

ARIZONA TELEMEDICINE PROGRAM WEBINAR SERIES: TELE-APPLICATIONS AND SERVICES

The practice and delivery of healthcare is changing with an emphasis on improving quality, safety, efficiency, & access to care. Telemedicine can help you achieve these goals! The Arizona Telemedicine Program and Southwest Telehealth Resource Center invite you to a free one-hour **CME** webinar on the implementation and practice of telemedicine. CME provided by The University of Arizona College of Medicine - Tucson

STATE OF THE SCIENCE ON THERAPEUTIC ALLIANCE IN TEENS USING TELEMENTAL HEALTH

TUESDAY, APRIL 29, 2025

12:00 pm Arizona Time(MST)

12:00 AM PDT ~ 1:00 PM MDT ~ 2:00 PM CDT ~ 3:00 PM EDT

Join us to learn about therapeutic alliance in the adolescent aged population utilizing tele-mental health services with PhD candidate, Alison Ercole.

PRESENTER



**Alison Ercole, PhD Candidate, CRNP,
PMHNP-BC, PMH-C**
Psychiatric-mental Health Nurse Practitioner
**University of Arizona
College of Nursing**

Alison Ercole is a psychiatric-mental health nurse practitioner with over a decade of experience providing mental health services across the lifespan. Like many providers, Ms. Ercole shifted her practice to telehealth during the COVID-19 pandemic but found many adolescent patients struggled with communicating and connecting with their providers during telehealth sessions. This experience served as a catalyst for her wanting to understand adolescent perspectives of telemental health.

OUTCOME OBJECTIVES

- Describe the three components encompassing the concept of Therapeutic Alliance.
- Describe three factors that may impact therapeutic alliance for adolescents using tele-mental health.
- Explain potential limitations to recommended hybrid approach in building therapeutic alliance with adolescents.

CONTINUING MEDICAL EDUCATION

Accreditation Statement

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Relevant Financial Relationships Statement(s):

University of Arizona College of Medicine - Tucson Office of Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities (commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

REGISTRATION



<https://telemedicine.arizona.edu/>

For more information, contact Melanie Esher, MAdm, at mesher@telemedicine.arizona.edu

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