

# Welcome Members and Guests to April 19, 2023 Arizona Telemedicine Council

Today's meeting will start at 11:00am

Handouts and slides will be available at:

<a href="https://telemedicine.arizona.edu/training">https://telemedicine.arizona.edu/training</a>
materials/April-19-2023-council-meeting



# Welcome Arizona Telemedicine Council April 19, 2023

Robert "Bob" Burns

Chair, Arizona Telemedicine Council

Kris Erps Stewart

Interim Director, Arizona Telemedicine Program

#### **Land Acknowledgement**

We respectfully acknowledge the University of Arizona is on the land and territories of Indigenous peoples. Today, Arizona is home to 22 federally recognized tribes, with Tucson being home to the O'odham and the Yaqui. Committed to diversity and inclusion, the University strives to build sustainable relationships with sovereign Native Nations and Indigenous communities through education offerings, partnerships, and community service.





A.T. Still University - School of Osteopathic Medicine **Desert Kidney Associates** In Arizona DIY601 Consulting A.T. Still University, Arizona School of Dentistry & Oral DMG Children's Rehabilitative Services Health FasPsych Adobe Providers Group Florida Department of Corrections GlobalMed ALZpath Arizona State Library, Archives, and Public Record **HCA** Healthcare Health Choice Arizona/Blue Cross Blue Shield Arizona Complete Health Complete Care Plan Arizona Digital Access task Force Healthy Flint Research Coordinating Center, Inc. HHS - Health & Human Services Arizona Telemedicine Program Asante HonorHealth Ascend Healthcare Inc. Hopi Health Care Center AZ Department of Insurance and Financial Institutions Humana Banner Health Independent Contractor Blue Cross Blue Shield Arizona Health Choice Industrial Commission of Arizona Cedars-Sinai Keeling Law Offices, PC Commonwealth ACO Kingman Regional Medical Center LT Telehealth **Community Broadband Advocates** Cook Children's Hospital Maricopa County (AZ) Copa Health Marketplace Phoenix, LLC Mayo Clinic Crisis Preparation and Recovery, Inc.

Mercy Care

MICA

**Mind-Body Connections** 

Molina Healthcare

Northern Arizona Council of Governments

NC Office of Rural Health

State of Arizona

**Summit Healthcare Associates** 

**TeleSpecialists** 

The OCI Group

TLC HealthCare

TMC Healthcare

NMC

Northe

Northla

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Ohio M

Phoenix

Phoenix

As of yesterday afternoon

98 people registered

80 different organization and departments

Pima County Health Department

Regional Center for Border Health, Inc.

Sanford Health

Shriners Hospitals for Children

Sierra Vista Hospital

Southwest Human Development

**Southwest Network** 

Valleywise Health

Via Linda Behavioral Hospital

vizient

WellPsyche Medical Group

World Nehemiah Project

Wyoming House of Representatives

**Zazworsky Consulting** 

enter

Phoenix

#### **Arizona Telemedicine Council Meeting**

April 19, 2023 (11am-1pm) Agenda

#### **Welcome & Introduction**

Bob Burns, Chair Arizona Telemedicine Council Kris Erps Stewart, Interim for Arizona Telemedicine Program

#### **Telehealth Prescribing of Controlled Substances**

Tara Sklar, JD, MPH Associate Director for Telemedicine Law & Policy, ATP Faculty Director, Health Law & Policy Program, Arizona Law

#### **ATSU's Teledentistry Activities**

Scott Howell, MD, Director of Public Health Dentistry A.T. Still University, Arizona School of Dentistry & Oral Health

#### Libraries and Telehealth

Mala Muralidharan E-rate Administrator, Arizona State Library, Archives, and Public Records

#### **Rural Tele-mental Health Update**

Sara Gibson, MD, Psychiatrist, Medical Director Little Colorado Behavioral Health Center Jennifer Pierce, Telemedicine Manager Health Choice

#### **Arizona Telemedicine Program Updates**

Kris Erps Stewart Interim Director, ATP and Program Administrator, SWTRC

#### **Technology Review – What's new ATA Expo Hall**

Janet Major, Associate Director for Innovations And Digital Health -HELD July 2023

Handouts are available at <a href="https://bit.ly/41jLHtH">https://bit.ly/41jLHtH</a>





# Arizona Telemedicine Program Jan-March 2023 Updates

Kris Erps Stewart

Interim Director

Associate Director, Administration





Bart Demaerschalk, MD



Gigi Sorenson, RN MSN



Reimagining Rehabilitation: Your Guide to Creating a Value-based Telerehab Program MONDAY, MARCH 6 | 2:00pm - 2:50pm CT

Melissa Anderson Occupational Therapist Kontinu Telerehab

Tammy Richmond CEO & Co-Founder Go2Care

ATA2023 Annual Conference & Expo March 4-6, 2023 | San Antonio, TX

4 ata2023

Abby Mointurf Co-Founder Band Connect, Inc.

