





# Arizona State Office of Rural Health Webinar Series



## Webinar Tips & Notes

- Mute your phone &/or computer microphone
- Time is reserved at the end for Q&A
- Please fill out the post-webinar survey
- Webinar is being recorded
- Recording will be posted on the SWTRC <u>www.southwesttrc.org/</u> and the AzCRH <u>www.crh.arizona.edu/</u>

# Arizona State Office of Rural Health Monthly Webinar Series

Focused on providing technical assistance to rural stakeholders to disseminate research findings, policy updates, best-practices and other rural health issues to statewide rural partners and stakeholders throughout the state.







#### Today's presenters:





Alyssa Padilla, MPH
Arizona Center for Rural Health (AzCRH)
Special Projects Coordinator;
AzCRH Navigator Consortium
Program Co-Manager



Bryna Koch, MPH
Arizona Center for Rural Health (AzCRH)
Special Projects Coordinator;
AzCRH Navigator Consortium
Program Co-Manager





# The Affordable Care Act & Coverage in Arizona: Current Status, Impact, Next Steps

Bryna Koch, MPH and Alyssa Padilla, MPH
Tuesday | 10/17/17





## Learning Objectives

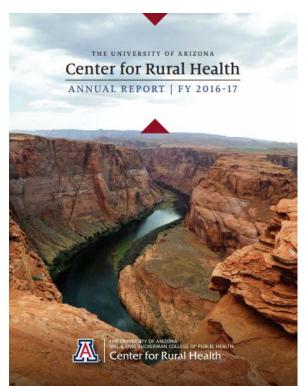
- Describe the current status of the Affordable Care Act & its impact on Arizona,
- Summarize access & eligibility for:
  - AHCCCS, KidsCare, & the Marketplace
- Describe key rule changes, ACA open enrollment changes, & the possible impact on enrollment





### Arizona Center for Rural Health

Est. 1981, CRH serves AZ through its mission "to improve the health & wellness of rural & underserved populations" & houses the:



http://crh.arizona.edu



- 1. State Office of Rural Health
- 2. Rural Hospital Flexibility Program
- 3. Small Hospital Improvement Program
- 4. Western Region Public Health Training Center
- 5. AzCRH Navigator Consortium







#### **AzCRH's Navigators**

COCONINO

MOHAVE

LAPAZ

Yuma

AZ Pop 6.7 million • Est. uninsured 773,000

Phoenix



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http://coveraz.org/connector | Helpline: 1-800-377-3536

crh.arizona.edu/programs/navigator



THE UNIVERSITY OF ARIZONA MEL & ENID ZUCKERMAN COLLEGE OF PUBLIC HEALTH

Sierra Vista

Douglas

Center for Rural Health



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Bryna Koch, MPH



## Free, Unbiased Assistance

#### **Certified Assisters:**

- Navigators & Certified Application Counselors (CACs)
- Provide assistance in a fair, accurate, culturally and linguistically appropriate, and impartial manner

#### **Benefit Coordinators**

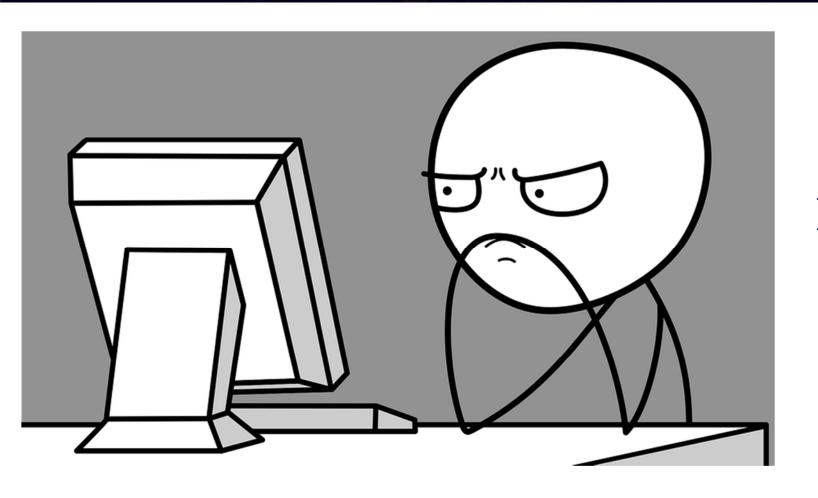
- Train as CACs
- Identify, educate and assist tribal patients eligible for health care coverage and alternate resources







