



THE UNIVERSITY OF ARIZONA  
MEL & ENID ZUCKERMAN COLLEGE OF PUBLIC HEALTH

Center for Rural Health



ARIZONA  
TELEMEDICINE  
PROGRAM



## Arizona State Office of Rural Health Webinar Series

Today's presentation

**Addressing the Opioid Epidemic in Rural Arizona:  
AmeriCorps & VISTA**

***December 19, 2019***



THE UNIVERSITY  
OF ARIZONA

# Arizona State Office of Rural Health Monthly Webinar Series

Provides technical assistance to rural stakeholders to disseminate research findings, policy updates, best-practices and other rural health issues to statewide rural partners and stakeholders.



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MEL & ENID ZUCKERMAN COLLEGE OF PUBLIC HEALTH  
**Center for Rural Health**

Thank you to our partners in delivering this webinar series:



**ARIZONA  
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## Webinar Tips & Notes



- Enter your questions into the chat box.
- Webinar is being recorded
- Recording will be posted on the AzCRH [www.crh.arizona.edu/](http://www.crh.arizona.edu/) and SWTRC [www.southwesttrc.org/](http://www.southwesttrc.org/)

Today's presentation:



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# Addressing the Opioid Epidemic in Rural Arizona: AmeriCorps & VISTA



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# ADDRESSING THE OPIOID EPIDEMIC IN RURAL ARIZONA

## AMERICORPS & VISTA

Andrew Facemire, AMP Program Coordinator

# AGENDA

- NAU Civic Service Institute AmeriCorps Staff
- AmeriCorps & Who serves
- Impact of the Opioid Epidemic in Arizona
- Introduction to Alternatives to Managing Pain (AMP) AmeriCorps
- Introduction to CSI VISTA
- Becoming a Partner Site

# LEARNING OBJECTIVES

- Identify the purpose of AmeriCorps and National Service.
- Recognize the role of AmeriCorps programs in addressing challenges faced in Rural Arizona in combating the Opioid Epidemic.
- Compare and Contrast the different types of AmeriCorps programs offered and which might be the best fit for your community/organization.

