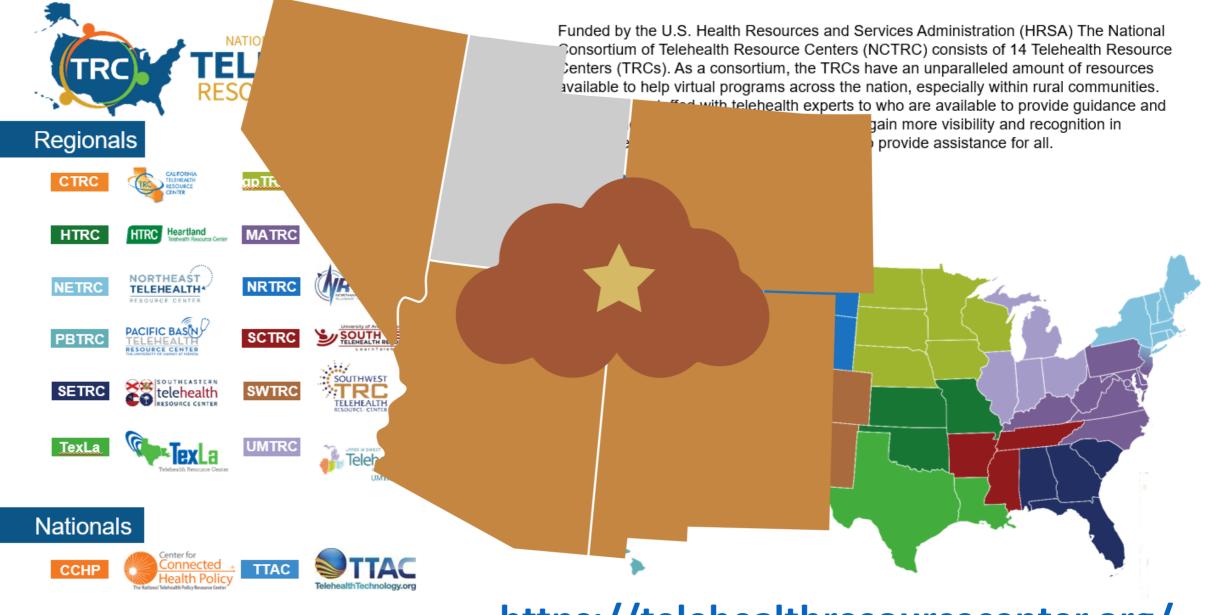
# Overview of SWTRC & Key Telehealth Policy Issues Emerging from Pandemic

Elizabeth A Krupinski, PhD FATA, FSIIM, FSIPE, FAIMBE Department of Radiology & Imaging Sciences Emory University Director Southwest Telehealth Resource Center





- Continuously funded since 2009
- Subsidiary of ATP
- Originally grant now cooperative agreement sustainability emphasis
- Periodic supplements with most recent for COVID response
- September 2021 most recent 3-year funding period
- 2024 added so next renewal for 2025 (likely 5 years)
- <u>https://southwesttrc.org/</u>



https://telehealthresourcecenter.org/

#### SWTRC Team



Elizabeth A. Krupinski, PhD Director, SWTRC Associate Director, Evaluations CV, PDF Format Area(s) of Expertise: Evaluation & Assessment General Telemedicine ekrupin@emory.edu



Mari Herreras Communications Manager Area(s) of Expertise: **Communications Manager** mherreras@telemedicine.arizo na.edu



Melanie Esher, MAdm Distance Education & Event Area(s) of Expertise: Training & Education mesher@telemedicine.arizo

Coordinator

na.edu

Associate Director.