Gigi Sorenson Corporate Director of

Stymer's Children's



# ATA Exhibit Floor GlobalMed Vital CHAT

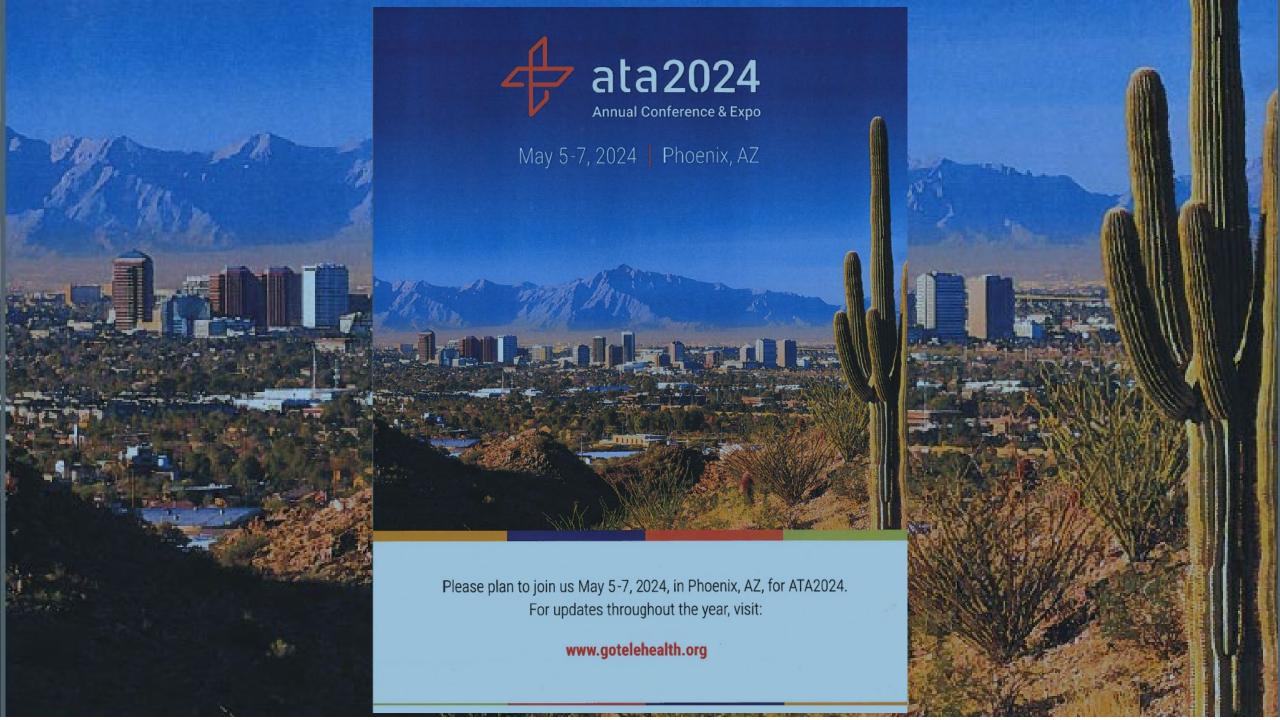
National Consortium of TRCs



Telemedici Hands-On Ca

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# Find Telehealth Project





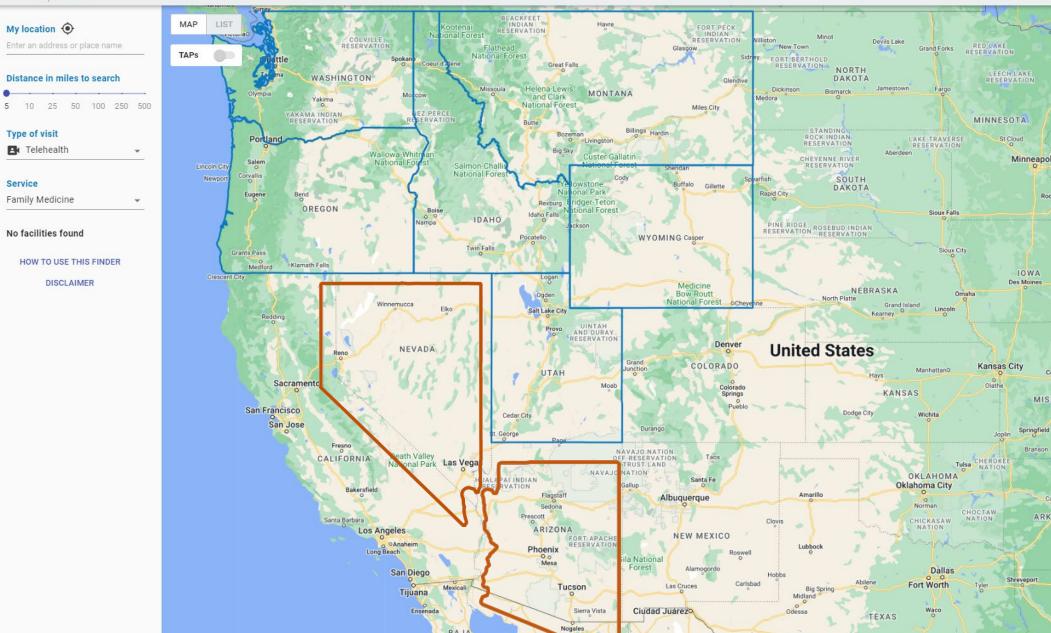


We are excited to share that the Northwest Telehealth Resource Center's (NRTRC) Telehealth Finder [NRTRC Find Telehealth] is **expanding to Arizona and Nevada**. This public resource provides patients with the ability to identify local medical providers offering services through telehealth.

**Status:** WIM Tracking (WIM) is currently collecting telehealth service info from hospitals, rural health clinics, community health centers, independent clinics, and American Indian health service locations in Arizona & Nevada. WIM is the information service provider collaborating with the SWTRC and NRTRC.

Click here to learn how you can participate

#### https://findtelehealth.nrtrc.org/map



# **Updated Billing Guides & Information**

Original: 03/01/2022 Updated: 06/30/2022, 9/30/2022, 12/30/2022, 3/31/2023

Prepared for:
Southwest Telehealth Resource Center

### COVID-19 Virtual Visit & Reimbursement Guide Arizona

Brought to you by:



Partnered with:



	LIST OF M	ICARE TELEHEALTH SERVICES	effective January 1,	2023 - updated Februai	y 13, 2023
		MUCES	Can Audio-only		
	MEDICAID	SERV	Interaction Meet	Medicare Payment	
