





## THE AZ CENTER FOR RURAL HEALTH WEBINAR SERIES

A webinar series focused on providing technical assistance to rural stakeholders to disseminate research findings, policy updates, best-practices and other rural health issues to statewide rural partners and stakeholders throughout the state.

## Webinar: Thursday, February 17, 2022 12-1:00 pm Arizona Time

## Overdose Recognition & Naloxone Administration

## **Learning objectives:**

- 1. Define terms such as adverse childhood experiences, trauma, substance use disorder, opioids, naloxone, & others.
- 2. Summarize the current opioid epidemic in Arizona.
- 3. Identify the relationship between trauma and substance use.
- 4. Recognize signs of an opioid overdose.
- 5. Show ability to respond to an opioid overdose using naloxone.
- 6. Identify aftercare next steps, including where to refer to resources.
- 7. Define risk reduction messages and resources to share with clients and communities.



**Elena "Lena" Cameron** is a health educator assistant for the Arizona Center for Rural Health. She received her Bachelors of Science in Public Health from the University of Arizona. Lena has been working with opioid and harm reduction programs in Arizona since 2018.

Aimee Gutierrez is a Health Education and Promotion Professional at the Center for Rural Health (CRH). She helps coordinate Opioid Overdose Recognition and Naloxone Administration Trainings statewide. She oversees training logistics and facilitates in both English and Spanish. Ms. Gutierrez received her Bachelors of Arts in Economics with minors in Finance and Spanish from the University of Arizona, Eller College of Management in Spring of 2021. Ms. Gutierrez is from San Luis, AZ, a small border town and she strives to serve and aid her community.





**Bianca SantaMaria** is a Health Education and Promotion Professional II at The University of Arizona, Center for Rural Health. She is the Evaluator for the Overdose Data to Action grant, does work on the CDC COVID-19 grant. She also helps facilitate Naloxone trainings in English and Spanish statewide. She completed her undergraduate and graduate education at the University of Arizona. Bianca was born and raised in Tucson, AZ, and hopes to pursue her DrPH and serve her community in efforts to create a healthier and safer environment for all.

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To register: <a href="https://telemedicine.arizona.edu">https://telemedicine.arizona.edu</a>

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