## **Current Status**



Trying to Keep track of Repeal & Replace Efforts, rule changes

**Comparison Tool** 



## Current Status

ACA is still federal law

### **BUT**

- Rules changes
- Executive order could mean future changes
- Will discuss in part 3



## **ACA Aims**

1. Expand insurance coverage through employer-based and marketplace health plans, and expanding Medicaid



- 2. Increase affordability and quality
- 3. Improve value by addressing quality, spending and accountability



## ACA Key Components

- 1. Individual Mandate individuals must have health care insurance coverage or pay a penalty
- 2. Marketplace individuals, families & small business can purchase coverage\*
- 3. Medicaid Expansion covers adults up to 133% (138%) of Federal Poverty Level (FPL)
- 4. KidsCare (Arizona's CHIP) Reauthorization!!

<sup>\*</sup>Income based financial assistance via Advanced Premium Tax Credits and Cost Sharing Reductions

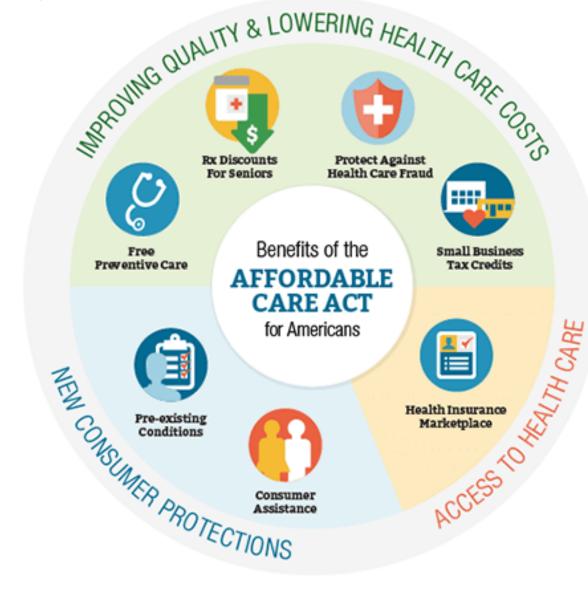


## ACA-10 Titles

- I. Quality, Affordable Health Care for All Americans
- II. The Role of Public Programs
- III. Improving the Quality and Efficiency of Health Care
- IV. Prevention of Chronic Disease and Improving Public Health
- V. Health Care Workforce
- VI. Transparency and Program Integrity
- VII.Improving Access to Medical Therapies
- VIII.Community Living Assistance Services and Supports
- IX. Revenue Provisions
- X. Reauthorization of the Indian Health Care Improvement Act







#### **Benefits for Women**

Providing Insurance Options, covering preventive services and lowering costs

#### **Young Adult Coverage**

Coverage available up to age 26

#### **Strengthening Medicare**

Yearly Wellness visit and many free preventive services for some seniors with Medicare

## **Holding Insurance Companies Accountable**

Providing Insurance Options, covering preventive services and lowering costs



## 10 Essential Health Benefits



**Maternity Care** 



Hospitalization



Rehabilitative & Habilitative Services



Laboratory Services



**Pediatric Services** 



Prescription Drugs



Mental & Behavioral Health Treatment



Ambulatory Patient Services



Preventive & Wellness Services

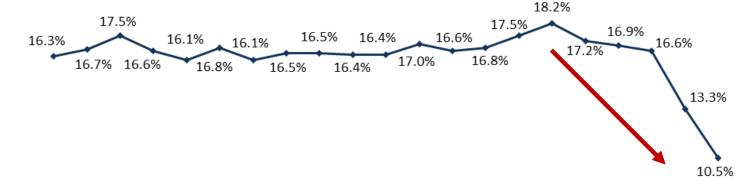


Emergency Services



## **National Outcomes**

Uninsured Rate Among the Nonelderly Population, 1995-2015



The percent of uninsured has has significantly decreased from an all-time high of ~18%