LED	ncare & medicaid ncare & medicaid 0362T 0373T	Short Descriptor	the Requirements -	Limitations	
Mir	0362T	Bhy id suprt assmt ea 15 min	_		
	0373T	Adapt bhy tx ea 15 min			
	77427	Radiation tx management x5			
	90785	Psytx complex interactive	Yes		
	90791	Psych diagnostic evaluation	Yes		
	90792	Psych diag eval w/med srvcs	Yes		
	90832	Psytx w pt 30 minutes	Yes		
	90833	Psytx w pt w e/m 30 min	Yes		
	90834	Psytx w pt 45 minutes	Yes		
	90836	Psytx w pt w e/m 45 min	Yes		
	90837	Psytx w pt 60 minutes	Yes		
	90838	Psytx w pt w e/m 60 min	Yes		
	90839	Psytx crisis initial 60 min	Yes		
	90840	Psytx crisis ea addl 30 min	Yes		
	90845	Psychoanalysis	Yes		
	90846	Family psytx w/o pt 50 min	Yes		
	90847	Family psytx w/pt 50 min	Yes		
	90853	Group psychotherapy	Yes		
	90875	Psychophysiological therapy		Non-covered service	
	90901	Biofeedback train any meth			
	90951	Esrd serv 4 visits p mo <2yr			
	90952	Esrd serv 2-3 vsts p mo <2yr			
	90953	Esrd serv 1 visit p mo <2yrs			
	90954	Esrd serv 4 vsts p mo 2-11			
	90955	Esrd srv 2-3 vsts p mo 2-11			
	90956	Esrd srv 1 visit p mo 2-11			
	90957	Esrd srv 4 vsts p mo 12-19			
	90958	Esrd srv 2-3 vsts p mo 12-19			
	90959	Esrd serv 1 vst p mo 12-19			
	90960	Esrd srv 4 visits p mo 20+			
	90961	Esrd srv 2-3 vsts p mo 20+			
	90962	Esrd serv 1 visit p mo 20+			
	90963	Esrd home pt serv p mo <2yrs			
	90964	Esrd home pt serv p mo 2-11			
	90965	Esrd home pt serv p mo 12-19			
	90966	Esrd home pt serv p mo 20+			
	90967	Esrd svc pr day pt <2			