T-Health Institute

izona.edu

mholcomb@telemedicine.a



Carrie Foote Associate Director, Administration Area(s) of Expertise: Building Relationships Healthcare Operations Regulatory Compliance carriefoote@telemedicine.ar

izona.edu



Michael Holcomb Robert Kerr Budget Analyst, Principal Information Technology Area(s) of Expertise: Area(s) of Expertise: Business Engineering & Networks rkerr@telemedicine.arizona. Information Technology edu

Nancy C.O. Hart Service Provider Directory Coordinator Area(s) of Expertise: Service Provider Directory nco@telemedicine.arizona.edu



Janet Major Associate Director for Area(s) of Expertise: Broadband Correctional Distance Education Equipment Facility Design Grants Telehealth Alliances



Innovation and Digital Health jmajor@telemedicine.arizona. edu



Chris Martin Assistant Director, T-Health Institute Area(s) of Expertise: T-Health Institute cmartin@telemedicine.arizona .edu



Karen Rogge-Miller Manager, Application Development Area(s) of Expertise: Web Development Database Management karenmiller@email.arizona. edu





Tara Sklar, JD, MPH Policy, ATP Senior Advisor, Health Law Area(s) of Expertise: State Policy Federal Policy Telehealth Law Aging Law & Policy trsklar@arizona.edu

Pete S. Yonsetto Video Conferencing Administrator Area(s) of Expertise: Engineering & Networks pyonsetto@telemedicine.arizo na.edu

# Blogs <u>https://southwesttrc.org/index.php/blog</u>



New Mexico telehealth partnership allows newborns in critical care to stay close to home By Mari Herreras on Jun 15, 2023



Supporters of new Arizona telemedicine law say pets will receive greater access to care

By Mari Herreras on May 25, 2023

## Webinars

- <u>https://telemedicine.arizona.edu/webinar</u>
  - Several partners (e.g., HRSA, NRHA, NCTRC)
  - <u>https://telemedicine.arizona.edu/webinars/previous</u>



#### July, 2023: Update on NTIA and USDA Broadband Infrastructure Funding



This Rural Development investment will be used to deploy a fiber-to-the premises network to provide high-speed internet. This network will benefit 1,946 people, 41 businesses, three farms and four educational facilities in La Paz County in Arizona. Colorado River Indian Tribes will make high-speed internet affordable by participating in the FCCs-ACP. This project will serve the Colorado River Indian Reservation and socially vulnerable communities in La Paz County.

See the SWTRC blog for original, timely, and interesting content about telemedicine and telehealth

Visit SouthwestTRC.org for telehealth toolkits, resources and to contact us!

Original: 03/01/2022 Updated: 06/30/2022, 09/30/2022, 12/30/2022, 3/31/2023, 6/30/2023

Prepared for: Southwest Telehealth Resource Center

### Virtual Visit & Reimbursement Guide Colorado



Brought to you by:

#### Partnered with:





#### Virtual Visit Types

- Telehealth
- Evisit
- Virtual Check Ins
- Telephone

#### Payor Matrix

#### Payor Guidelines

- <u>Aetna</u>
- Anthem\_BCBS
- <u>Cigna</u>
- Medica
- Medicare
- Colorado Medicaid
- United Healthcare
- **Cost Sharing Waivers**

Telehealth\_Guidelines\_By\_Facility\_Type

Rural Health Clinics/FQHC

**HIPAA Compliant Software** 

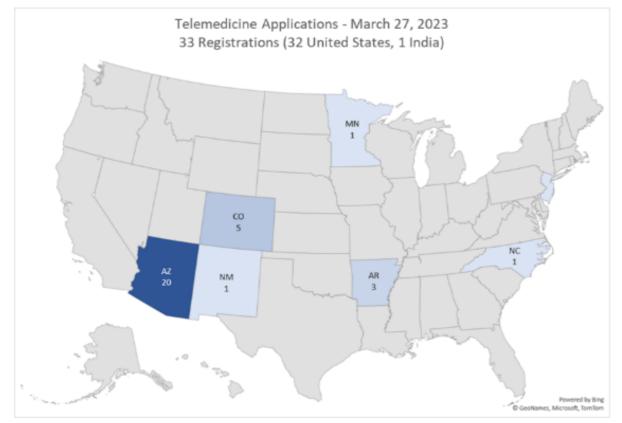
**References and Resources** 



Disclaimer: Although the data found here has been produced and processed from payor sources believed to be reliable, no warranty expressed or implied is made regarding accuracy, adequacy, completeness, legality, reliability, or usefulness of any information.

