read and sign the Privacy Statement and have it notarized. Then mail both documents along with a copy of your nonresident State license and your Driver's License. Once received and process, a user name and password will be emailed to you.

# Access Registration (Step 2)



Arizona CSPMP Prescription Drug Monitoring Program

6/00/2014

Arizona State Board of Pharmacy, 1616 W. Adams, Suite 120, Phoenix, AZ 85007

Page 1 of 3

Phone :888-683-2476 Fax :868-282-7676 Email :azrxreporting@otech.com

Your registration has been submitted to the PMP Administrator for verification of your qualifications for access. You will receive an e-mail with your user name and password once approved.

# First Name: Middle Name: Last Name: User Job Identification User Job: Pharmacist State License Number: City Contact Information Address: City, State, Zip: State St

#### Reason For Registration

To verify the patient medical history before dispensing controlled medication.

# Access Registration (Step 2)



Arizona CSPMP Prescription Drug Monitoring Program

5/30/2014

Arizona State Board of Pharmacy, 1616 W. Adams, Suite 120, Phoenix, AZ 85007 Page 3 of 3

Phone: 888-683-2476 Fax: 868-282-7076 Email: szzxreporting@otech.com

#### PRIVACY STATEMENT

#### Statutory Authority:

Section 2502 of ArizonaRevised Statutes Title 36, Chapter 28, theArizona Controlled SubstancesPrescription Monitoring Program. Act, requires theArizona State Board ofPharmacy (ASCP) to establish a computerized centraldatabase tracking system totract the prescribing, dispensing, and consumption of Schedule II, III, and IVcontrolled substances dispensed by a medical practitioner or by apharmacy. The purpose of the program is to improve the State's ability toidentifycontrolled substances in an efficient and cost effective manner that will not impose the appropriate medical utilization of licit controlled substances.

#### Access to Information:

A.R.S. 735-2604 (C) (1)authorizes ASBP to release the data from theControlled Substances PrescriptionMonitoring Program (CSPMP) to personsauthorized to prescribe or dispensecontrolled substances for the purpose of providing medical problems controlled substances for the purpose of providing medical problems.

A.R.S. 736-2604 (C) (3),(4), and (5) authorizes ASBP to release datafrom the CSPMP to a professionallicensing board, a local, state, or federalism enforcement agency or criminal justice agency, and the Arizona Health CareCost Contamment System (AHCCCS) Administration, attereceiving a writtenrequest that states that the information is necessary for anopen investigationar complaint.

#### Unlawful Disclosure:

Any person who is grantedaccess to the information in the CSPMPdatabase and who knowingly disclosed theinformation in a manner inconsistent with a legitimate profession or regulatory purpose, a legitimate lawenforcement purpose, the terms of a court order, or asotherwise expressivauthorized by A.R.S. Title 36, Chapter 28 is quity of aClass 6 felony.

Lunderstand thatinappropriate access or disclosure of this information is a violation of Arizonalaw and may result in disciplinary action by my licensing board and/or exocation of database access privileges.

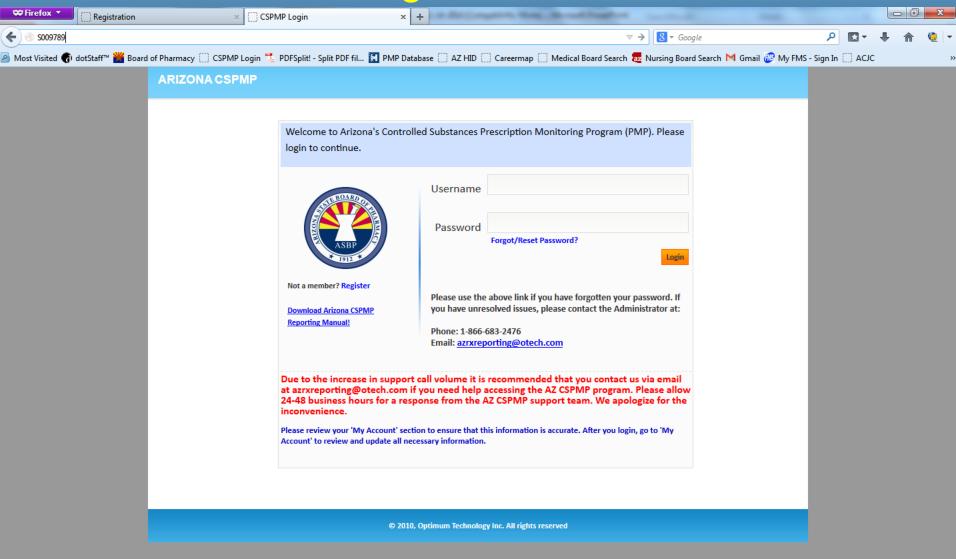
#### Account Agreement:

