

## ARIZONA TELEMEDICINE PROGRAM CONNECTED HEALTH WEBINAR SERIES

The Arizona Telemedicine Program, Southwest Telehealth Resource Center, and American Indian Health - Area Health Education Center invite you to a free one-hour CME webinar. CME provided by The University of Arizona College of Medicine - Tucson.

# RECOGNIZING AND MANAGING CONCUSSIONS IN YOUTH AND ADOLESCENT ATHLETES

**THURSDAY, JULY 17, 2025**

**12:00 PM Arizona time**

**12:00 PM PDT ~ 1:00 PM MDT ~ 2:00 PM CDT ~ 3:00 PM EDT**

This webinar will equip healthcare providers and clinical staff serving tribal communities with the knowledge and tools to recognize, evaluate, and manage concussions in youth and adolescent athletes. Participants will learn to identify key signs and symptoms of concussion and apply evidence-based return-to-play protocols to support safe recovery. Emphasis will be placed on early intervention and collaborative approaches that prioritize the health and long-term well-being of student-athletes.

### OUTCOME OBJECTIVES

- Describe the signs and symptoms of concussion in youth and adolescent athletes.
- Explain how to implement evidence-based return-to-play protocols to guide clinical managements and ensure safe reintegration of youth athletes into sports following concussion.

### CONTINUING MEDICAL EDUCATION

#### Accreditation Statement

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Relevant Financial Relationships Statement(s):

University of Arizona College of Medicine - Tucson Office of Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities (commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

### PRESENTER



**Yvette Brown-Shirley, MD (Navajo/Diné)**

*Assistant Professor of Neurology*

*Barrow Brain Injury & Sports Neurology Center*

*Barrow Neurological Institute*

Dr. Brown-Shirley is a Clinical Assistant Professor of Neurology at Barrow Neurological Institute in Phoenix, Arizona. She is an enrolled member of the Navajo Nation who was born and raised in Flagstaff, Arizona. She completed her undergraduate education at Arizona State University and earned her medical degree from The University of New Mexico School of Medicine. She returned to Arizona to complete her residency in child neurology at Phoenix Children's Hospital and a fellowship in sports neurology and Traumatic Brain Injury at Barrow Neurological Institute. She is well-positioned as one of a few academic Native American neurologists in the country. Dr. Brown-Shirley is believed to be the Southwest's first and only female Native American sports neurologist.

### REGISTRATION

[www.telemedicine.arizona.edu](http://www.telemedicine.arizona.edu)

**For more information, contact Melanie Esher, MAdm, at [mesher@telemedicine.arizona.edu](mailto:mesher@telemedicine.arizona.edu)**

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