## Training

- Telemedicine Applications & Developing a TM Program
  - CME available
  - Tucson & Phoenix sites ~20 attendees/event



## **Website Highlights**

#### **Digital Health Navigators**

Digital Health Navigators are individuals who address the whole digital inclusion process — connectivity, devices, and digital skills — to support community members and provide access to healthcare. The digital health navigator model draws from volunteers, librarians, social services or healthcare staff who offer remote and in-person guidance.

Telehealth Navigator Program Ups Video Visit Adherence in Primary Care

Link Health: Leveraging the health sector to connect patients to the Affordable Connectivity Program

Telehealth Readiness: Developing Northstar's Digital Literacy Assessment

Patient Engagement HIT: Is the Digital Divide the Newest Social Determinant of Health?

The US Department of Education funded RTI International to develop Building the Technology Ecosystem for Correctional Education: Brief and Discussion Guide

#### Digital Privacy / Security Resources

Tips to protect electronic health data

Your Health Data and HIPAA

Health Data Confidentiality Requires Health Information Literacy

Quality Improvement and Quality Assurance

Continuous Quality Improvement Worksheet

PDSA Worksheet

Telehealth Measures Starter Set

### Comagine (Trudy Bearden, PA-C, MPAS)

Events Training Contact Us Resources Accessibility **Billing Guides Business & Finance** COVID-19 Digital Health Navigators Fact Sheets For Healthcare Providers Form Templates Funding Opportunities General Library Telehealth Resources National Telehealth Access Points (TAP) Map Newsletters PodCasts Policy & Sustainability Quality Improvement and Quality Assurance Standards & Guidelines State Specific Telemedicine & Telehealth Service Provider

Telemedicine Information

Tools & Tips

Directory



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#### Colorado

CTN's mission is to maximize access to health care services, especially in underserved regions of the state, through information and communications technology. CTN is the state consortium leader in administering federal dollars to aid eligible health care entities, especially in underserved regions of the state, gain access to broadband connectivity to provide health care services in their communities. CTN leverages an annual \$581 million federal fund to administer these subsidies. The Colorado Department of Health Care Policy & Financing summarizes their research from June 2020 through December 2020 in the March 2021 report:



Health First Colorado Telemedicine Evaluation

😕 SWTRC and Telehealth in Colorado Office of eHealth Innovation Nov 2021 IT Roadmap

#### State broadband website:

#### Colorado Broadband Office

State broadband contacts: Tony Neal-Graves Executive Director Colorado Broadband Office anthony.neal-graves@state.co.us (303) 764-7830 Teresa Ferguson Director, Federal Broadband Engagement Colorado Broadband Office Teresa.ferguson@state.co.us (303) 764-7954

#### **Colorado Department of Public Health & Environment**

#### https://www.colorado.gov/cdphe

County: Denver 4300 Cherry Creek Drive South Denver, CO 80246 303-692-2000 Karin McGowan, Interim Executive Director Twitter: @CDPHE

#### Colorado Public Health Association

https://www.coloradopublichealth.org/ County: Arapahoe 2851 S Parker Road, Suite 1210 Aurora, CO 80014 303-339-0391 Jason Vitello, Health Equity Director jasonvitello@gmail.com Twitter: @COPublicHealth

#### Colorado Rural Health Center (CRHC)

(State Rural Health Association) https://coruralhealth.org/ County: Arapahoe 3033 S Parker Rd #606 Aurora, CO 80014 303-832-7493 or 800-851-6782 303-832-7496-fax Jenn Dunn, Director of Programs info@coruralhealth.org Twitter: @coruralhealth

#### Colorado Medical Society (CMS)

(State Medical Association)

http://www.cms.org/ County: Denver 7351 E. Lowry Boulevard, Suite 110 Denver, CO 80230-6083 720-859-1001 or 800-654-5653 720-859-7509-fax Alfred Gilchrist, Chief Executive Officer 720-858-6324 Alfred\_Gilchrist@cms.org Twitter: @CoMedSoc

#### Colorado Nurse Associations (CNA)

(State Nursing Association) https://www.coloradonurses.org/ County: Arapahoe 2851 S. Parker Road, Suite 1210 Aurora, CO 80014 720-457-1194 https://www.coloradonurses.org/board-of-directors

info@coloradonurses.org Twitter: @ColoradoNurses

#### Colorado Hospital Association (CHA)

(Other State Healthcare Association) https://cha.com/about-us/

County: Arapahoe

7335 East Orchard Road Greenwood Village, Colorado 80111-2512 720-489-1630 Twitter: @COHospitalAssn

Colorado Health Care Association (CHCA)

