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AzCRH www.crh.arizona.edu



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Land Acknowledgement

We respectfully acknowledge the University of Arizona is on the land and territories of Indigenous peoples. Today, Arizona is home to 22 federally recognized tribes, with Tucson being home to the O'odham and the Yaqui. Committed to diversity and inclusion, the University strives to build sustainable relationships with sovereign Native Nations and Indigenous communities through education offerings, partnerships, and community service.



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AzMAT Mentors Program

This program provided professional mentoring with less experienced providers to increase their capacity for providing medications to treat opioid use disorder (MOUD) services in Arizona. The goal was to improve access to evidence-based treatment for individuals with substance use disorders (SUD) and specifically opioid use disorders (OUD).



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AzMAT Mentors Disclaimer

This webinar was supported, in part, by Grant number H79TI081709 funded by the Substance Abuse and Mental Health Services Administration. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Substance Abuse and Mental Health Services Administration or the Department of Health and Human Services.



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AzMAT Mentors Labor Acknowledgement Statement

We recognize and acknowledge the labor upon which our country was and is continuously built by communities that have been historically disenfranchised and oppressed. We pledge to continuously expand our efforts to address racial injustices, health disparities, strive for more equitable health outcomes and be culturally responsive to all. We strive to connect diverse partners across the state, provide reliable and useful data to inform policies and programs, and assist in finding resources to support rural and underserved populations.



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A portrait of Seth Acton, a man with a long, grey beard and mustache, wearing a blue button-down shirt and a patterned tie. He is smiling slightly and looking towards the camera. The background is a blurred green, suggesting an outdoor setting with foliage.

Seth Acton

Providers Clinical Support System (PCSS): An Overview



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Providers
Clinical Support
System

Introduction to Providers Clinical Support System

Seth Acton
PCSS Project Manager
American Academy of Addiction Psychiatry
September 21, 2023

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Disclosures

- Nothing to disclose

The Goal of PCSS

- The overarching goal of PCSS is to provide evidence-based training to healthcare professionals in preventing, identifying, and treating substance use disorders with a focus on medications for opioid use disorders.

Educational Trainings

PCSS offers a variety of educational trainings which are available at no cost. All PCSS trainings count towards the DEA's new 8 hour MATE Act training requirement.

- SUD 101 Core Curriculum
- Chronic Pain Core Curriculum
- MOUD Trainings

SUD 101 Core Curriculum

The 23 modules in this 2023 curriculum provide an overview of evidence-based practices in the prevention, identification, and treatment of substance use disorders and co-occurring medical and psychiatric conditions for a variety of populations. Healthcare professionals who complete this curriculum should see an increase in their competence and confidence as they treat patients who are diagnosed with a substance use disorder.

<https://pcssnow.org/education-training/sud-core-curriculum/>

Chronic Pain Core Curriculum

These modules, taken individually or cohesively, will provide learners with up-to-date and evidence-based information on best opioid prescribing practices and treatment of opioid use disorder. Healthcare professionals who participate in this curriculum should see an increase in their competence and confidence as they treat patients who may suffer from chronic pain.

This curriculum is in the process of being updated.

<https://pcssnow.org/education-training/treating-chronic-pain-core-curriculum/>

MOUD Trainings

- Formerly known as the “X-waiver training”
- All available at no cost at pcssNOW.org
- 8 hours of online self-study training
- 8 hours of live training with an instructor
- 8 hours split between both (Half and Half)
- 16 hours of online self-study training

Additional MOUD Training Info

- Interested providers can apply to lead trainings (lead mentors will review applications)
- Organizations can submit requests to host a training – PCSS will locate an instructor if necessary
- CME is provided for all online MOUD trainings
- CME is provided upon request for live MOUD trainings (with 8 weeks lead time)

PCSS Mentor Program

Our program is a national network of trained clinicians with expertise in treating substance use disorders, co-occurring mental disorders, and pain management.

There are three mentoring options available, at no cost:

Option 1: PCSS Discussion Forum

<http://pcss.invisionzone.com/register>

An online discussion forum moderated by addiction specialists where health professionals can post questions and receive answers from clinical experts and other colleagues.

Option 2: Ask A Clinical Question

<https://pcssnow.org/mentoring/ask-a-clinical-question/>

A simple and direct way to receive an answer related to Substance Use Disorder, Opioid Use Disorder, and other related topics. Designed to provide a prompt response to clinical questions via email.