1995 1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011 2012 2013 2014 2015



## National Outcomes

#### U.S. Affordable Care Act Profile<sup>1-4</sup>

The Affordable Care Act **nearly halved** the U.S. uninsured rate.

91 290 of Americans are now insured.

+ **16.6** million on Medicaid CHIP

2015 million gained coverage since 2010.

+ **10.2** million on the Marketplace

Decreased uninsured from 48 million (16%) in 2013 to 28 million (8.8%) in 2017.

+ 2.3 million <26 on parents' plan

https://www.cdc.gov/nchs/data/nhis/earlyrelease/insur201708.pdf

<sup>2.</sup> Medicaid + CHIP Report thru June 2017: https://www.medicaid.gov/medicaid/program-information/medicaid-and-chip-enrollment-data/report-highlights/index.html

<sup>3.</sup> Effectuated Marketplace Enrollment (enrolled + paid premium): https://downloads.cms.gov/files/effectuated-enrollment-snapshot-report-06-12-17.pdf



## Arizona Outcomes

#### **Arizona ACA Profile**



Arizona Uninsured Rate: **19.1%** 

Avg. 2007-10

**1.2 million** uninsured Arizonans

10%

Now

**700,000** uninsured Arizonans

#### AHCCCS (AZ Medicaid)<sup>5</sup>

<138% FPL (\$33,948 for family of 4)

2012 (pre-ACA) to Sept. 2017 Net Gain:

+600,000

#### **AZ Marketplace**

133-400% FPL (\$33,948 - \$98,400 family of 4)

Effectuated Enrollment
June 2017

+140,000

AZ < 26 Parents' Plan

+70,000

#### Arizona ACA Total: +810,000

#### Arizona's Federally-Facilitated Health Insurance Marketplace: <sup>6</sup>

- Of the 196,291 that selected a marketplace plan through Jan.
   2017, 34% were new consumers, and 66% were return consumers.
- 71% selected a Silver plan.
- 80% of enrollees received financial assistance, their share of the premium was reduced from \$699 to \$104 per month.

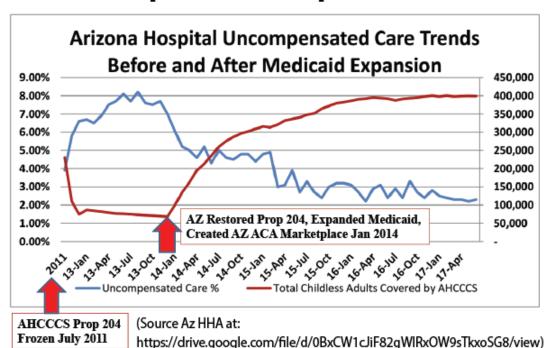
6. https://www.cms.gov/Research-Statistics-Dataand-Systems/Statistics-Trends-and-Reports/ Marketplace-Products/Plan\_Selection\_ZIP.html