(Other State Healthcare Association)

#### https://www.cohca.org/

County: Denver 225 E. 16th Avenue, Suite 1100 Denver, CO 80203 303-861-8228 303-839-8068-fax Doug Farmer, President & CEO

Rural Health Information Hub (RHI) (State Centers for Rural Health) https://www.ruralhealthinfo.org/states/colorado





The Southwest TRC is a subsidiary of ARIZONA TELEMEDICINE PROGRAM

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#### **Four Corners Region**

The Four Corners is a region of the Southwestern United States consisting of the southwestern corner of Colorado, southeastern corner of Utah, northeastern corner of Arizona, and northwestern corner of New Mexico. Most of the Four Corners region belongs to semi-autonomous Native American nations, the largest of which is the Navajo Nation, followed by Hopi, Ute, and Zuni tribal reserves and nations. The Four Corners region is part of a larger region known as the Colorado Plateau and is mostly rural, rugged, and arid. In addition to the monument, commonly visited areas within Four Corners include Monument Valley, Mesa Verde National Park, Chaco Canyon, Canyons of the Ancients National Monument and Canyon de Chelly National Monument.



Indian Health Service

Albuquerque Area https://www.ihs.gov/albuquerque/

Navajo Nation https://www.ihs.gov/navajo/

Phoenix Area https://www.ihs.gov/phoenix/

Tucson Area https://www.ihs.gov/tucson/

Indian Health Service Telehealth https://www.ihs.gov/telehealth/

HHS Introduction to Telehealth for American Indian and Alaska Native communities

#### 100

📕 ASU Indigenous Health Summit Report, 2021

Four Corners Telehealth Consortium https://fourcornerstelehealth.org/

Four Corners Health Department https://www.fourcorners.ne.gov/

### **Online Education: Video Library**



Click here to take our quick survey and get a user name and password (on the last page of your survey) to access the videos below. Then click on the title to start the video. If you already have your username and password, click here to login.

#### Telemedicine and Telehealth Overview

The history, progression and current uses of Telemedicine and Telehealth.

#### Clinical Applications Overview

Clinical services (real-time and store-forward) that have been amenable to telemedicine consultation and how these services can help underserved areas.

#### Telecardiology

Definition of telecardiology services, requirements to provide this service, and current applications.

#### Teledermatology

Definition of teledermatology services, requirements to provide this service, and current applications.

#### Telenursing

How telenursing can help close the nursing shortage gap. Case studies are presented and outcome results are discussed.

#### Telepathology

Definition of telepathology services, requirements to provide this service, and current applications.

#### Telepsychiatry

Definition of telepsychiatry services, requirements to provide this service, and current applications.

Teleradiology Definition of teleradiology services, requirements to provide this service, and current applications.

Teletrauma Definition of teletrauma services, requirements to provide this service, and current applications.

#### Case Referral Process Go through the steps required to set up, carry out and complete a clinical telemedicine referral.

#### Training Tips

How to set up a telemedicine/telehealth conference training program. Organizing a conference over distance is different than on-site conference management. Includes tips for success.

#### Training Telepresenters

How to develop good distance communication skills and conduct a telemedicine/telehealth session (how to look and speak, what to wear, etc.).

#### Distance Education

The role of tele-education in continuing medical education for various healthcare professionals and the necessary components to set up such a program.

#### Evaluation

The importance of evaluation in telemedicine/telehealth and how it relates to acquiring and organizing data about the program that can be used to obtain funding for increased sustainability.

#### Business

Sources of funding for telemedicine/telehealth programs, the business model developed and used by the Arizona Telemedicine Program, and paths towards sustainability and business planning.

#### Facility Design

Go through the steps required to set up a telemedicine/telehealth facility, including placement of the equipment, lighting, wall color, etc.

#### Video and Data Communication

Basic introduction to networking and data communications. Description of the Internet, local area networks, Ethernet, wireless communications and communication modes (e.g., Internet, satellite, wireless), including the advantages and disadvantages of each as they relate to telemedicine/telehealth.