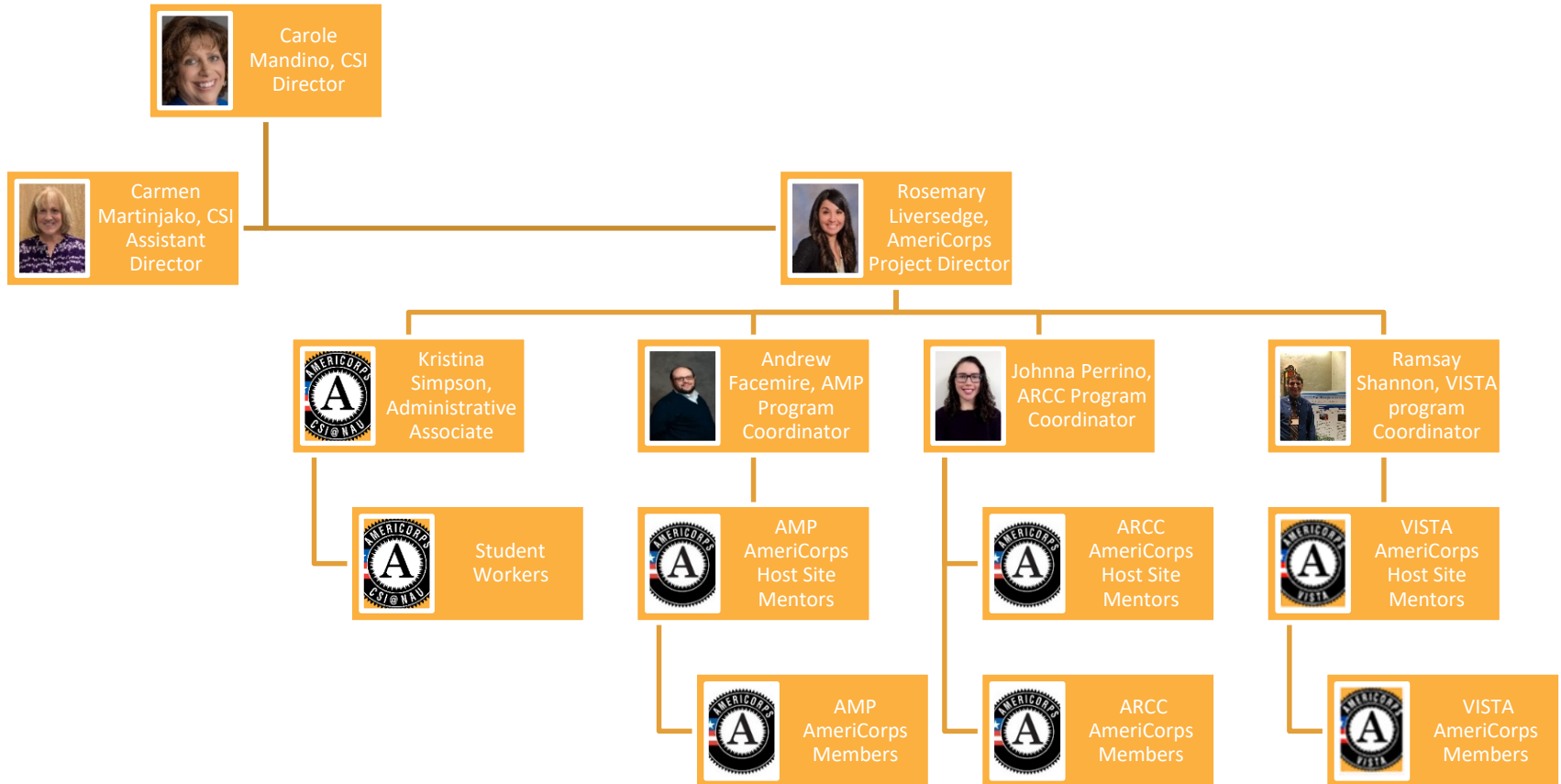
# **NAU CIVIC SERVICE INSTITUTE**

**The Civic Service Institute (CSI) Mission  
is to Improve Lives and Communities  
Through Service and Volunteerism**

**CSI connects people to national service  
opportunities statewide through Senior  
Corps and AmeriCorps programs.**



# NAU AMERICORPS STAFF



# WHAT IS AMERICORPS?

- What is **AmeriCorps**?
- What is a **Term of Service**?
- Who is the **Corporation for National and Community Service**



# WHAT IS AMERICORPS?

- A National Service Program (**Domestic Peace Corps**)
- Federally funded, locally implemented
- Members complete **Terms of Service**
  - A Term of Service is a commitment of hours to service and training
  - Terms of Service run depend on the program.
- Participants receive an **Education Award** at the completion of their Term of Service

# WHAT IS THE CNCS?

- The **Corporation for National and Community Service** is the federal agency that improves lives, strengthens communities, and fosters civic engagement through service and volunteering.