## Arizona Outcomes

#### **Health Sector Economic & Job Impact**

#### **AZ Hospital Uncompensated Care**



#### **AZ Hospitals 2013-2017**

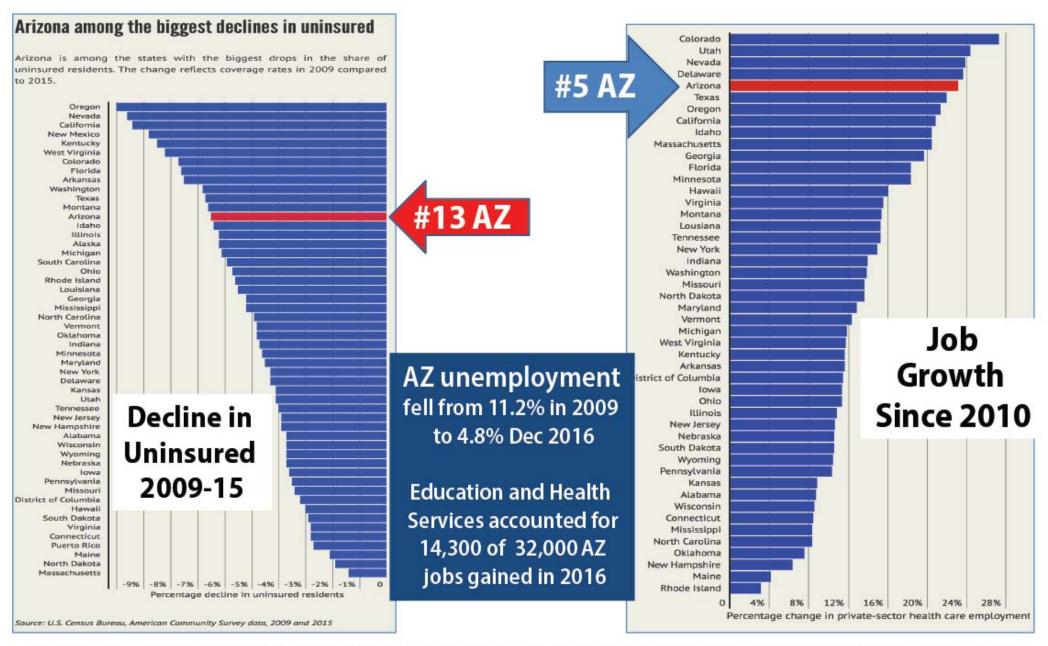
Uncompensated <i>Year</i> Care %		Average Operating Margin %	
2013	7.7%	2013	-0.1%
2014	<b>5.1%</b>	2014	1.8%
2015	3.3%	2015	1.6%
2016	2.8%	2016	3.7%
2017	2.5%	2017	3.9%

1/2014 restoration of Prop 204 + hospital assessment 1/2014 ACA Marketplace + Medicaid expansion



#### **Uninsured Decline**

#### **Job Growth**



http://www.azcentral.com/story/money/business/health/2017/01/27/ducey-cites-obamacare-harm-arizona-seeking-repeal-laws-positives-complicate-issue/96998808/

## Access & Eligibility 2017

AHCCCs, KidsCare, Marketplace



# Coverage Options: Family of Four in 2017



**AHCCCS** <138%\* FPL <\$33,948

**KidsCare** 

138\*-200% FPL

\$33,948-\$49,200

Marketplace (Financial Assist.)

To 400% FPL

\$98,400

\*There is a 5% income disregard, which is considered here (133% vs. 138% FPL) and may change eligibility for consumers. Visit healthearizonaplus.gov or https://www.azahcccs.gov/Members/Downloads/EligibilityRequirements.pdf for more information. https://aspe.hhs.gov/poverty-guidelines

## AHCCES



Arilona Realth
Care Cost
Containment
Containment

For low income individuals & families

Health-e-Arizona PLUS Returning User Log

English | Spanish | Other Language



#### INDIVIDUAL AND FAMILY

Connecting individuals and families to coverage, benefits and services.

Get Started 🕒



IVIDUAL AND FAMILY STATE

Connecting individuals and families to coverage, benefits and services. AHCCCS and DES Staff Helping Arizonans Get Coverage, Benefits and Services.



COMMUNITY ASSISTO

Helping to Connect Arizonan's to Coverage, Benefits and Services.