#### Telemedicine/Telehealth Network

Basics of how a telemedicine/telehealth network is set up and the roles of various pieces of equipment: CODECs, MCUs, computer applications (e.g., videoconferencing, Skype), video bridges, gatekeepers, and communication protocols (e.g., H.239).

#### Culture, Etiquette & Technology

The impact of technology on social interaction and the universal rules of good manners and technology.

#### Information Services

The best Internet-based information resources available to healthcare professionals and consumers, as identified by university-based librarians.

#### Challenges & Barriers

The challenges and barriers to implementing a successful telemedicine/telehealth program and lessons learned from successful programs.

#### Telemedicine and Telehealth Overview (PDF)

Béésh lichíi'ii biyi'doo azee' aah ál'í dóó béésh lichíi'ii biyi'doo ats'íís bee aa' áhayá bil haz'á Nél'í. Díí baa ya'áti'ígíí éí níléí nát'áá' baa náhane', dóó hoshdéé' dóó dííjí béésh lichíi'ii biyi'doo bee azee' aah ál'í dóó béésh lichíi'ii biyi'doo ats'íís bee aa' áhayá bil haz'á choo'ínígíí.

#### **Clinical Applications Overview**

Na'alkid Dóó Naaltsoos Bee Alch'i' Ya'áti'. Díí baa ya'áti'ígíí éí binahji' éé hózindoo diné bił na'anish biniiyé dóó naaltsoos bee ałch'i' ya'áti' bá. Béésh lichíi'ii bee na'anishígíí éí kódoo binahji' hane'ígíí t'áá ákóó béésh lichíi'ii bił oonish bił haz'ánígíí óolyé, béésh łichíi'ii ť áá bí nitsékeesígíí dóó béésh bee hane'í bita' ninit'i'ígíí, béésh lichíi'ii doo bida'diit'i'góó biyi'ji' dahane'ígíí, dóó naaná ła'. Binahji' al'áá át'éego dahane'ígíí éí kódaat'é (e.g., internet, satellite, wireless) dóó bee vá'á'daat'éhígíí áádóó doo béé vá'ádaat'éhígíí éí kwe'é il iishjání ádaalye' kojí béésh lichíi'ii biyi'doo bee azee' aah ál'í/béésh lichíi'ii bivi'doo ats'íís bee aa' áhayá bił haz'á bídadeet'i'ígíí.

#### Video and Data Communication

Na'alkid Dóó Naaltsoos Bee Alch'i' Ya'áti'. Díí baa ya'áti'ígíí éí binahji' éé hózindoo diné bił na'anish biniiyé dóó naaltsoos bee ałch'i' ya'áti' bá. Béésh lichíi'ii bee na'anishígíí éí kódoo binahji' hane'ígíí t'áá ákóó béésh lichíi'ii bił oonish bił haz'ánígíí óolyé, béésh lichíi'ii t'áá bí nitsékeesígíí dóó béésh bee hane'í bita' ninit'i'ígíí, béésh lichíi'ii doo bida'diit'i'góó biyi'ji' dahane'ígíí, dóó naaná ła'. Binahji' al'áá át'éego dahane'ígíí éí kódaat'é (e.g., internet, satellite, wireless) dóó bee yá'á'daat'éhígíí áádóó doo béé yá'ádaat'éhígíí éí kwe'é il iishjání ádaalye' kojí béésh lichíi'ii biyi'doo bee azee' aah ál'í/béésh lichíi'ii biyi'doo ats'íís bee aa' áhayá bił haz'á bidadeet'i'igii.

#### **Business**

Na'anish. Díí baa ya'áti'igií béeso bee áká'a'áyeedigií nél'i kojí béésh łichii'ii biyi'doo bee azee' aah ál'í/ béésh łichii'ii biyi'doo ats'íis bee aa' áhayá bił haz'á bida'iniishji bá, na'anish bik'ehgo áda'ał'inigií hadadiilyaa dóó ATP chodayooł'í, dóó náásgóó t'áá bí deiyiłyéédgo bee oonish dóó naanish bináhat'á bika'áhat'í.