**CNCS** administers two programs:

- Senior Corps: 450,000 volunteers
- AmeriCorps: 85,000 members



Corporation for  
**NATIONAL &  
COMMUNITY  
SERVICE** ★★ ★

# TYPES OF AMERICORPS PROGRAMS

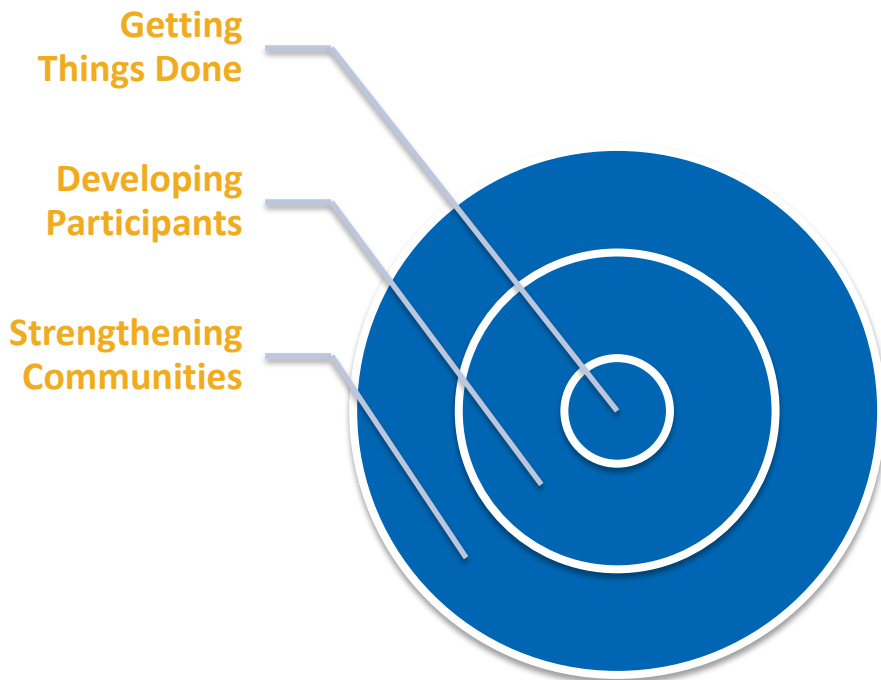
- **State and National AmeriCorps:** Funded through state commissions, these programs work to build safer, stronger, healthier, and united communities across the country through direct service. Members serve terms ranging from 300 to 1700 hours.
- **Volunteers In Service To America or VISTA:** Members serve as a catalyst for change, living and working alongside the community through capacity building activities. Members serve for 1 or 2 year terms.
- **AmeriCorps NCCC:** An intensive, 10-month service experience designed for young adults who want to serve full-time, on a tight-knit team.

# WHO BENEFITS FROM AMERICORPS?

- **Youth, Seniors, and Others In Need** benefit from the tutoring, mentoring, health, housing, and other services members provide.
- **Communities** benefit from having better schools, safer streets, more affordable housing, a cleaner environment, and more engaged citizens.
- **Organizations** gain from having more reach and impact: 92% of sponsoring groups say members helped increase how many people they served to a large or moderate extent.
- **Members** acquire leadership and career skills, earn money for college, and learn how to be active citizens.

# WHAT DO AMERICORPS MEMBERS DO?

**AmeriCorps aims to meet three different goals**





# WHO ARE AMERICORPS MEMBERS



Individuals dedicated  
to providing  
*meaningful service* to  
the community.



# WHO SERVES

Individuals who are:

- Committed to service
- Looking to give back
- Not “in it for the money”
- Personal and professional growth
- Re-career
- Current Volunteers

# MEMBER BENEFITS

- Professional development and mentorship
  - **Rx Matters**
  - **Alternative Treatments & History of Pain**
  - **Working with Older Adults**
- Become part of a nationwide network of civically minded individuals
- Living allowance
- Education Award
- Student Loan Forbearance
- Health & Child Care Benefits (full time only)

# MEMBER REQUIREMENTS

- At least 18 years of age when they complete their term
- High school diploma or GED
- Pass a background check
- United States Citizen or Legal Permanent Resident
- Able to commit to the length and hours of term

# THE IMPACT OF THE OPIOID EPIDEMIC IN ARIZONA

# THE OPIOID CRISIS HITS OLDER ADULTS

According to the National Center for Health Statistics, while **drug-related deaths have** increased among all groups, **older adults have seen the greatest percentage increase over the last half decade.**

# AN ONGOING BATTLE, YOUNG ADULTS

While Substance abuse can develop at any stage in an individual's life, Research shows that **young adults are particularly susceptible to developing addiction and substance abuse.** Annual surveys still reveal that **nearly half will have taken an illegal drug before graduation.**

**How are these issues  
impacting your community?**

# ALTERNATIVES TO MANAGING PAIN *AMERICORPS PROGRAM*



# INTRODUCTION TO THE AMP PROGRAM

- **Newly launched, statewide project.**
- **Direct service support to:**
  - **Older adults (50+), veterans and/or disabled individuals with chronic/acute pain**
  - **Youth/young adults at risk for developing substance abuse disorders**

# WHAT DO AMP MEMBERS DO:

## OLDER ADULTS

- Provide clients social support through friendly visitation. This can include:
  - **Accompany to alternative treatments (Yoga or exercise classes, visits to chiropractor, etc.)**
  - **Providing companionship, listening, cheering up, playing cards or games, assisting with crafts**
  - **Providing health or nutrition information**
- Provide education on non-medical alternatives to managing pain, as well as proper use, storage, and disposal of medications, particularly opioid based pain-medications.
- Transportation to medical and non-medical treatments.
- Connect clients and family members with community resources to fulfill unmet needs.

