

2023 Arizona Center for Rural Health Fall Webinar Series

A webinar series focused on providing technical assistance to rural stakeholders to disseminate research findings, policy updates, best-practices and other rural health issues to statewide rural partners and stakeholders throughout the state.

Dr. Leigh Lewis

Perinatal Mood & Anxiety Disorders

September 28, 2023

12:00 - 1:00 pm



Participants will be able to:

- ▶ List 3 risk factors associated with PMADS
- ▶ List 2 screening tools for PMADS
- ▶ List 3 free PMAD support for patients through PSI



Dr. Leigh Lewis (she/her) worked for several years in the field of community mental health before relocating to the Pacific NW for graduate school. She is a graduate of Bastyr University and completed a 2-year post-graduate training program in integrative women's health. She is credentialed by NAMS as a certified menopause practitioner, AB[O]RM as a fellow of traditional Chinese reproductive medicine, and PSI in perinatal mood & anxiety disorders as a prescriber.

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To register: <https://telemedicine.arizona.edu>