## Arabic English French Mandarin Navajo Spanish



## Telehealth Awareness Week September 17-23, 2023



https://searchsociety.org/search2023/



## **Key Medicare Changes – Permanent**

- FQHCs & RHCs can serve as distant site provider for behavioral/mental telehealth services
- Medicare patients can receive telehealth services for behavioral/mental health care in their home
- No geographic restrictions for originating site for behavioral/mental telehealth services
- Behavioral/mental telehealth services can be delivered using audio-only communication platforms
- Rural Emergency Hospitals (REHs) eligible originating sites for telehealth



## Key Medicare Changes – Through 12-31-24

- FQHCs & RHCs can serve as distant site provider for non-behavioral/mental telehealth services
- Medicare patients can receive telehealth services in their home
- No geographic restrictions for originating site for non-behavioral/mental telehealth services
- Some non-behavioral/mental telehealth services can be delivered using audio-only communication platforms
- In-person visit within six months of initial behavioral/mental telehealth service, & annually thereafter, not required
- Telehealth services can be provided by all eligible Medicare providers

## • March: 2 proposed rules

- Only allow prescribing 30-day supply non-narcotic controlled substance or buprenorphine
- Beyond 30-days requires at least one: in-person visit with prescribing practitioner, prior in-person referral from another practitioner, audio-video visit with another provider present with patient
- 180-day grace period meet requirements relationships established via TH during PHE
- May: joint with SAMHSA temporary stay in response to ~39,000 comments
  - Full set TM flexibilities prescribing controlled medications in place during COVID-19 PHE will remain in place through Nov 11, 2023
  - For any practitioner-patient TM relationships that have been or will be established on or before Nov 11, 2023 full set TM flexibilities will continue via 1-year grace period through Nov 11, 2024



# **Policy & Billing Resources**

- CO Dept Health Care Policy & Financing COVID & PHE https://hcpf.colorado.gov/phe-end https://hcpf.colorado.gov/provider-telemedicine
- CO Dept Public Health & Environment TH for Providers <u>https://covid19.colorado.gov/telehealth-for-providers</u> <u>https://hcpf.colorado.gov/sites/hcpf/files/Bulletin\_0623\_B2300495.pdf</u>
- CCHP <a href="https://www.cchpca.org/colorado/">https://www.cchpca.org/colorado/</a>
- HHS <u>https://telehealth.hhs.gov/providers/telehealth-policy/policy-changes-after-the-covid-19-public-health-emergency</u>
- CMS <u>https://www.cms.gov/files/document/frequently-asked-questions-cms-</u> waivers-flexibilities-and-end-covid-19-public-health-emergency.pdf

# AMA CPT Appendix S: Al taxonomy for medical services & procedures

- Assistive: Machine detects clinically relevant data without analysis or generated conclusions – Requires physician or other QHP interpretation & report.
- Augmentative: Machine analyzes &/or quantifies data in clinically meaningful way - Requires physician or other QHP interpretation & report
- Autonomous: Machine automatically interprets data & independently generates clinically relevant meaningful conclusions without concurrent physician or other QHP involvement, including interrogating & analyzing data
  - may or may not include acquisition, preparation, &/or transmission of data
  - clinically relevant meaningful conclusion may be characterization of data (e.g., likelihood of pathophysiology) to establish diagnosis or implement therapeutic intervention
    - Level I. AI draws conclusions & offers diagnosis &/or management options that are contestable & require physician or other QHP action to implement.

Level II. AI draws conclusions & initiates diagnosis &/or management options with alert/opportunity for override, which may require physician or other QHP action to implement.

 Level III. AI draws conclusions & initiates management which require physician or other QHP action to contest

Service Components	Al Category: Assistive	Al Category: Augmentative	Al Category: Autonomous
Primary objective	Detects clinically relevant data	Analyzes and/or quantifies data in a clinically meaningful way	Interprets data and independently generates clinically <del>relevant meaningful</del> conclusions
Provides independent diagnosis and/or management decision	No	No	Yes
Analyzes data	No	Yes	Yes
Requires physician or other QHP interpretation and report	Yes	Yes	No
Examples in CPT code set	Computer-aided detection (CAD) imaging (77048, 77049, 77065-77067, 0042T, 0174T, 0175T)	Continuous glucose monitoring (CGM) (95251), external processing of imaging data sets	Retinal imaging (92229)

