

Clinician's Guide: VA Virtual Care Tools

Helping Clinicians Choose Virtual Tools for Veterans



For Veterans To Manage Their Care

For Veterans To Achieve Their Health Goals

For Veterans To Improve Their Mental Health

	Airborne Hazards and Open Burn Pit Registry	Annie App for Veterans	MobileKidney	Pain Coach	REVA MP for Veterans	VA FitHeart	VA Pressure Ulcer Resource	CBT-I Coach	Concussion Coach	Mindfulness Coach	MOVE! Coach	Moving Forward	Parenting2Go	Stay Quit Coach	COVID Coach	VetChange	ACT Coach	AIMS for Anger Management	CPT Coach	Mood Coach	PE Coach 2	PTSD Coach	PTSD Family Coach	STAIR Coach	Insomnia Coach
	■	■	■	■	■	■	● ▲	● ▲	● ▲	● ▲	● ▲	●	● ▲	● ▲	● ▲	●	● ▲	● ▲	● ▲	●	● ▲	● ▲	● ▲	●	● ▲
Alcohol, drug, and tobacco use																									
Anger and irritability																									
Anxiety, stress, and PTSD																									
Depression																									
Disaster and exposure																									
Diabetes and kidney health																									
Dyslipidemia (cholesterol)																									
Family and caregivers																									
Hypertension (high blood pressure)																									
Mindfulness and Resilience																									
Pain and headaches																									
Personal development and goal setting																									
Pressure ulcers																									
Sleep and Insomnia																									
Traumatic brain injury																									
Weight loss, nutrition and exercise																									
Intended for use in treatment																									



Connect today! For more information about these apps, visit mobile.va.gov/appstore.

Need help accessing these virtual health tools or setting them up?

Call the VA Mobile Help Desk: **VA Care Teams: 844-482-6624**

Veterans: 877-470-5947 | Monday to Saturday: 7 a.m. – 7 p.m. CT.



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U.S. Department of Veterans Affairs
Veterans Health Administration
Office of Connected Care

● iOS ▲ Android ■ Web
🔒 Requires login □ Options



Synchronous Telehealth

ATLAS
(Accessing Telehealth through Local Area Stations)

Remote Patient Monitoring - L2
(Low Intensity)

Remote Patient Monitoring - Home Telehealth (HT)
(Complex Care)

	myhealth.va.gov	mobile.va.gov							vwww.telehelath.va.gov					
Patient	Schedule appointment	■				■								
	Take health assessment	■												
	Refill prescription	■		●	▲	■								
	Send images	■						●	▲	■				
	View or download health records	■												
	Receive health texts	■	■											
	Communicate with VA staff	■				■								
Both							■							
Clinician	Provide case management/remote care								■	■	■	■	■	■
	Conduct anywhere-to-anywhere virtual visit									■			■	■
	Conduct clinic-to-clinic virtual visit									■				
	Conduct virtual visit to local area stations										■			
	View images sent by patient								■					
	Provide health coaching												■	■
	Assign/recommend self-management protocols		■											

To help Veterans access virtual tools requiring logon, VA staff can help Veterans register for a My HealthVet Premium account to get them started. When considering the possibility of a virtual visit, VA staff should ask whether a patient is "video-capable," i.e. has a computer, smartphone, or tablet with a camera, and access to the internet. If the patient is not video-capable, contact your local VA facility telehealth coordinator to determine the Veteran's eligibility for the equipment loan and/or Lifeline programs.

Need help accessing these virtual health tools or setting them up?

- 🔒 Requires Login
 - **Veterans:** My HealthVet Premium, DS Logon Level 2 (Premium), or ID.me
 - **VA staff:** PIV, PIV exemption, or VistA login credentials

My HealthVet Help Desk:
877-327-0022 | 800-877-8339 (TTY) | Monday to Friday: 7 a.m. – 7 p.m. CT.

National Telehealth Technology Help Desk:
866-651-3180 | 24/7