By signing this agreement hereby agree to follow the security and password policies of the Controlled Substances Prescription Monitoring Program. I agree not to disclose normisrepresent any data or protected health information to any unauthorized personor party. I agree that I will not share my account information, login name, or password with anyone, even if they are authorized users of the program.

Signature:		Date:		
Print Name.				
STATE OF				
	) SS.			
County of				
Subscribed and swom	or affirmed and acknowledged before me the	s day of	. 2014	
			Notary Public	

My Commission Expires.

#### Login Screen















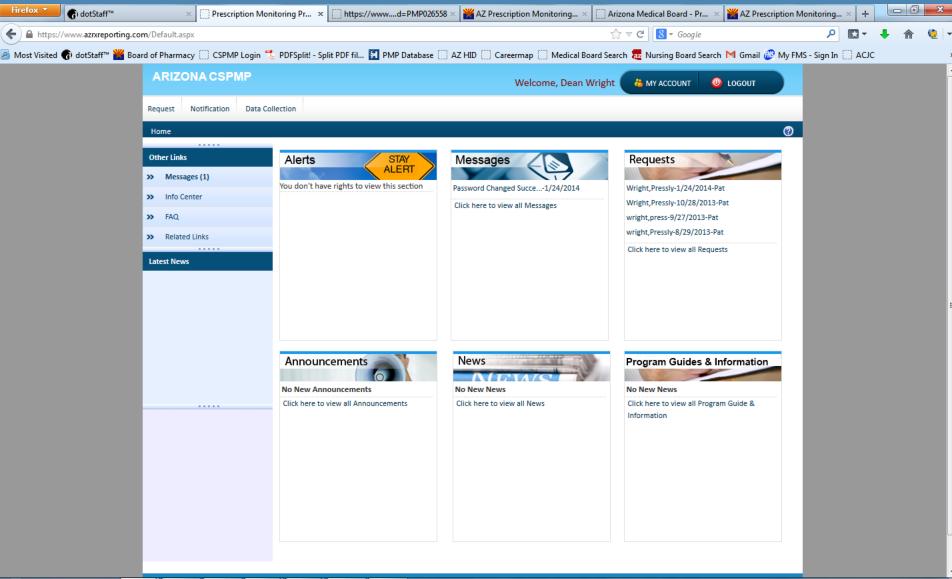








#### AZ CSPMP Database Home Page





















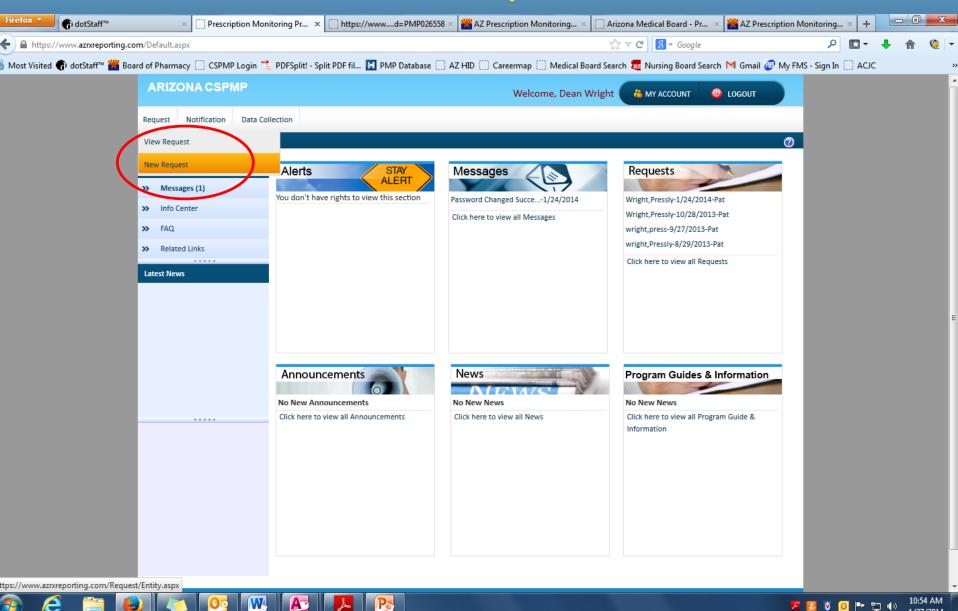




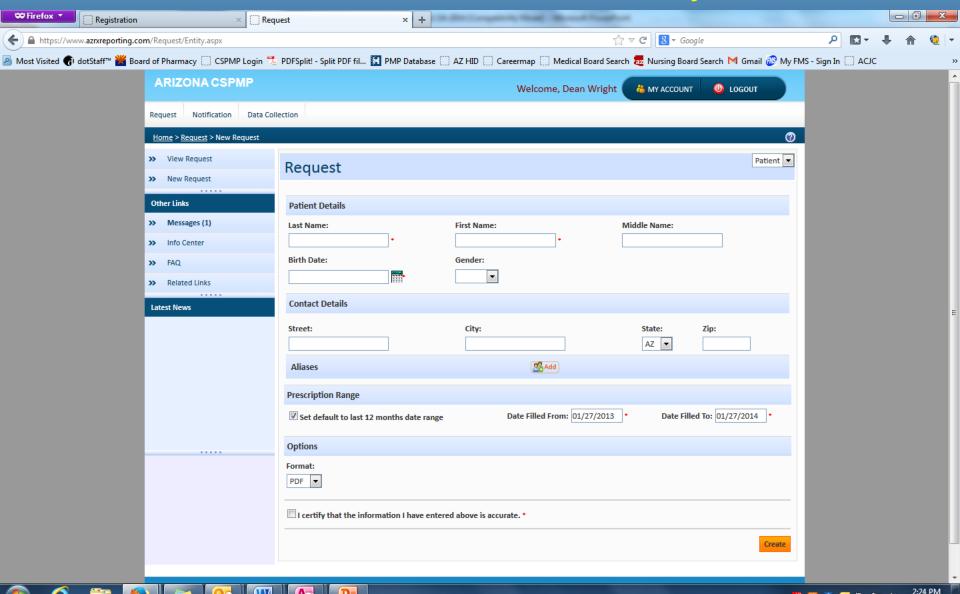




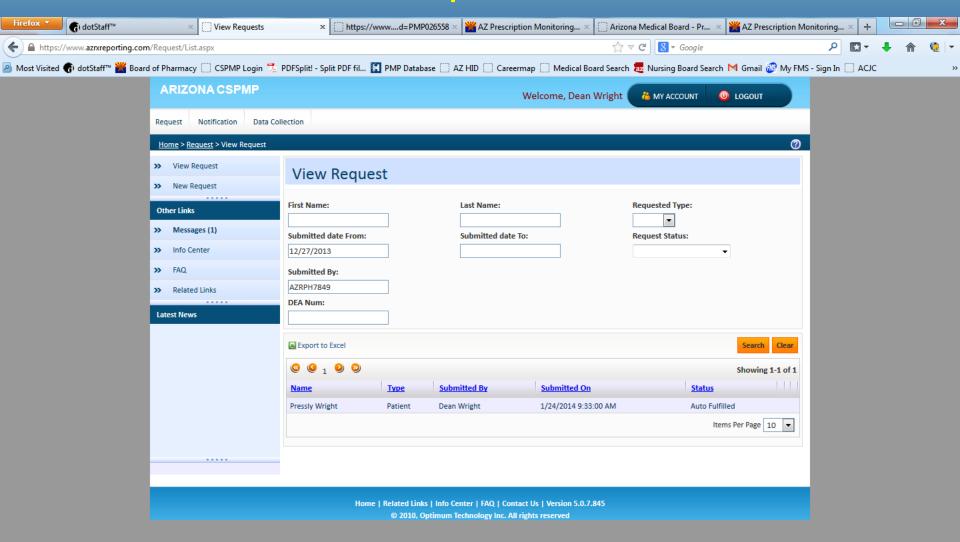
