







THE UNIVERSITY . OF ARIZONA

the university of arizona Health sciences Innovations in Healthy Aging

Washington, D.C.

Policy: State & Federal Updates ATA & CTeL

Arizona Telemedicine Council Meeting July 20, 2022

Tara Sklar, JD, MPH Professor of Health Law Director, Health Law & Policy Program, Arizona Law Faculty Senior Advisor for Telehealth Law & Policy, Arizona Telemedicine Program, College of Medicine-Tucson Faculty Senior Advisor for Innovations in Healthy Aging, University of Arizona Health Sciences



- No relevant conflicts of interests.
- This is not legal advice.

Telehealth Policy Updates

Overview

American Telemedicine Association (ATA) 2022 Annual Meeting

Center for Telehealth and eHealth Law (CTeL) 2022 Digital Health Summit

> SAVE THE DATE: ATP's 3rd Annual Policy Summit November 15th from 1-3pm (virtual)

Why Telehealth Law & Policy?



Source: https://www.teladochealth.com/resources/white-paper/2020-telehealth-benchmark-survey-results/

Legal and Regulation Challenges

Access

Audio Only In Person Requirements Geographic Restrictions Digital Divide

Costs

Reimbursement Fraud & Abuse Unnecessary Utilization

Quality of Care

Practice of Medicine (State);

Interstate Licensure



PANEL:

An Update on Telehealth in Federal Agencies

OAT Director, Office for the Advancement of Telehealth, Health Resources and Services Administration @HRSAgov

Benjamin Sommers Deputy Assistant Secretary for Health Policy (ASPE), HHS @HHSgov

Matthew Quinn

Science Director Army Telemedicine & Advanced Technology Research Center (TATRC), US Army @TheTATRC

Antonio (Tony) Neri

Director, Preventative Medicine Residency and Fellowship (PMR/F) and Population Health Training in Place Program (PH-TIPP), Division of Scientific Education and Professional Development Center, Center for Disease Control and Prevention @CDCgov

William England

Senior Advisor, OAT Office for the Advancement of Telehealth, Health Resources and Services Administration @HRSAgov



Figure 2. Telehealth Modality (Video vs. Audio) Among Telehealth Users, By Race/Ethnicity



Source: https://aspe.hhs.gov/sites/default/files/documents/4e1853c0b4885112b2994680a58af9ed/telehealth-hps-ib.pdf

Telehealth Increased for All Specialties, But Most for Specialist Behavioral Health Visits

Change in Medicare FFS Part B Visits (In-Person and Telehealth) from 2019 to 2020, by Visit Specialty



G.

Source: ASPE analysis of Medicare FFS 2019- 2020 claims https://aspe.hhs.gov/reports/medicare-beneficiaries-use-telehealth-2020 4

Medicaid Policies Before & During Public Health Emergency

	Number of States Allowing Coverage In 2019	Total Number of States Allowing Coverage As of May 2020	Total Number of States Allowing Coverage As of January 2022
Services Eligible for Deliv	ery Via Telehealth		Contraction of the local distance of the loc
Behavioral Health	47	51	51
Primary Care	36	51	51
Dental	19	39	39
Physical, Occupational, and Speech Therapy	16	49	45
Maternity	15	31	17
Long Term Services and Supports	14	41	36

Medicare Telehealth Visits by Beneficiary Characteristics: More Telehealth by Urban, Asian, Hispanic, & Dually-Enrolled Beneficiaries



Office for the Advancement of Telehealth (OAT)

- Serves across HHS, coordinates federal agencies, and promotes the use of telehealth technologies for healthcare delivery, education, and health information services
- Provides telehealth funding for direct services, research, and technical assistance
- In Fiscal Year 2020, OAT awarded approximately \$8.9 million to 30 organizations across 23 states to support tele-emergency services. Potentially exploring grand funding for telehealth and long-term care for next funding cycle in FY 2025.
- National Telehealth Conference on May 16-17, recordings available: https://nationaltelehealthconference.vfairs.com/



Is This the Healthcare Workplace of the Future?

- The pandemic disrupted whole industries, contributing to people's anxiety about the future. Workers want more digital skills, more inclusivity, and more flexibility
- The workforce successfully transitioned quickly to remote work while keeping productivity high
- Workers want to Upskill & Reskill
- Younger workers are twice as likely as older workers to get opportunities to improve skills. Residents in cities are 1.5 times as likely as people in towns.