## Arizona Health Improvement Plan



Summary Document 2021-2025



# AzHIP – Health Equity Action Plan

ATP funding 7/2022 to 6/2024

Improve Awareness of, and Address, the Impact of Social Isolation and Loneliness on Health

Create increased sense of community, and belonging, throughout Arizona, in more vulnerable populations



Create communities of practice to share information and address disconnects



Design and launch community-based pilots that provide telehealth opportunities for select rural/underserved populations to acquire a sense of community and belonging

# Tactic B Updates



Build and grow healthcare workforce which is representative of the communities served.

Q1: Administrative framework established, staffing plan developed, and planning activities initiated

Q2: Tribal related resources shared through direct meetings and marketing efforts including through newsletter and direct distribution to healthcare organizations, developing pilot project on telehealth accessibility with Arizona state libraries and CHR training



## New CME Telehealth Webinar Series

- January Brick & Morter vs Virtual Click 97 Registered / 52 joined
- February Webinar: Taking Your Telemedicine Program To The Next Level: Exploring Assessment Metrics & Methods 271 Registered / 159 joined
- March RPM, RTM Lessons Learned Thus Far 469 Registered / 276 joined
- April Navigating Telehealth Legislative and Policy Changes beyond the Public Health Emergency 579 Registered / 375 joined
- May TBD working with Regional Center for Border Health



## DEA's Proposed Rules for Telehealth Prescribing of Controlled Substances Post-PHE

Join us: March 23, 2023

9am PDT, 10am MDT, 11am CDT, 12pm EDT

#### Objectives:

- 1. Understand key provisions of the proposed rules and new process if the rules go into effect.
- 2. Increase understanding of the current public comment period and how to participate.
- Learn what to do now in case the proposed rules go into effect post-PHE.