#### **New Requests**



#### Patient information entry



#### View Request Screen























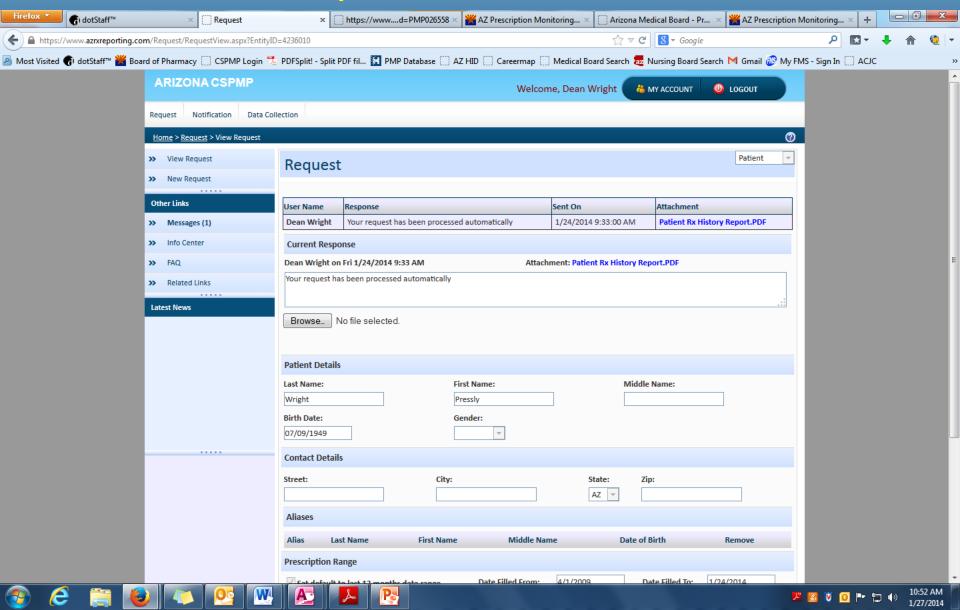




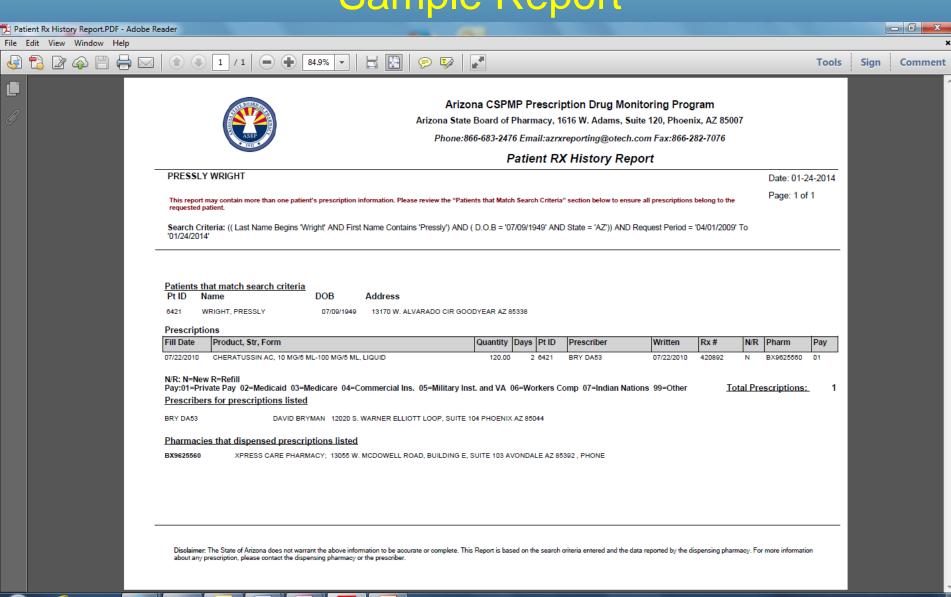




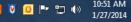
#### Open the PDF File



#### Sample Report







# Delegates

We can now give access to prescriber and pharmacist delegates. Prescriber may authorize Licensed and Unlicensed Delegates. Pharmacists may authorize Licensed Delegates.