• • • • • • • • • •



Looking at the Research: Is Telehealth Substitutive or Additive?

Jason Goldwater, MA, MPA | CTeL Independent Data Scientist | President and Chief Operating Officer | Laurel Health Advisors

Jacob Harper, Esq | CTeL Board Member | Associate | Morgan Lewis & Bockius Thomas Kim, MD, PHD | Chief Behavioral Health Officer | Prism Health North Texas Administration

Tara Sklar, JD, MPH | Professor of Health Law and Director of Health Law & Policy Program | University of Arizona, James E. Rogers College of Law | Senior Faculty Advisor of Telehealth Law and Policy | Arizona Telemedicine Program







Telehealth Data Warehouse: Opportunities for Arizona -> Nov 15th!

Builds on **CTeL's** Telehealth Cost Impact Study and provide analysis of access, utilization, services provided, and cost.

Pending Federal Legislation

<u>HR 7585</u>

- Bill Title: Health Equity and Accountability Act of 2022
- Introduced Date: 04/26/2022
- Last Action: Referred to the Subcommittee on Health



VA Expands Telehealth by Allowing Health Care Providers to Treat Patients Across State Lines





May 11, 2018, 08:59:00 AM

 OFFICE OF THE GOVERNOR

 DOUG DUCEY

 GOVERNOR DUCEY ×

 NEWSROOM ×

 #AZAWESOME ×

Accomplishment, Optimism And Strength: Arizona's 2021 Year In Review

News Release

December 22, 2021 🛛 🖪 🎔 G+ 🛅 🖨

NATIONAL FOREFRONT OF TELEHEALTH: Arizona dramatically

expanded telehealth, providing greater opportunities for accessible medical services. The **broadest telemedicine law in the nation**, House Bill 2454 expanded access to telemedicine for patients, ensured doctors receive equal compensation from insurance companies for telemedicine services, and allowed out-of-state health care professionals to provide telemedicine in Arizona.

CON

HB 2454 – Requirements for AZ Department of Insurance and Financial Institutions

Track and report number and type of telehealth encounters based on claims data, including:

1. Number of <u>audio-only</u> telehealth encounters

2. Number of telehealth encounters with <u>out-of-state providers</u>

Telehealth Advisory Committee:

Required to submit a report with recommendations regarding audio-only telehealth as a substitute for an in-person or audio-visual due Dec 2021.

Monitors out-of-state providers until 2026.

Sunset provision of 2029 removed as of 3/23/22 (SB 1390)

HB 2454 established a pilot program administered by the Arizona Department of Health Services

3. Allows health systems to provide acute care services in the home.

Mayo Clinic's advanced care at home model announced in Sept 2021:

- 18 rapid-response support services
- Clinical command center
- Care response team



Expanded with <u>HB 2374</u>

Three Year Pilot Program for acute care services delivered at home. Any nurse visits under the program may be virtual or in person. Paramedic visits may provide one or both of the twice required on-site visits for patient assessment. citio warver for nospital at nome designed to address covid

19-driven capacity issues

Dec 14, 2020

Jun 14, 2021, 08:30am EDT | 1,405 views

Where Hospital-At-Home Programs Are Heading After Last Year's Boom



Ashish V. Shah Forbes Councils Member Forbes Technology Council COUNCIL POST | Membership (Fee-Based) Innovation

Leading Health Innovators Launch Alliance To Advance Care In The Home

Coalition to focus on site of service flexibility for clinical care in the wake of pandemic

Amazon Care, Intermountain, Ascension launch hospital-at-home healthcare alliance

Jackie Drees - Wednesday, March 3rd, 2021 Print | Email

Global Edition Telehealth

Kaiser, Mayo, Medically Home found coalition to promote advanced hospital-at-home services

Federal regulators should "put guardrails on, but let us continue the good work," says Mayo Clinic's Dr. Michael Maniaci.

Hospital at Home: Users Group 182 hospitals/systems now have a program- up from 5-10 pre-pandemic

SAVE THE DATE 3rd Arizona Telemedicine Policy Summit

November 15, 2022

1-3 pm

Virtual

Thank you for your time

Thoughts? Questions?

trsklar@arizona.edu

https://telemedicine.arizona.edu https://southwesttrc.org









HEALTH SCIENCES Innovations in Healthy Aging