#### Presenters:

Christa Natoli, CTeL Executive Director

Ben Steinhafel, CTeL Director of Policy & External Affairs

Tara Sklar, JD, MPH, ATP Associate Director Telehealth Law & Policy

Facilitator: Elizabeth Krupinski, PhD, SWTRC Director



# DEA's Proposed Rules for Telehealth Prescribing of Controlled Substances Post-PHE







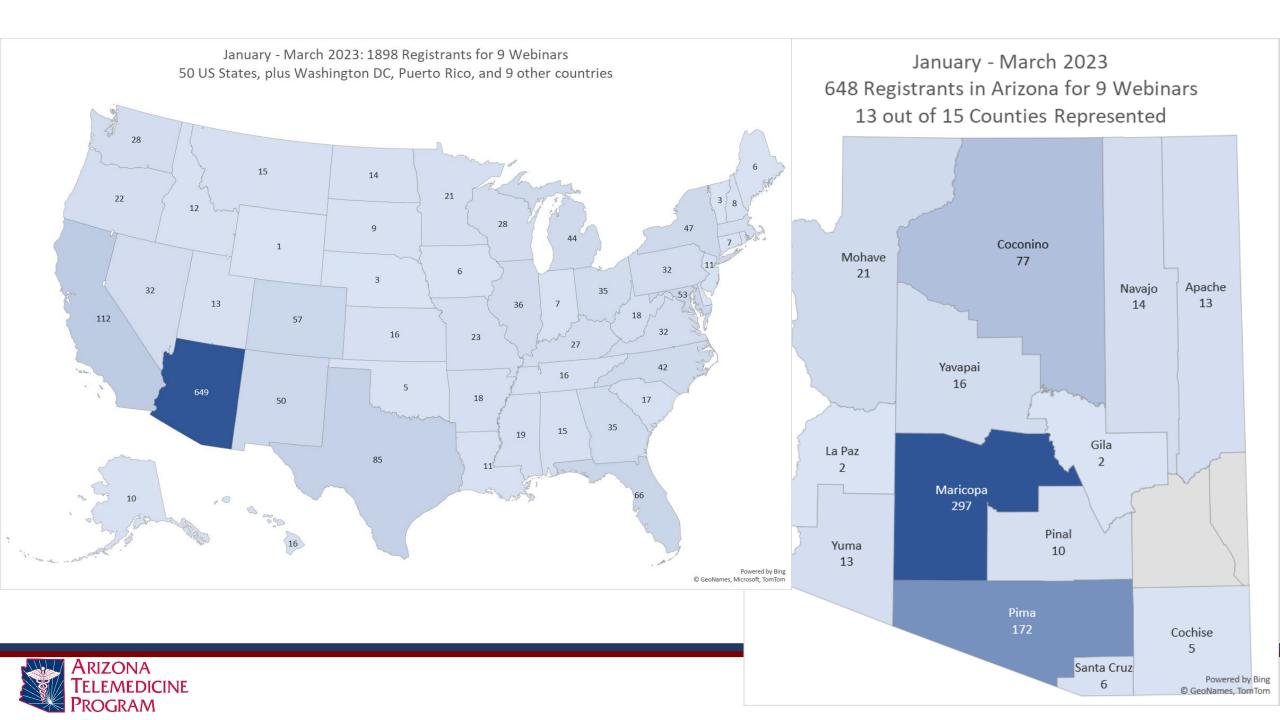


2 weeks573 Registered384 Joined live









# Professional Capstone Project .

By: Sydney Padero





Senior studying healthcare administration Grand Canyon University

Project: Addresses rural healthcare needs by utilizing telemedicine and home care services



# Advocacy with American College of Physicians









# Speaking Opportunities



#### WEBINAR

#### Arizona's Telehealth Policy Landscape and Navigating the End of the **Public Health Emergency**



Wednesday, March 29, 2023 12:00 - 1:00 pm

The Arizona legislature passed sweeping telehealth reforms in 2021 with HB 2454. Since then, Arizona has continued to implement regulatory and legislative reforms that expand access to health care through telehealth via offering a range of pathways to practice for out-of-state providers, support for Hospital-at-Home programs, and other innovative approaches that harness developments in digital health.

Join AzSHA and Professor Tara Sklar on March 29th to learn more about the latest in telehealth legislation and policy changes in Arizona and how they relate to key examples of legislation at the federal level and across the states, especially the southwest region. Data and lessons learned will be shared, including efforts by the states to adopt the Uniform Telehealth Act, the growth of interstate licensure compacts for health providers, and increased scrutiny by the Office of the Inspector General to identity potential telehealth fraud.

