

ARIZONA TELEMEDICINE PROGRAM WEBINAR SERIES: TELE-APPLICATIONS AND SERVICES

The practice and delivery of healthcare is changing with an emphasis on improving quality, safety, efficiency, & access to care. Telemedicine can help you achieve these goals! The Arizona Telemedicine Program and Southwest Telehealth Resource Center invite you to a free one-hour CME webinar on the implementation and practice of telemedicine. CME provided by The University of Arizona College of Medicine - Tucson.

NEW INITIATIVES IN NUTRITION SERVICES VIA TELEHEALTH: MNT & DSMT

TUESDAY, SEPTEMBER 30, 2025

12:00 pm Arizona Time

12:00 PM PDT ~ 1:00 PM MDT ~ 2:00 PM CDT ~ 3:00 PM EDT

Discover what's new in telehealth for nutrition services. This one-hour webinar will share practical strategies, policy updates, and innovative care models to help MNT and DSMT providers expand access, improve engagement, and strengthen programs.

OUTCOME OBJECTIVES

- Identify three evidence-based strategies for delivering Medical Nutrition Therapy (MNT) and Diabetes Self-Management Training (DSMT) via telehealth that improve patient access and engagement.
- Analyze current Medicare, AHCCS, and some commercial payer coverage policies for MNT and DSMT in telehealth settings for applying billing and documentation requirements to ensure compliant reimbursement.
- Evaluate new telehealth initiatives and technology-enabled care models (such as remote monitoring, group DSMT sessions, ICN) and formulate at least one actionable plan in your own practice.

PRESENTER



**Carol Yarbrough, MBA, CCA,
CPC, OCS, CHC**
National Billing Expert

Carol Yarbrough is a specialist in Federal and State regulatory billing & reimbursement guidelines. You know her as our inside scooper on telehealth and other virtual care policies, updates and the next new things.

CONTINUING MEDICAL EDUCATION

Accreditation Statement

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Relevant Financial Relationships Statement(s):

University of Arizona College of Medicine - Tucson Office of Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities (commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

REGISTRATION



www.telemedicine.arizona.edu

<https://telemedicine.arizona.edu/webinar>

For more information, contact Melanie Esher, MAdm, at mesher@telemedicine.arizona.edu

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