GET STARTED



www.healthearizonaplus.gov **Year-round Enrollment** 

of pocker court



## AHCCCS Eligibility 2017

- U.S. Citizens or
- Legal Permanent Resident
   5 yr. residency
   Green Card Holder
- Arizona Resident
- Other qualified immigrant Refugees
- Cannot be incarcerated
- Must meet income limits





https://www.azahcccs.gov/Members/Downloads/EligibilityRequirements.pdf





## KidsCare in Arizona = CHIP



- Children's Health Insurance Program
- Low-cost health insurance for children not eligible for AHCCCS
- For low income children 18 & under <200% FPL (household income)
- Monthly Premium (despite # of kids) \$10-\$70 (income-based)
- Congress must reauthorize CHIP in 2017
- www.healthearizonaplus.gov

#### **Year-round Enrollment**





## KidsCare Eligibility 2017

- Is an Arizona resident
- Is not currently covered
- Has a Social Security # or applies for one





- Is a United States citizen or a qualified immigrant
- Does not qualify for coverage through a state agency employee
- Is not eligible to receive AHCCCS (Medicaid) coverage
- Is a member of a household that is willing to pay a premium



## KidsCare

- Has not been reauthorized at the federal level
- Reauthorization was due Sept 30
- KidsCare in AZ currently covers 22,389 children
- Az Leg requires AHCCCS to halt new enrollment if federal funding is eliminated
- State has sufficient funding through the end of the year





## The Marketplace

Federally
Facilitated
Marketplace HealthCare.gov

One stop shop for private health insurance

**Small Businesses** 

Log in

Assistance is Available

Need health insurance? See if you qualify in or change plans if you have certain life changes, or qualify for Medicaid or CHIP SEE IF YOU CAN GET 2016 COVERAGE

**Individuals & Families** 

Change or Update Your Plan

Want a quick overview first?

**Get Coverage** 

Marketplace Enrollment: Nov. 1, 2017 to Dec. 15, 2017



www.healthcare.gov



## Marketplace Participation

- Similar insurer participation as last year
  - 1. Healthnet in Pima and Maricopa
  - 2. BCBS in all other counties
- No BCBS catastrophic plan offered in Pima, County
- Both HMO









## Open Enrollment Comparison

## **AZ Marketplace 2014-15 (OE-2)**











An Independent Licensee of the Blue Cross and Blue Shield Association











## **AZ Marketplace** 11/1/17-12/15/18 (**OE-5**)

## Maricopa & Pima County





#### 13 Other AZ Counties





BlueCross BlueShield of Arizona



## Marketplace Eligibility



Must live in the U.S.



Must be a U.S. citizen/national or a Lawfully Permanent Resident (Green Card)

- Qualified non citizen immigration status
- Valid non immigrant visas (H1, H-2A, H2-B), Student Visas
- Humanitarian statuses (refugee, asylee, victim of trafficking/crime)



Cannot be currently incarcerated



Marketplace Enrollment: Nov. 1, 2017 to Dec. 15, 2017

## How the Marketplace Assists Native American Populations





Az CRH Navigator















- Members of federally recognized tribes with income 100-300% FPL may have zero out of pocket costs (copays, deductibles, coinsurance)
- Members can enroll in the Marketplace at any time.
- Enrollment in the Marketplace and Medicaid strengthens IHS programs & services in Tribal communities

W

www.Tribalhealthcare.org



## Financial Assistance

## Based on household size & income

1. Advanced Premium Tax Credits-lowers monthly premium

2. Cost Sharing Reduction-Lowers out of pocket costs (deductible, co-pay, coinsurance)



The Marketplace				
Household	<b>Household Income*</b>			
Size	(250% FPL, 2017)			
	Monthly	Annual		
	Income	Income		
1	\$2,513	\$30,150		
2	\$3,383	\$40,600		
3	\$4,254	\$51,050		
4	\$5,125	\$61,500		
5	\$5,996	\$71,950		

