

THE AZ CENTER FOR RURAL HEALTH WEBINAR SERIES

A webinar series focused on providing technical assistance to rural stakeholders to disseminate research findings, policy updates, best-practices and other rural health issues to statewide rural partners and stakeholders throughout the state.

WEBINAR:
Wednesday, April 21, 2021
2:00 pm Arizona Time

Evaluation of the Nurtured Heart Approach To Parenting to Improve Attention and Hyperactivity/Impulsivity in Children

Learning objectives:

- 1. Identify the core methodology of a parenting approach designed to reduce ADHD behaviors in children**
- 2. Compare the changes in children's attention, hyperactivity, impulsivity among parents that participated in the intervention to the delayed intervention control group**
- 3. Discuss the importance of interventions that are scalable as they relate to access to care**



Dr. Nuño is trained as an epidemiologist and social worker. She has more than 20 years of experience in project design, implementation, and evaluation in school and community settings. Recently she led a study with 104 parents to evaluate the Nurtured Heart Approach to parenting to improve inattention, hyperactivity, and impulsivity in children. In 2019, she led the Adolescent Research Team of seven students to conduct a qualitative needs assessment using focus groups and observations to gather the perspectives of Arizona youth. She teaches Personal Health and Wellness, Maternal and Child Health and Adolescent Health at the University of Arizona and is the Director of the Bachelor of Arts in Wellness and Health Promotion Practice. An important focus of Dr. Nuño's community service, teaching, and research is engaging populations typically underrepresented.

Dr. Murphy has almost three decades of education and experience in behavioral health and educational research, services, and supports. She has held positions in academic institutions, community-based and private sector organizations. Dr. Murphy's principal experience is in behavioral health: substance use, mental health including attention deficient hyperactivity disorder (ADHD), and sexual health for culturally diverse children, youth, and families in various settings. As a teen, Dr. Murphy struggled with substance use and mental health issues and participated in treatment. This experience provided the foundation for her academic and professional direction.



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To register: <http://www.telemedicine.arizona.edu>

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