

Promising Practices in Nutrition and Diabetes Prevention and Management – Special Diabetes Program for Indians (SDPI) in Tucson, AZ Tuesday, December 13, 2016 ~ 12:00pm AZ time (11am PT, 12pm MT, 1pm CT, 2pm ET)

Community Directed Diabetes Program are a central part of the fight against type 2 diabetes in many native communities. These programs, funded by the IHS Special Diabetes Project for Indians (SDPI), provide diabetes prevention and management services that address the needs of their communities, and oftentimes use innovative ways to encourage healthier eating, physical activity, and lifestyle habits in their communities. In this presentation we will review some of the nutrition related activities offered by Tucson Area SDPI diabetes programs, most specifically, those from the Tohono O’odham Nation.

Learning Objectives:

- 1) Discuss the diabetes program in the Tucson area
- 2) Describe successful nutrition related activities of these programs, specifically those at the Tohono O’odham Nation diabetes program
- 3) Identify resources available to all diabetes programs
- 4) Discuss how to implement these tools in various settings



LCDR Dolores Addison is the Public Health Nutritionist for Tohono O’odham Nation Healthcare. Before this she was the Indian Health Service Tucson Area Diabetes Consultant and worked with the three SDPI grantees in Tucson. She has spent the majority of her career as a dietitian working within the Indian healthcare system in Tribal and Federal entities. She graduated with a Bachelor’s degree in Nutritional Sciences from the University of Arizona, and completed her Dietetic Internship through the University of the Incarnate Word in San Antonio, Texas. She received her MPH from the University of North Carolina, with an emphasis in leadership and program development. Dolores also has a deep interest in weight management and has completed the Commission on Dietetic Registration’s Level 1 & 2 Certificates in Adult Weight Management and the Certificate in Childhood and Adolescent Weight Management.



THE UNIVERSITY OF ARIZONA
College of Nursing

**Continuing Nursing Education Information:
1.0 Contact Hours**

The University of Arizona Continuing Nursing Education is an approved provider of continuing nursing education by the Western Multi-State Division, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

1.0 CECH for CHES

The University of Arizona Mel and Enid Zuckerman College of Public Health is a Designated Multiple Event Provider of Continuing Education Contact Hours (CECH) for Certified Health Education Specialists (CHES) through the National Commission for Health Education Credentialing, Inc.

1.0 CPEU for RDs

The Western Region Public Health Training Center is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR).

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