\*All numbers are approximate. Consumers should apply to healthcare.gov to confirm eligibility and financial assistance, or schedule an appointment with a FREE Certified Assister at http://coveraz.org/connector/. Estimates based on the *U.S. Federal Poverty Guidelines Used To Determine Financial Eligibility For Certain Federal Programs* located here: https://aspe.hhs.gov/poverty-guidelines, January 26, 2017. **FPL**-Federal Poverty Level



## Recap: Family of Four AHCCCS, KidsCare, & The Marketplace

Healthearizonaplus.gov

**AHCCCS** <138%\* FPL

<\$33,948

#### **KidsCare**

138\*-200% FPL

\$33,948-\$49,200

#### Marketplace

(Financial Assist.)

To 400% FPL

\$98,400

Healthcare.gov

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#### Resources for the Uninsured



Dental Schools: www.atsudental.com

Hope Fest Events (annual, dates TBD)



Prescription Discount: Copper Card www.azgovernor.gov/governor/copper-card



Community Health Centers, Free Community Clinics, Mobile Health Programs, Hope Fest, CAP-Community Action Programs, Health Depts.



Behavioral Health:

https://www.samhsa.gov/find-help



Arizona 2-1-1 <a href="http://www.211arizona.org/">http://www.211arizona.org/</a>

Phone: Dial 2-1-1

#### Key Takeaways

- Health Insurance protects from unexpected, high medical costs.
- No one plans to get sick or hurt.
- Coverage offers **FREE** preventive services.
- Special Enrollment Periods exist for life changes.
- Everyone must be insured or pay a tax penalty.
- Some individuals may be exempt from the tax penalty.
- There is financial assistance available (income-based).
- AHCCCS/KidsCare Enrollment year-round
- Many people are eligible for either Medicaid or Marketplace!

Marketplace Enrollment: Nov. 1, 2017 to Dec. 15, 2017



#### Key changes to the ACA

Possible impact on enrollment & the market





#### Marketplace Changes

- No changes via repeal/replace legislation, all through EO
   & administrative rule processes
- Increased restrictions on Special Enrollment Periods (SEPs)
  - Must enroll in a plan within 60 days of a qualifying event
  - Have 30 days to **PROVE** the SEP (documentation can be difficult for some populations and communities)
- Requirement that consumers pay past-due amounts before enrolling in a plan for 2018
  - If a consumer dropped a plan, must pay back any unpaid premiums
  - Insurers can choose not to enforce





#### Marketplace Changes

- <u>Premium</u> changes
  - BCBS -3.1% to 9.8%
  - Healthnet -9.0% to 3.6%
  - Rates for children increasing on top of the plan increase
    - Children under 14 20% increase
    - Children 15-20 30-50% increase
- Families under 250% and between 250-400% of FPL should be mostly shielded from increases based on financial assistance formula

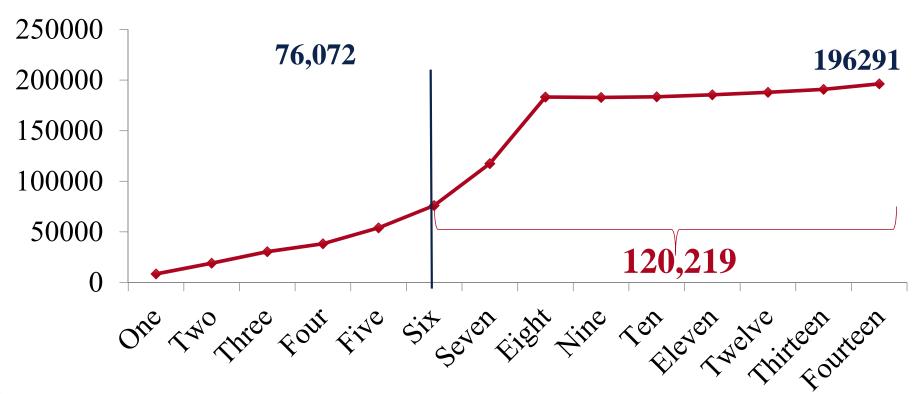
Shortened Open Enrollment from 12 weeks to six weeks