#### Prescriber Delegates:

- Licensed: Registered Nurse, Licensed Practical Nurse, or Dental Hygienist
- Unlicensed: Medical Records Technician, Medical Assistant, or Office Manager

#### Pharmacist Delegates:

 Licensed: Pharmacy Intern, Pharmacy Technician, or Pharmacy Technician Trainee

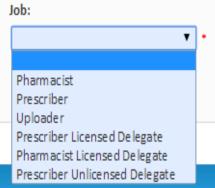
#### **New Registration**

#### **Registration Instructions**

Welcome to the Arizona CS PMP registration process.

To begin the registration process

- 1. select the job type that best describes your profession.
- 2. Click the Next button.
- Please fill out the information requested.
- 4. Click the Register button and follow the on screen instructions If you have any questions please contact the PMP Help desk at Phone: (866) 683-2476 Email: azrxreporting@otech.com
  - Please select the Account Type that matches your profession or most accurately describes your use of the Arizona CSPMP.



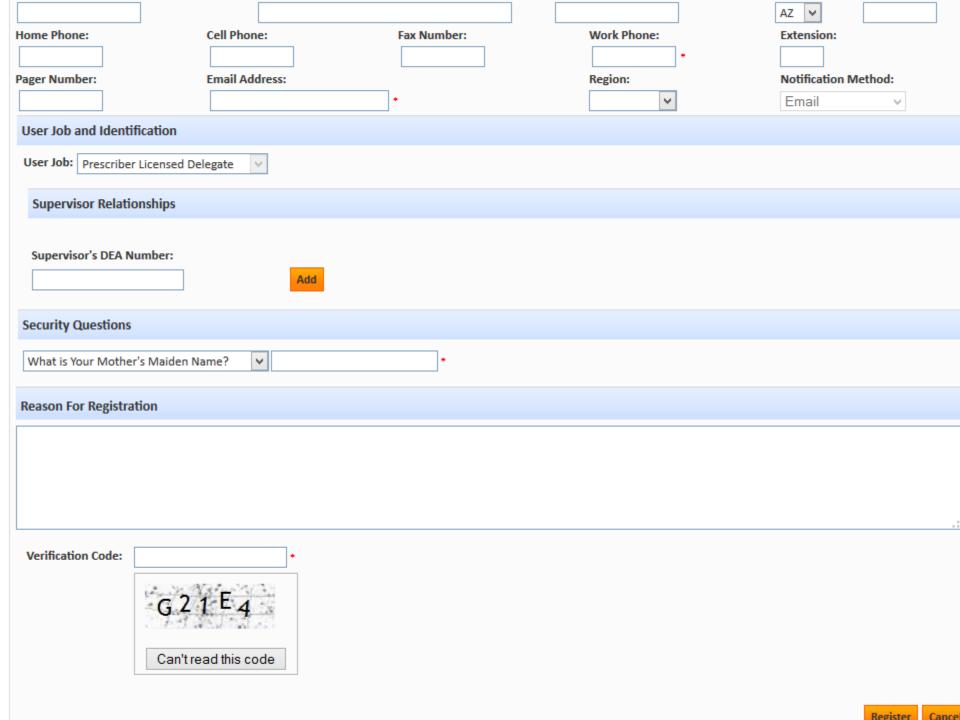
#### New Registration

New Registration	l e			
Profile Information				
Organization:  First Name:  Last Four Digits Of SSN:	Occupation Type:  Registered Nurse (RN) Licensed Practical Nurse (LPN) Dental Hygienist	Licenso	e Number:  ame:	Date Of Birth:
Contact Information				
Address: (Care Of)	Street:	City:		State: Zip:  AZ ▼
Home Phone: Pager Number:	Cell Phone: Fax Num Email Address:	ber:	Work Phone: Region:	Extension:  Notification Method:  Email
User Job and Identification				
User Job: Prescriber Licensed C	Delegate ▼			
Supervisor's DEA Number:	Add			
Security Questions				
What is Your Mother's Maiden	Name? ▼	7•		