Option 3: One-on-one Mentoring

<https://pcssnow.org/mentoring/#request>

Provides individualized, one-on-one guidance via email, phone, or in-person, (if feasible) to discuss specific clinical issues. Members are “matched up” with one of our mentors in their region. **This is the most in-depth of the three PCSS mentoring tools.**

Clinical Roundtables

PCSS offers **Clinical Roundtables** on a variety of clinical topics

- Gives providers opportunity to ask questions of a clinical expert
 - A mix of webinar and Q&A
 - Allows and promotes interaction between health professionals and clinical experts
 - Free of cost (like all PCSS resources)
-
- <https://pcssnow.org/mentoring/clinical-roundtable/>

PCSS *Exchange* (PCSS-X)

- PCSS-X is a free multi-session course that was created to give practitioners guidance on implementing medications for the treatment of opioid use disorder (OUD) into practice.
- Prescribers with frontline experience prescribing medications for opioid use disorder and developing clinic workflows are available during each session to answer participants' questions and discuss real-world cases.
- Purpose
 - Move people from being trained to prescribing.

Can I Participate?

- The Exchange is intended for an interprofessional audience, and participants are welcome to attend whichever sessions are most relevant to their current situation. *No prerequisites required.*
- New sessions are being planning but have not yet been scheduled

PCSS Implementation (PCSS-I)

- PCSS practice facilitators, including clinical and implementation experts, work with clinical teams and healthcare organizations to provide tailored support to increase acceptability, feasibility, and readiness to deliver substance use disorder treatment, including medications for addiction treatment.

How Does PCSS Implementation Help Practices Implement SUD Treatment?

Support

- PCSS practice facilitators work directly with sites to provide resources and technical assistance (via a monthly video conference call for about 6 months) to support your team in reaching your goals. Each site identifies a Site Champion and Implementation Team to explore, prepare, and implement a systematic strategy tailored to your site.

Logistics

- Exploration: Evaluate clinical needs and program fit. Identify key partners and ensure leadership buy-in
- Preparation: Identify goals, and develop an implementation plan.
- Implementation: Start small, collect data, evaluate outcomes, and modify procedures as needed.
- Sustainability: Ensure funding and support, provide ongoing training and track outcomes.

Does it work?

- Yes! As a result of this effort, 59 providers are now actively prescribing medications for opioid use disorder (MOUD) within 10 clinical sites that have successfully integrated and sustained substance use disorder (SUD) services.

Can My Clinical Site Participate?

- Clinical sites should be primary care or mental health programs that meet the following criteria:
 - Committed and motivated to provide care for patients with substance use disorders, including medications for the treatment of substance use disorders.
 - Able to identify at least one on-site “Champion” (i.e., leader/point person). The Champion will be the primary contact for the clinical site and will serve as the liaison with the PCSS-I External Facilitators.
 - Agree to convene a multi-disciplinary PCSS-I Team (Clinical: MD, NP/PA, RN, MA, behavioral health, pharmacists, administrative: receptionist, billing coordinators, CEO/CFO) to participate in planning.
 - Commit to participate in PCSS-I project for at least 6-months.
 - Commit to participate in data collection activities as part of the evaluation of PCSS-I.

Learn More About PCSS-I

- To learn more please visit:

[pcssnow.org/education-training/pcss-
implementation/](https://pcssnow.org/education-training/pcss-implementation/)



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PCSS-MOUD is a collaborative effort led by the American Academy of Addiction Psychiatry (AAAP) in partnership with:

Addiction Technology Transfer Center	Association for Multidisciplinary Education and Research in Substance use and Addiction
American Academy of Pediatrics	Columbia University, Department of Psychiatry
American College of Emergency Physicians	Council on Social Work Education
American Medical Association	National Association for Alcoholism and Drug Abuse Counselors
American Osteopathic Academy of Addiction Medicine	National Association of Social Workers
American Psychiatric Association	National Council for Mental Wellbeing
American Psychiatric Nurses Association	National Association of Social Workers
American Society of Addiction Medicine	Society for Academic Emergency Medicine



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Educate. Train. Mentor



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Additional Resources

- Arizona State University, Medications for Opioid Use Disorder Echo <https://chs.asu.edu/project-echo/join/medications-for-opioid-use-disorder>
- Opioid Assistance and Referral Line: 1-888-688-42222 or <https://www.azdhs.gov/oarline/>
- Opioid prevention: <https://www.azdhs.gov/opioid/>
- Training requirements (MATE Act) <https://www.samhsa.gov/medications-substance-use-disorders/training-requirements-mate-act-resources>
- UArizona Center for Rural Health <https://crh.arizona.edu/>
- UArizona Comprehensive Pain and Addiction Center <https://cpac.arizona.edu/>
- Western Region Public Health Training Center <https://wrphtc.arizona.edu/>



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