#### THE UNIVERSITY OF ARIZONA MEL & ENID ZUCKERMAN COLLEGE OF PUBLIC HEALTH Center for Rural Health

# Marketplace Changes & Enrollment

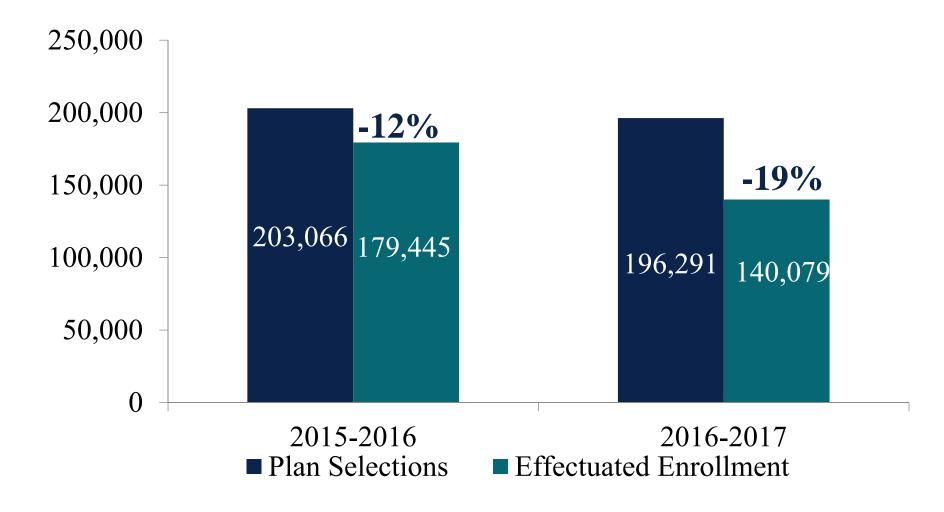
Last open enrollment shows the greatest increase in enrollment AFTER week 6.





# Marketplace Changes & Enrollment









### **Enrollment Impact**

- Report from DHHS
- Likely that cost and insurer changes contributed to consumers ending coverage after first month premium
  - Consumers with higher premiums were more likely to terminate or cancel coverage
  - Consumers listed affordability as one of the common reasons for not paying for the first month's coverage
  - Consumers without financial assistance were more likely to terminate or cancel coverage



#### Executive Order 10/12

- Main components general and operational
- General
  - Calls on agencies to work to expand competition and choice and reduce reporting requirements and report every 180 days on steps taken in this area
- Operational
  - Depts of Treasury, Labor and HHS to change regulation to permit 1) more employers to join association health plans 2) expand the maximum length of short-term limited duration coverage & permit renewal by consumer, and 3) expand use of Health Reimbursement Arrangements by expanding employers ability to offer HRAs and use in conjunction with nongroup coverage



- Association Health Plans
- Use of AHPs could undermine marketplace by cherry-picking healthy individuals and causing adverse selection
- AHP coverage opposed by <u>National Association of Insurance</u> <u>Commissioners</u> and critiqued by the <u>American Association of Actuaries</u> "tendency to segment individual market, undermine consumer protections and lead to fraud and insolvency"



- Short Term Coverage used to provide coverage in a coverage gaps (e.g., between jobs or school and job)
- Generally skimpy on coverage and cheap for consumer, but very profitable for insurers
- Allows what was limited to 3 months (in 2016) to extend to one-year
- ACA allowed continued use of short term coverage, but if an individual only had short term coverage during the year, they did not meet definition of MEC and would have to pay the share responsibility payment





- Allows cherry picking of health consumers and could cause adverse selection driving up premiums in marketplace plans
- Short-term plans don't have to abide by same consumer protections. Don't have to cover consumers with pre-existing conditions (nearly always exclude) or cover the Essential Health Benefits (EHBs)
- Consumers with short-term coverage (extended) would not be able to use a special enrollment period to apply to marketplace if they decided they wanted better coverage