## **Clinical Use VR & AR**

- New Category III codes:
- 0770T: VR-mediated therapy: covers expenses for software used in VR-mediated therapy involving skill building for social communication, emotional regulation & daily functional skills in people with neurodevelopmental & mental health disorders such as autism spectrum disorder
- 0771T–0774T: VR procedural dissociation services: covers using computer-generated VR audiovisual immersive environment to modify patient's perception of pain to avoid higher levels of sedation so can respond to verbal commands & stimuli



# LLMs, CHATGPT & Beyond

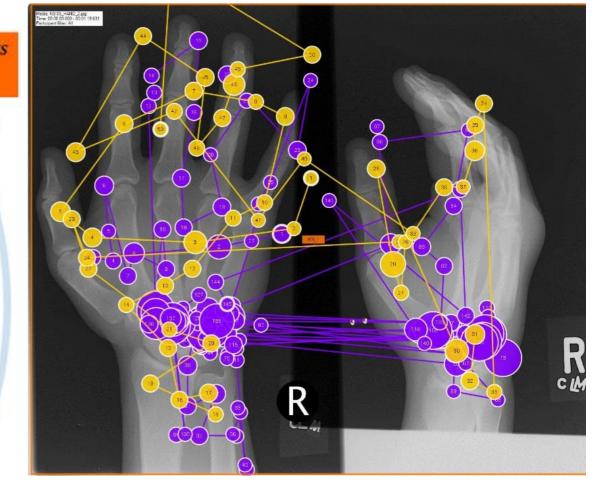
- Improve productivity
- Increased efficiency
- Automated code generation
- Improve code quality
- Enhance collaboration
- Increase innovation
- Data mining
- Tool (ESL)
- Hybrid teams
- New skills
- Novices
- Triage

- Generate malicious content
- Data privacy, copyright violation
- Misinformation
- Harmful advice
- Bias
- Generalizablity
- Explainability
- Auditability
- Novices
- Diffusion misinformation
- Deskilling
- Case complexity



King M. Harmful biases in Al. The Lancet Psychiatry 2022;9:E48 Midjourney prompt = schizophrenia

	HEALTH & RESILIENCE	RISK OF DIGITAL FATIGUE	MANIFESTATIONS OF BURNOUT
CLINICAL CARE	<ul> <li>Aligned with goals</li> <li>Therapeutic care</li> <li>Compassionate</li> </ul>	<ul> <li>Peripheral to goals</li> <li>Care is "good enough"</li> <li>Distracted or impatient</li> </ul>	<ul> <li>Not aligned to goals</li> <li>Care is rote</li> <li>Impatient or</li> </ul>
	<ul> <li>Rewarding</li> </ul>	<ul> <li>Not very enjoyable or requires extra effort</li> </ul>	inflexible o Unrewarding
TECHNO- LOGY/ SITE	<ul> <li>2 screens with accessories (vision)</li> <li>Reasonable EHR</li> <li>Staff workflow</li> </ul>	<ul> <li>I screen or software or Wi-Fi issues</li> <li>EHR limited or un- integrated</li> </ul>	<ul> <li>Ad hoc or "wing it"</li> <li>Add-ons to work without fit</li> <li>No support and</li> </ul>
	help • User design input • Work/home match	<ul> <li>Tech support line</li> <li>Some adjustments</li> <li>Training at the start</li> </ul>	many cancellations o Make it work o Setting/format vary
ROUTINE AND FITNESS	<ul> <li>Flexibility or control</li> <li>Breaks or exercise</li> <li>Purposeful</li> <li>Skill matches work</li> </ul>	<ul> <li>Interruptions or multi- tasking</li> <li>Few or short breaks</li> <li>Effortful, long days</li> </ul>	<ul> <li>Schedule changes and delays</li> <li>Frequent sick days</li> <li>Errors common</li> </ul>
	<ul> <li>Workload reasonable</li> </ul>	<ul> <li>Skills limited</li> <li>Workload demanding</li> </ul>	<ul> <li>Few skills</li> <li>Workload unsustainable</li> </ul>
SOCIAL AND PROFESS- IONAL	optimisue	<ul> <li>Fatigue &amp; physical strain parts of day</li> <li>Worries or skeptical</li> </ul>	<ul> <li>Fatigued all day</li> <li>Critical, cynical, or depressed</li> </ul>
	<ul> <li>Connected and part of workplace</li> <li>Effective and successful</li> </ul>	<ul> <li>Less involved than in past</li> <li>Effective part of time</li> <li>Work wears on home</li> </ul>	<ul> <li>Isolative/withdrawn</li> <li>Inadequate or ineffective</li> <li>Work/home out of</li> </ul>
	<ul> <li>Family and home</li> </ul>	<ul> <li>Work wears on home</li> </ul>	sort