#### **New Registration**

Profile Information				
Organization:  First Name:  Last Four Digits Of SSN:	Occupation Type:  Medical Record Tech Medical Assistant Office Manager	• nnician	License Number:  Last Name:	Date Of Birth:
Contact Information				
Address: (Care Of)  Home Phone:  Pager Number:	Street: Cell Phone: Email Address:	Fax Number:	City:  Work Phone:  Region:	State: Zip:  AZ ▼  Extension:  Notification Method:  Email ▼
User Job and Identification				
User Job: Prescriber Unlicensed Supervisor Relationships	De legate ▼			
Supervisor's DEA Number:	Add			

#### **New Registration** Profile Information Occupation Type: License Number: Organization: Date Of Birth: First Name: Last Name: Pharmacy Technician Pharmacy Intern Last Four Digits Of SSN: Contact Information Address: (Care Of) City: Zip: State: Street: ΑZ Work Phone: Home Phone: Cell Phone: Fax Number: Extension: Email Address: Notification Method: Pager Number: Region: Email User Job and Identification User Job: Pharmacist Licensed Delegate **Supervisor Relationships** Supervisor's State License Number: Issuing State: ΑZ



Welcome to Arizona's Controll login to continue.	ed Substances Prescription Monitoring Program (PMP). Please
ASBP 1912 Y	Password Forgot/Reset Password? Login
Not a member? Register	Please use the above link if you have forgotten your password. If you have unresolved issues, please contact the Administrator at:
	Phone: 1-866-683-2476
	Email: azrxreporting@otech.com
Please review your 'My Account' sect Account' to review and update all ne	ion to ensure that this information is accurate. After you login, go to 'My cessary information.

# Latest News

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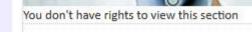
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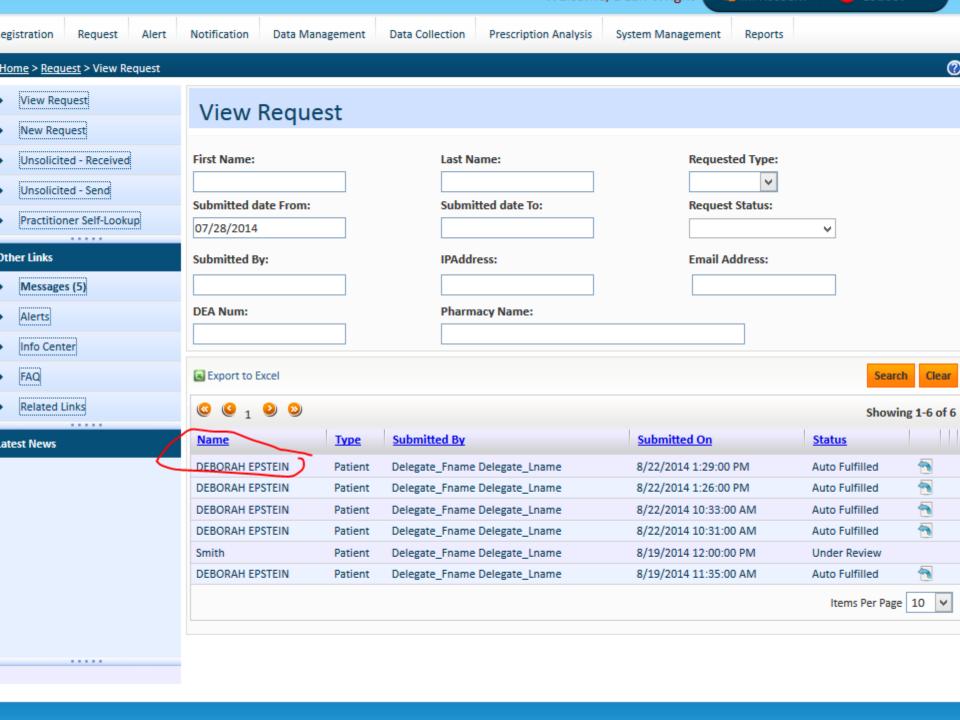