- Health Reimbursement Arrangements (HRAs)
- HRA allows employers to fund medical care expenses for employees pre-tax, considered part of a group health plan
- ACA said HRAs must comply with ACA requirements (covering preventive services, no annual limits), cannot use to pay for premiums in the individual market. Can only be pre-tax if part of ACA compliant group plan
- Limited exception for small employers CAN use pre-tax funds to help off set premiums on individual market
- Possible to shift unhealthy employees to marketplaces and use the HRA to help pay premiums adverse selection



# Summary

- Undermining consumer protections (junk plans at low cost and high profit), for short term coverage can exclude consumers with pre-existing conditions & not required to cover 10 EHBs
- Allow cherry-picking of healthy consumers, cause adverse selection in marketplaces resulting less healthy risk pool and in higher premiums.
- Could cause insurers to withdrawal from marketplace





# Ending CSR Payment

- Announced as of 10/12/2017
- Cost Sharing Reductions available to consumers between 100-250% FPL (\$61,500 for family of 4) on marketplace silver plans
- Are paid directly to the insurers by federal government
- Currently costs \$7 billion (covers 6 million Americans)
  - For context, the total amount of the Employer Sponsored Insurance tax exclusion was \$260 billion in 2017 (the single largest tax expenditure)
- Some insurers/states prepared for this by raising premiums for 17-18
- Lawsuit from House (House v. Price) still pending



- The impact of ending CSRs has been <u>analyzed</u>
- Insurers can raise premiums, but this is offset by the Advanced Premium Tax Credit (APTC) part of the ACA
- "Indeed, the government will probably pay more in premium tax credits than it saves in cost-sharing reduction payments"
- Mostly will impact consumers over 400% FPL (\$98,400 for family of 4) who are not eligible to receive APTC
- Could cause insurers to leave marketplaces, request a midyear premium increase or exit marketplace
- States might sue





#### How can we work together?

- Join county and statewide enrollment coalitions to coordinate and reduce duplication:
  - Pima County Enrollment Coalition
  - Cover AZ Coalition
- Know your countywide Certified Assisters and Benefit Coordinators
- Coordinate event staffing
- Refer to each other
- Forward resources and trainings







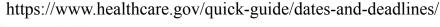
#### Major Dates

Wednesday, November 1, 2017:

Enroll in the Health Insurance Marketplace on <a href="https://www.healthcare.gov/">https://www.healthcare.gov/</a>

• Friday, December 15, 2017:

Last day to enroll in the Marketplace for Coverage

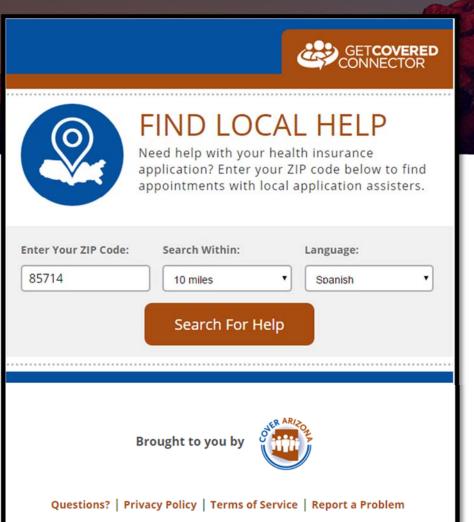




### Key Messages

- Open Enrollment is shorter than last year, make an appointment with a Navigator or Assister ASAP
- ACA is still the law
- Financial assistance is available
- The best thing to do if you have questions is make an appointment with an assister or navigator





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1-800-377-3536 Or Call me at (520)343-9821

#### www.coveraz.org/connector



# Thank you Questions?



### Your opinion is valuable to us Please participate in this brief survey:

https://uarizona.co1.qualtrics.com/jfe/form/SV 51EPXOH0cQoc8At

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