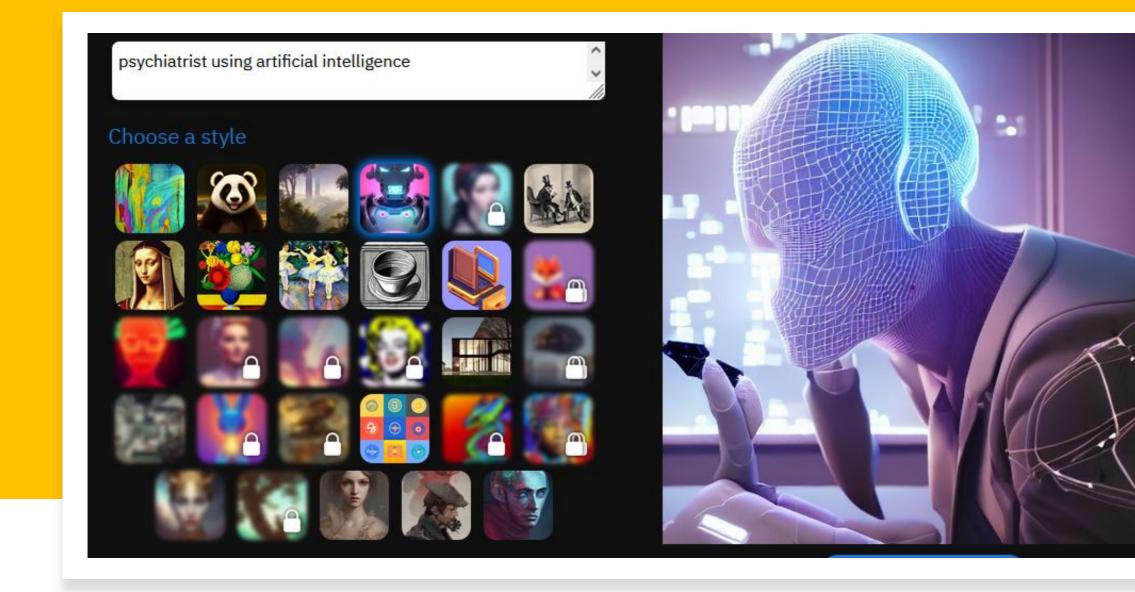
<u>J Med Internet Res.</u> 2022 May; 24(5): e34451. Published online 2022 May 25. doi: <u>10.2196/34451</u> PMCID: PMC9178447 PMID: <u>35612880</u>

## Findings and Guidelines on Provider Technology, Fatigue, and Well-being: Scoping Review

#### Monitoring Editor: Amaryllis Mavragani

Reviewed by Kane Hélène, Theophile Ndabu, Farnia Velayati, Haleh Ayatollahi, and Peter George Tian

Donald M Hilty, MBA, MD,<sup>©1,2</sup> Christina M Armstrong, PhD,<sup>3</sup> Shelby A Smout, MS,<sup>4</sup> Allison Crawford, MD, PhD,<sup>5</sup> Marlene M Maheu, PhD,<sup>6</sup> Kenneth P Drude, PhD,<sup>7</sup> Steven Chan, MBA, MD,<sup>8</sup> Peter M Yellowlees, MBBS, MD,<sup>1</sup> and Elizabeth A Krupinski, PhD<sup>9</sup>



# THANK YOU!!

ekrupin@emory.edu

@EAKrup @SWTRC1 @UAZATP