# WHAT DO AMP MEMBERS DO:

## YOUTH/YOUNG ADULTS

- Provide clients social support through mentorship and positive role-modeling.
- Provide education on substance abuse prevention.
- Advocate on behalf of at-risk youth.
- Connect clients and family members with community resources to fulfill unmet needs.

# POSITION TYPES 2019-2020 PROGRAM YEAR

- Full Time
  - 1700 Hours, 35-40 hours per week
- Half Time
  - Short: 900 Hours, 25-30 hours per week
  - Long: 900 hours, 15-20 hours per week
- Quarter Time
  - Short: 450 Hours, 32-35 hours per week
  - Long: 450 Hours, 12-15 hours per week

# OPIOID MITIGATION EDUCATION

## *VISTA PROGRAM*

# NAU CSI VISTA PROGRAM

- Statewide project.
- **Indirect service across three focus areas:**
  - **STEM Education (Science, Technology, Engineering, and Mathematics)**
  - **OME (Opioid Mitigation Education)**
  - **CCA (College and Career Access).**

# OME FOCUS AREA

**OME VISTA Members** work with local nonprofits and health organizations to research, design, and implement comprehensive programs based on the organization and community needs with the goal of effectively **educating volunteers, community members, and clients, so that they can reduce the effect of the opioid epidemic while utilizing non-medical alternatives to pain management in order to promote community health and safety.**

# WHAT CAN VISTA MEMBERS DO?

- VISTA members focus on capacity building i.e. indirect service (behind the scenes, coordination and planning) for the host site
- Provide marketing and outreach for your project/organization
- Write grants/raise funds
- Conduct program evaluation
- Develop or amend curriculum
- Recruit, train, manage, and recognize volunteers



# ANNUAL TERM

- Each VISTA member serves for a full calendar year.
- VISTA members serve 35 hours per week for the calendar year (10 personal and 10 sick days to use during service).
- Currently accepting applications for 2020 GY, members begin February 2020.

# BECOMING AN AMERICORPS/VISTA HOST SITE

# PARTNER SITE BENEFITS

- Expand services to serve your community
- **Create a new talent pipeline**
- **New ideas and talents at your organization**
- Low cost way to build your capacity
- Connect with the statewide AmeriCorps network

# REQUIREMENTS: **MEMBER SUPPORT**

- Ensure Adequate Member support:
  - **mentorship**
  - **work plans**
  - **member schedule**
  - **work space, office supplies, computer, etc.**

# REQUIREMENTS: **PARTNER CONTRIBUTION**

**AmeriCorps grantees are required to secure a portion of our funding to support members through cash-match.**

- Cash Match for Direct Service 2019-2020 GY
  - **1700 Hour Member = \$8,500**
  - **900 Hour Member = \$4,500**
  - **450 Hour Member = \$2,750**
- VISTA Cash Match for 2020-2021 GY = **\$8,000**

# HOW TO APPLY?

- Submit the 2019-2020 AMP Partner Site Application or the 2020 VISTA Partner Site Application to [AmeriCorps@nau.edu](mailto:AmeriCorps@nau.edu)
- Complete a position description for each position you are requesting with application
- Email a copy of your liability insurance with partner site application (AMP)

# QUESTIONS?

# CONTACT INFORMATION

## NAU Civic Service Institute AmeriCorps

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– Phone: 928-523-3560 or 1-866-856-3017

– [Website](#)

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# ***Thank you! Be sure to save the date for Upcoming AzCRH Webinars***

***January 16, 2020: “2020 U.S. Census”***

***February 20, 2020: “Electronic Prescribing of Controlled Substances (ECPS)”***

**Find this and our previous webinars at:**  
<http://www.crh.arizona.edu/programs/sorh/webinars>

Your opinion is valuable to us. Please participate in this brief survey:

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