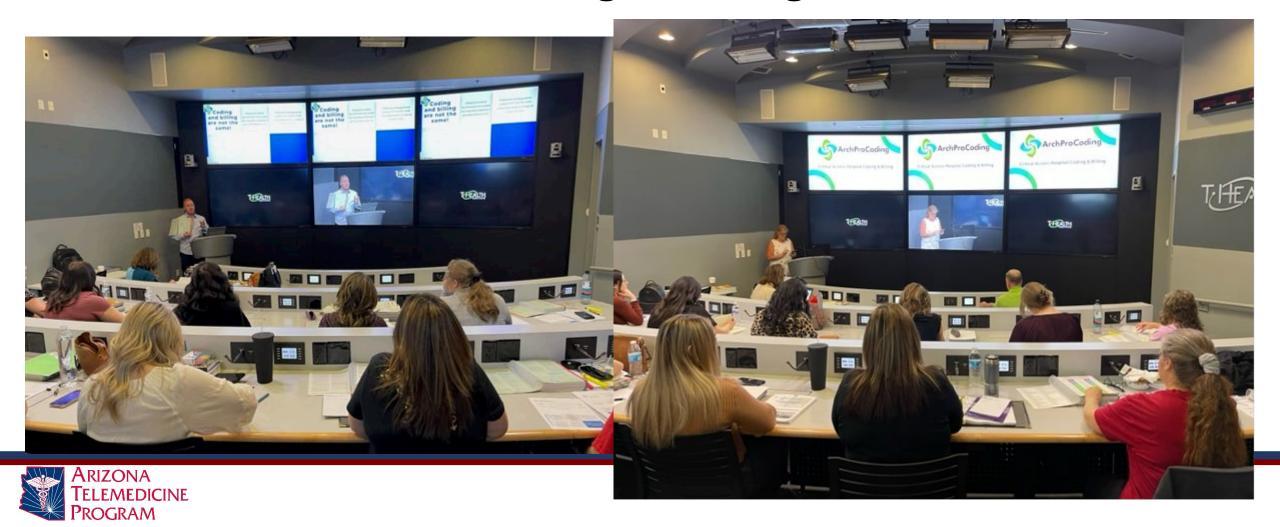


**Professor Tara Sklar** is the Faculty Director of the Health Law & Policy Program at Arizona Law. She also holds appointments as Associate Director with the Arizona Telemedicine Program, College of Medicine-Tucson, and as Senior Advisor with Innovations in Healthy Aging, University of Arizona Health Sciences. Sklar currently serves as a telehealth law and policy expert with the Department of Health and Human Services, Health Resources & Services Administration in the Office for the Advancement of Telehealth and the Southwest Telehealth Resource Center. Her research examines legal, regulatory, and ethical issues that arise in



Arizona Society of Healthcare Attorneys

# Hosted 2-day workshop AzCRH Critical Access Hospital & Rural Health Clinic Coding & Billing



# ATP Blogs – 5853 Subscribers –29.13% Open

Mariposa Chief Medical Officer Recalls Early History with Arizona Telemedicine Program that Prepared Him for 2020's Global Pandemic

By Mari Herreras on January 26, 2023



As Dr. Eladio Pereira recalls the challenges he and other medical professio experienced during Covid, an easy broad smile spreads across his face thi about his friend the late Dr. Ron Weinstein and the crew at the Arizona Tel Program.

#### Benson Hospital Leverages Telehealth to Bring More Services to Rural Communities in Cochise County

By Mari Herreras on February 23, 2023



To almost anyone passing by the latest star at <u>Benson Hospital</u>, the room looks like a typical workout spot with a treadmill, an exercise bike, and a set of free weights, but to 12 patients living near this rural community hospital, it represents saving time and critical steps needed to making their cardiac health a priority.

# Spotlight: Alison Hughes on rural health, and the beginning of telemedicine in Arizona

By Mari Herreras on March 23, 2023



Looking back at Alison Hughes' career, it's hard not to be in awe over the roads she's traveled with civil rights and social justice leading almost every turn that eventually led her to Tucson in 1970.

"It's a life," Hughes said, shrugging off the compliment with a smile in her light Scottish accent.



# SWTRC Blogs – 4890 Subscribers – 25.77% Open

#### **Q&A** update with New Mexico Telehealth Alliance

By Mari Herreras on Mar 16, 2023



The Southwest Telehealth Resource Center recently connected with Stetson Berg, chair of the New Mexico Telehealth Alliance, to ask about his organization's priorities for 2023, and the future of telemedicine in New Mexico. Berg became active with the New Mexico Telehealth Alliance in 2019 when he became administrator of telemedicine for the University of New Mexico. In spring 2022, he became chair. The organization's mission the past 20 years has focused on policy, creating and moving bills through the state legislature that helped ensure that telemedicine could be delivered in New Mexico from patient visit to remote monitoring. "Even phone calls are considered included under our bill that was passed back in 2019, even before the pandemic, and the first

#### Arizona Telemedicine Program's Janet Major selected as American Telemedicine Association Fellow

By Mari Herreras on Mar 30, 2023



Telemedicine: The New Frontier for Increasing Access to Breastfeeding Support

By Katie Cohen on Feb 16, 2023



or for Innovation and Digital Health at the Arizona Telemedicine Program, based at lege of Medicine – Tucson, was recently honored as an American Telemedicine American Telemedicine Association annual meeting in San Antonio, Texas on



The remarkable lifelong health benefits of breastfeeding for both a breastfeeding parent and their child are well-known, and include a reduced risk of obesity, diabetes, breast cancer, early childhood illnesses and autoimmune diseases, to name just a few. Most new parents intend to breastfeed their child, and 83.2% of newborns in the US start out receiving some breastmilk initially, but according to the CDC's 2022 Breastfeeding Report Card, only 24.9% of infants in the United States are exclusively breastfed at 6 months of age as recommended by the American Academy of Pediatrics.