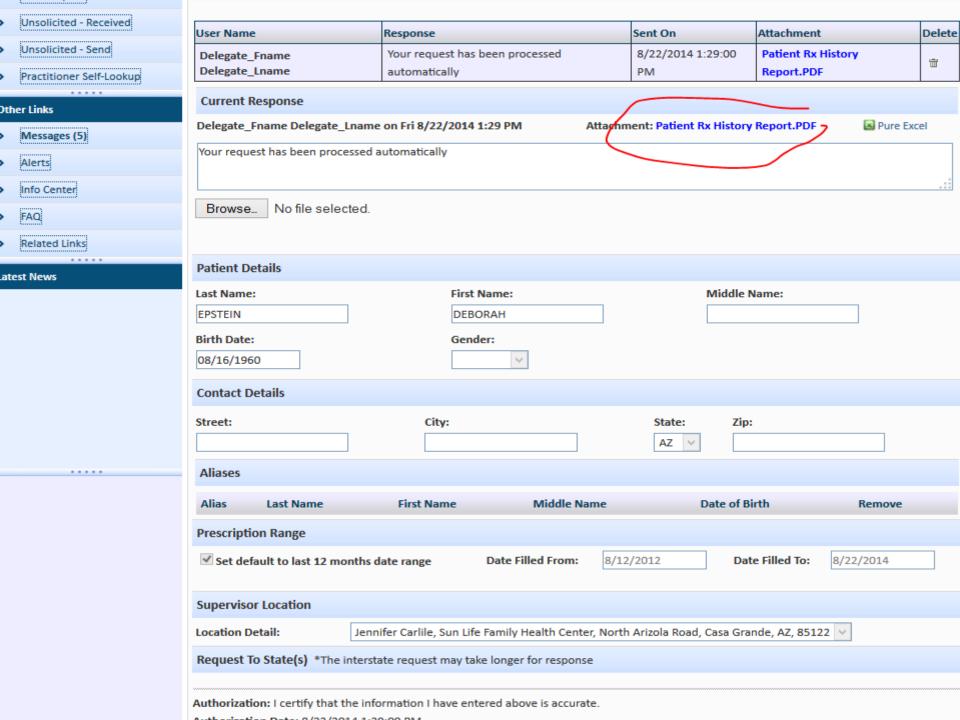


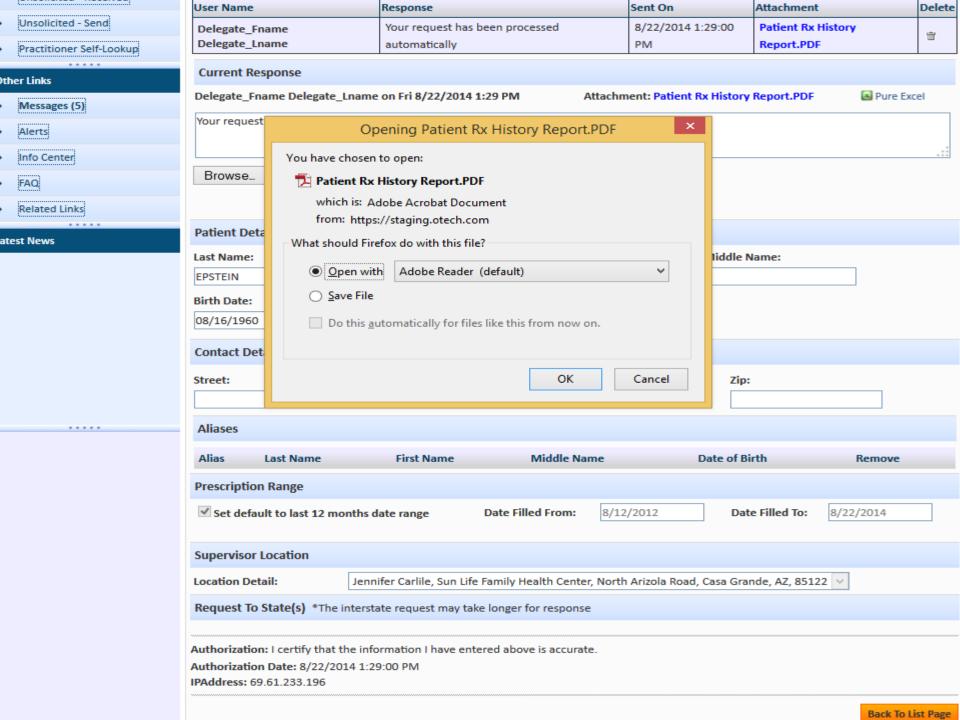




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stest News	Patient Details						
	Last Name: Birth Date:	•	First Name: Gender:		Middle Name:		
	Contact Details						
	Street:		City:		State:	Zip:	
	Aliases			Add			
	Prescription Range						
	Set default to last 12	months date range	Date F	Filled From: 08/28/2013	Date F	illed To: 08/28/2014	4 •
	Select Supervisor						
	Select Supervisor User:	Please Select a S	Supervisor V				
	I certify that the information I have entered above is accurate						
							Create







# Arizona State Board of Pharmacy Controlled Substances Prescription Monitoring Program

- Database access as of April 1, 2016:
  - Practitioners: 11719 (44.42%)
  - Pharmacists: 4108 (58.47%)
  - Law Enforcement Investigators: 441
  - Board Investigators: 76
  - Delegates: 1928
- Practitioners, pharmacists, and law enforcement and board investigators from another state may also request access.

### WHO USES?

Who is using the database?

Practitioners make 59.2% of the queries
Pharmacists make 40.73% of the queries
Law Enforcement make 0.04% of the queries
Healthcare Boards make 0.03% of the queries

# DATABASE USE

#### How often is the database being used?

Q4 2015	Average per day
Practitioners	10625
Pharmacists	8791
Law Enforcement	3.1
Healthcare Boards	2.5

<b>Interstate Queries?</b>	Quarter		
Practitioners	4688		
Pharmacists	11475		

# **QUESTIONS?**

**Arizona State Board of Pharmacy Web page: www.azpharmacy.gov** 

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Phoenix, AZ 85005
602-771-2744

Fax: 602-771-2748

dwright@azpharmacy.gov

# Thank you Questions?



#### Upcoming Webinar Schedule

Next webinar is scheduled for May 31st, 2016 12pm MST

Topic: Farmworker Health

Go to <a href="http://telemedicine.Arizona.edu/distant-education/upcoming-workshops">http://telemedicine.Arizona.edu/distant-education/upcoming-workshops</a>

Registration is now open for the **43**<sup>rd</sup> **Annual Arizona Rural Health Conference** July 26-27, 2016 Flagstaff, AZ More information at: crh.arizona.edu



Arizona Rural Health Conference

11<sup>TH</sup> ANNUAL

Performance Improvement Summit

High Country Conference Center Flagstaff, Arizona

> Sponsored by The Arizona Center for Rural Health Contact: Rebecca Ruiz, Sr. Program Coordinator 520.626.2243 | raruiz@email.arizona.edu

> > crh.arizona.edu/calendar/RHC2016



HE UNIVERSITY OF ARIZONA LEL & ENID ZUCKERMAN COLLEGE OF PUBLIC HEALTH

Center for Rural Health

# CHARLED AL PHILAD

#### **Call for Presentations**

#### ARIZONA RURAL HEALTH CONFERENCE

The 43rd Annual Arizona Rural Health Conference is accepting proposals for Concurrent and Poster Presentations. The proposals must relate to the conference theme "Rural Partnerships: Working Together to Support Healthy Arizona Communities" and address one of the two tracks:

- Strategies for Improving Population Health and Reaching Underserved Populations
- Rural Health Care Systems

To access the Call for Presentations and Form, visit our website at <a href="http://crh.arizona.edu/calendar/RHC2016">http://crh.arizona.edu/calendar/RHC2016</a>. The deadline for submission is **Friday, May 20, 2016**.

The conference brings together a statewide audience and allows for building and strengthening partnerships, discussing ideas and solutions, networking and disseminating information.

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#### **Upcoming Webinars**

The ABCDs of Medicine by David Parra from AARP

May 12<sup>th</sup> at noon PDT

To register go to <a href="http://telemedicine.Arizona.edu/distant-education/upcoming-workshops">http://telemedicine.Arizona.edu/distant-education/upcoming-workshops</a>

# Your opinion is valuable to us Please participate in this brief survey:

https://www.surveymonkey.com/r/AzSORH

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