# ATP Training – Developing a Telemedicine Program

May  $1^{st}$  9:00am – 2:00pm

This course gives a broad overview of a variety of telemedicine topics, including:

- Clinical services
- Telecommunications and infrastructure development/operations
- Evaluation
- Business aspects
- Equipment demonstration virtual tour
- 4.25 AMA PRA CME

**Register Now!** 

https://telemedicine.arizona.edu/training.cfm

# Next Quarterly – June 5<sup>th</sup>



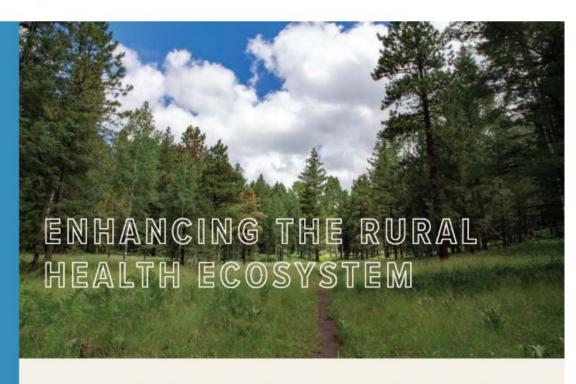
Where: High Country Conference Center Hybrid meeting



#### 49th Annual Arizona Rural Health Conference

Registration now open!

Annual Arizona Rural Health Conference 2023 49th



High Country Conference Center, Flagstaff, AZ

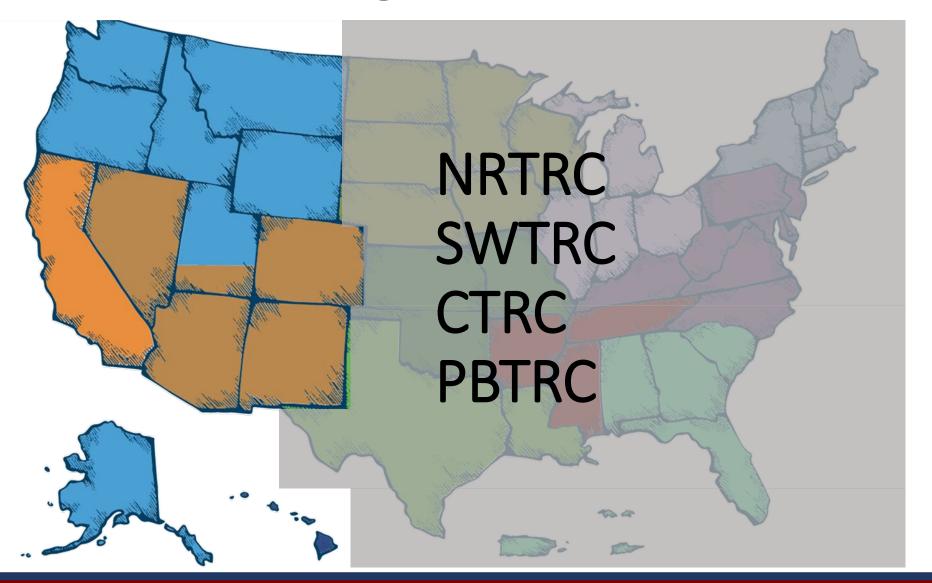




When

Where

# Fall 2025 - Regional Telehealth Conference













## Stay Connected





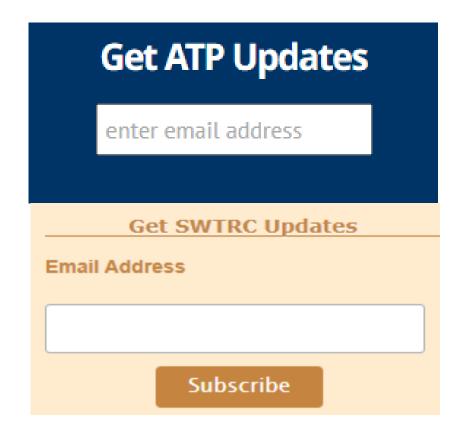
Arizona Telemedicine Program



ArizonaTelemedicineProgram



Southwest Telehealth Resource Center - YouTube



Sign up directly on from our home page or put your name and email address in the chat and we'll sign you up!





# Thank you! Questions

kerps@telemedicine.arizona.edu



https://telemedicine.arizona.edu/contact

https://southwesttrc.org/contact